

**The University of Tokyo Study Abroad/Student Exchange Program Report Form  
(for programs from one semester to a year)**

Date: 01/30/2018

Faculty/Graduate School at UTokyo:	College of Arts and Sciences	Year at the time of Study Abroad	B4
Program Attended:	USTEP (Outbound)	Host University:	Princeton University
Occupation after graduation (intended):			
<input checked="" type="checkbox"/>	1. Research		
<input type="checkbox"/>	2. Specialist (Medical • Judiciary • Accountant)		
<input type="checkbox"/>	3. Civil Service		
<input type="checkbox"/>	4. NPO		
<input type="checkbox"/>	5. Private sector (Type of industry: )		
<input type="checkbox"/>	6. Entrepreneurship		
<input type="checkbox"/>	7. Others ( )		

**Outline of the receiving institution overseas**

Princeton University is a private Ivy League research university in Princeton, New Jersey, United States. From 2001 to 2017, Princeton University was ranked either first or second among national universities by U.S. News & World Report.

**Reason why you decided to participate**

As a student majoring in Japan and East Asian Studies, the reason why I decided to participate is the Department of East Asian Studies at Princeton University, where I got to explore the culture, history, societies, politics, and languages of East Asia. I cherished the opportunity to study with preeminent scholars and to do research in our world-renowned East Asian Library - home to the Gest rare books collection. And I was also able to choose from a wide range of courses on both the classical traditions and the current world of China, Japan, and Korea.

**Period of Study etc.**

(1) Academic status before the program:	Completed the	Winter	semester of the	4th	Year of	Undergraduate	study in year	2017
(2) Status during the program:	Study Abroad [留学]							
(3) Duration etc.:	From (Month) (Year)	September	2017	to (Month) (Year)	January			2018
	Departing in	4th	year of	Undergraduate	study in year			2017
(4) Registering for classes on return:	Re-registered for classes from	Summer	semester of the	4th	Year of	Undergraduate	study in year	2018
(5) Period of job hunting:	Planning to start	in the month of	January	2018	of the	4th	Year of	
		Undergraduate	study in year	2018				
(6) Number of credits earned at UTokyo:	Number of credits earned before program:					47	credits	
	Number of credits earned during the program which will be processed for transfer:					6	credits	
	Number of (expected) credits after program:					17	credits	

(7) Enrolled/ Expected timing of graduation:	Enrolled: (Month) (Year)	October	2014	Graduated/comp leted: (Month) (Year)	September	
(8) Time taken from enrollment to graduating/completion:		3 years		11 months		
(9) Reason for choosing period to study abroad:						
To concentrate on my current research on Japan and East Asia as well as receiving more supervision and resources for my senior thesis. To confirm my passion for academic research as a future career, and to experience a different study environment.						
<b>Preparation for the program</b>						
(1) Application process (please give any advice on dealing with the application process)						
Mainly internal application and interview, followed by several online registration process after admitted. Recommendation letters are required. As for personal statement, it is important to find out if the institution would be the right destination for study and social life, especially whether there are suitable courses and faculty members available during exchange.						
(2) Visa application (type of visa, where to apply, processing time, any advice on visa application)						
U.S. F-1 visa. Should start applying through the U.S. Embassy right after receiving the I-20 Form from the institution as it might take over a month to process.						
(3) Medical check-ups (health check-ups before departure, inoculations, etc.)						
Follow the instructions given by the receiving institution.						
(4) Insurance (information about insurance for travel/studying abroad purchased)						
Both the University of Tokyo and Princeton University required separate insurance.						
(5) Procedures required by your Faculty/Graduate School (any information about course registration, credits, exams, submission of dissertations etc)						
Discussion with supervisor and program director is needed before applying. A well-designed plan to finish credits before and after exchange is also critical.						
(6) Language preparation (language level before the program, lessons etc.)						
N/A						
(7) Items which should be taken with you from Japan and any other advice on things which should be done before leaving Japan.						
Most necessities can be purchased locally.						

<b>Information on the academic/research program</b>					
(1) Copy of list of subjects taken (if classes were taken) ※ Please mark with ● all subjects which you are processing to transfer credits to the University of Tokyo					
subject	number of credits	credit transfer	subject	number of credits	credit transfer
Japanese Film & Media Studies	N/A	●			
Early Modern Japanese History	N/A	●			
Japanese 401	N/A	●			
(2) Outline of the program (Style of the lessons/preparation study/review study, thing which left an impression on you, etc.)					
As I took mainly advanced courses in the Humanities, with one at graduate level, the style of lessons were mostly seminar which involved intensive reading and discussion. For undergraduate level, weekly reading of around 100 pages is expected, and 300 pages for graduate-level classes. Seminars meeting once a week last 3 hours each time. And with no more than 20 students each class, participation is highly evaluated.					
(3) Number of subjects/credits per semester, number of hours of study/research time in a week (including class hours and study out-of-class hours)					
Generally 3-5 subjects per semester are reasonable, depending on the courses. Class hours for 3 courses per week would be around 10 hours, while study out-of-class for readings and homework can exceed 20 hours per week.					
(4) Advice on aspects of academic/research work					
The library collections for the Humanities and the lab resources for the Sciences at Princeton are invaluable for academic/research work.					
(5) Problems experienced with language issues, advice concerning language, etc.					
No particular language problems for me as English is my primary language. But for students not familiar with all-English environment, classes can be intensive. Also note that there are not as many international students, especially Asian students at Princeton as at other Ivy League schools, it might at times be challenging in terms of social and life aspects.					
<b>Aspects of life</b>					
(1) Accommodation (Type (home-stay, room-sharing etc.), cost, atmosphere/appearance of accommodation, how you found it, etc.)					
Single-room dormitory on campus. Upperclass dormitory (only for junior and senior students) and residential colleges are two different types of on-campus accommodation at Princeton. For accommodation it costs around \$4,500/semester for either type of housing. But note that if enrolled in residential colleges, it is mandatory to purchase a meal plan to dine in the dining hall, at an extra cost at around \$1,800 / semester for the cheapest plan. It is thus recommended to stay in the upperclass dormitory if given the option. All information is available at the official site.					
(2) Living environment (such as climate, environment around the institution, transport facilities, food, managing your money (overseas money transfer, credit cards))					
Princeton is a rather small town in New Jersey, around 2-hour travel to New York City by trains and buses. There are only several options to dine around campus and can be relatively expensive, mostly American, Mexican, Mediterranean food, with two tiny Japanese fast food restaurants. There are two or three shopping malls at a 20-minute distance off campus, but most items needed can be purchased online. The climate at Princeton is particularly dry and the temperature drops below 10 degrees as early as in late October. Credit cards are convenient, and wire transfer is needed to pay for the tuition, housing and dining costs, and insurance fee.					

(3) Aspects of risk and safety management (safety of local region, condition of medical facilities, any action taken in maintaining your mental and physical health, etc.)
The Princeton town as well as Princeton campus is relatively safe. Campus safety is present 24/7 for emergencies. Did not get ill but it seems medical check fees are covered by the student insurance.
(4) Details of expenses (breakdown of costs, such as airfare, program fees, cost of required books, rent, food, travel cost, money spent on entertainment)
•Monthly living cost and its breakdown
Monthly living cost: \$1,500-> Food: \$1,000, necessary items: \$200, miscellaneous:\$200
•Total cost spent on studying abroad and its breakdown
airfare: \$2,000; housing: \$4,500; insurance: \$1,000; travel& entertainment: \$500; food: \$4,000; books: \$500
(5) Financial aid (if you were receiving financial aid/scholarships, please give the name of the source of the aid, amount, and how you found it, etc.)
Fung Scholarships JPY80,000/month. University internal selection.
(6) Activities other than academic/research work (sports, cultural, volunteer/internship, weekend activities, etc.)
International center parties, thanksgiving activities, weekend trips to NYC or Philadelphia for musicals, operas, and museums, movie nights, etc.
<b>Environment of the receiving institution</b>
(1) Support facilities for students taking part in the program (such as language, academic, living support mechanism and counseling services)
International Center, academic tutoring system, assigned academic supervisors, and campus safety support all provided substantial support for all aspects during exchange
(2) Facilities (libraries, sports facilities, cafeteria, IT equipment and facilities, etc.)
Several libraries with different resources, Borrow Direct system available for book loan from other institutions; IT equipment includes internet connection, university email accounts and student account for payment; on-campus dining includes several dining halls for buffet-style meals and retail cafes.
<b>Studying abroad and job hunting</b>
(1) (those that have job hunted) Impact that the your study abroad had on job hunting, merit and demerit
Currently in process of graduate school application. Studying abroad has expanded my horizon in the field of academic research in a different institution and offered me the oppurtunity to work with professors and researchers prominent in the field.

(2) (those who will be starting job hunting) How the study abroad has impacted your thoughts towards employment	
(3) Actions towards job hunting while studying abroad (if any)	
(4) If you have succeeded in finding a job, please inform us, if agreeable, as much as possible about your job	
	1. Research
	2. Specialist (Medical • Judiciary • Accountant) (position:            )
	3. Civil Service (name of institution:            )
	4. NPO (name of organization and field:            )
	5. Private sector (name of company and industry:            )
	6. Entrepreneurship (field:            )
	7. Others (            )
<b>Looking back over the program</b>	
(1) The significance of the program and how you have developed by taking part in it, any other impression from having studied abroad	
<p>Differing from short-term exchange programs I took before, this one-semester program allowed me to genuinely become part of the Princeton community, which is significantly distinct from the University of Tokyo. Staying alone in a completely new place was challenging, but it is also a lifetime chance to make more friends and learn new places.</p>	
(2) Your plans having studied abroad	
<p>Finish my credits and senior thesis before graduation.</p>	
(3) Any messages or advice for future participants	
<p>Make the best use of all time and resources provided by both Princeton and UTokyo to make as many friends, try as many exciting courses, and go as many places as possible.</p>	
<b>Miscellaneous</b>	
(1) Websites or publications which were useful while preparing for or during your time overseas	
<p>Princeton University official website.</p>	
(2) Please submit any photographs which may be used on the University of Tokyo websites or publications.	