

The University of Tokyo Study Abroad/Student Exchange Program Report Form
(for programs from one semester to a year)

Date: 7/5/2018

Faculty/Graduate School at UTokyo:	Faculty of Engineering	Year at the time of Study Abroad	B4
Program Attended:	USTEP (Outbound)	Host University:	National Taiwan University
Occupation after graduation (intended):			
	1. Research		
	2. Specialist (Medical • Judiciary • Accountant)		
	3. Civil Service		
	4. NPO		
	✓ 5. Private sector (Type of industry: Architecture)		
	6. Entrepreneurship		
	7. Others ()		

Outline of the receiving institution overseas								
National Taiwan University is the most excellent university in Taiwan, famous for its history and culture lessons. They also have many open classes on the net.								
Reason why you decided to participate								
While learning architecture at the University of Tokyo, I had the desire to learn more about the history and culture of the area. History and culture are particularly famous at National Taiwan University. Since Chinese is my mother tongue, I decided to study abroad at Taiwan University with the idea that I can absorb the contents of the lesson well in a short time.								
Period of Study etc.								
(1) Academic status before the program:	Completed the	Summer	semester of the	4th	Year of	Undergraduate	study in year	2017
(2) Status during the program:	Study Abroad [留学]							
(3) Duration etc.:	From (Month) (Year)		September	2017	to (Month) (Year)		June	2018
	Departing in		4th	year of	Undergraduate	study in year		2017
(4) Registering for classes on return:	Re-registered for classes from	Winter	semester of the	4th	Year of	Undergraduate	study in year	2018
(5) Period of job hunting:	Planning to start		in the month of	July	2018	of the	4th	Year of
	Undergraduate		study in year		2018			
(6) Number of credits earned at UTokyo:	Number of credits earned before program:					73.5 credits		
	Number of credits earned during the program which will be processed for transfer:					0 credits		
	Number of (expected) credits after program:					73.5 credits		
(7) Enrolled/ Expected timing of graduation:	Enrolled: (Month) (Year)		April	2014	Graduated/completed: (Month) (Year)		March	2019
(8) Time taken from enrollment to graduating/completion:			5 years		0 months			
(9) Reason for choosing period to study abroad:								
I decided to go abroad from the 4th winter semester because I was hesitating if I should proceed to graduate school or go to get a job after my graduation. At the same time, I want to study a wide range of basic things among undergraduate time.								

Preparation for the program					
(1) Application process (please give any advice on dealing with the application process)					
First, consult with the department professor for several times, which is also necessary for procedural purposes. It is important to get advice about employment or graduate school examination in advance.					
(2) Visa application (type of visa, where to apply, processing time, any advice on visa application)					
It was a while until receiving the invitation mail from National University of Taiwan , but after that, the process of studying visa did not cost much time.					
(3) Medical check-ups (health check-ups before departure, inoculations, etc.)					
I recommend taking the in-school medical examination in advance and issuing certificate documents within three months before departure.					
(4) Insurance (information about insurance for travel/studying abroad purchased)					
I purchased Tokio Marine & Nichido Insurance.					
(5) Procedures required by your Faculty/Graduate School (any information about course registration, credits, exams, submission of dissertations etc)					
I decided to find my research topic at Taiwan, so I wrote emails to my professor regularly to report about my process.					
(6) Language preparation (language level before the program, lessons etc.)					
Nothing in particular.					
(7) Items which should be taken with you from Japan and any other advice on things which should be done before leaving Japan.					
Bring all the summer clothing. Winter does not last more than half a month.					
Information on the academic/research program					
(1) Copy of list of subjects taken (if classes were taken)					
※ Please mark with ● all subjects which you are processing to transfer credits to the University of Tokyo					
subject	number of credits	credit transfer	subject	number of credits	credit transfer
花卉學實習Practice of Floriculture	1				
東亞藝術史概論 Introduction to the Arts of China, Japan, Korea	3				
羽球中級(選修體育) Badminton-Intermediate (elective course of PE)	1				
中國繪畫史 Introduction to the History of Chinese Painting	3				
環境生態學及實習 Environmental Ecology and Lab.	3				
(2) Outline of the program (Style of the lessons/preparation study/review study, thing which left an impression on you, etc.)					
There were many group works in class. It is fun to do group discussions with Taiwanese students. We will have a facebook group to discuss, to decide time to gather, to finish the report together. Sometimes some courses are so popular that the students are limited, but you can still take a seat to listen.					
(3) Number of subjects/credits per semester, number of hours of study/research time in a week (including class hours and study out-of-class hours)					
Preparation and review are required in class. On Ceiba, the internet education system, class materials are on it for weekly preparation and review. Group discussion takes about 2 ~ 3 hours a week.					
(4) Advice on aspects of academic/research work					

<p>Net tools such as Ceiba, Messenger and Kahoot! are widely used. There are many collaborative work in the class that you can get inspiration from the opinions of others. It is a totally different study experience in NTU.</p>
<p>(5) Problems experienced with language issues, advice concerning language, etc.</p>
<p>Nothing in particular.</p>
<p>Aspects of life</p>
<p>(1) Accommodation (Type (home-stay, room-sharing etc.), cost, atmosphere/appearance of accommodation, how you found it, etc.)</p>
<p>I stayed at Guoqing Dormitory. It is an on-campus dormitory and does not cost much. People here usually live in a double room, the bed is above the storage chest. Though the room is a little narrow, the place is very convenient. There is a toilet, a shower room and a laundry room on the floor. Also lounge rooms are equipped in every floor with bookshelve, table, television and sofa.</p>
<p>(2) Living environment (such as climate, environment around the institution, transport facilities, food, managing your money (overseas money transfer, credit cards))</p>
<p>There are many places to eat inside and outside the campus. There are many book stores, a big gym nearby. It is also great to spent some time walk along the river nearby.</p>
<p>(3) Aspects of risk and safety management (safety of local region, condition of medical facilities, any action taken in maintaining your mental and physical health, etc.)</p>
<p>The security is very nice. Medical expenses are not subscribed to national health insurance so it costs high.</p>
<p>(4) Details of expenses (breakdown of costs, such as airfare, program fees, cost of required books, rent, food, travel cost, money spent on entertainment)</p>
<p>•Monthly living cost and its breakdown</p>
<p> </p>
<p>•Total cost spent on studying abroad and its breakdown</p>
<p>60,000 JPY/month * 10 month = 600,000 JPY</p>
<p>(5) Financial aid (if you were receiving financial aid/scholarships, please give the name of the source of the aid, amount, and how you found it, etc.)</p>
<p>Receiving 60,000 yen a month from Fung Scholarship.</p>
<p>(6) Activities other than academic/research work (sports, cultural, volunteer/internship, weekend activities, etc.)</p>

<p>I participated in the composing club and they teaches about composing every Thursday from seven to nine. Seniors taught above and we learned together below. I spent a lot of time wrting my own songs and practiced with club members. In addition to the performance show, there were also interaction activities with other universities and organizations.</p>	
<p>Environment of the receiving institution</p>	
<p>(1) Support facilities for students taking part in the program (such as language, academic, living support mechanism and counseling services)</p>	
<p>Welcome party are held for all the exchange students. Besides, events like moutain climbing, board games, international lunch are held regularly in dormintory or department. English classes are supposed to increase in future.</p>	
<p>(2) Facilities (libraries, sports facilities, cafeteria, IT equipment and facilities, etc.)</p>	
<p>The study room in library is open 24 hours. The coach in gym was nice and taught about swimming in school pool in gym. There are many variations in school cafeteria. Equipment is very convenient.</p>	
<p>Studying abroad and job hunting</p>	
<p>(1) (those that have job hunted) Impact that the your study abroad had on job hunting, merit and demerit</p>	
<p>Disadvantage is that you can not participate in job hunting activities from March. Even if ES goes through, unless you do a Skype interview, you can not go well.</p>	
<p>(2) (those who will be starting job hunting) How the study abroad has impacted your thoughts towards employment</p>	
<p>The biggest disadvantage is having no time to take part in anuual job hunting in Japan. Large enterprises are difficult because they may not be able to get an online job interview, but if the place you want to go to is a small place, I reccommend getting in touch earlier and taking the interview during the summer vacation after return.</p>	
<p>(3) Actions towards job hunting while studying abroad (if any)</p>	
<p>(4) If you have succeeded in finding a job, please inform us, if agreeable, as much as possible about your job</p>	
	1. Research
	2. Specialist (Medical • Judiciary • Accountant) (position:)
	3. Civil Service (name of institution:)
	4. NPO (name of organization and field:)
	5. Private sector (name of company and industry:)
	6. Entrepreneurship (field:)
	7. Others ()
<p>Looking back over the program</p>	
<p>(1) The significance of the program and how you have developed by taking part in it, any other impression from having studied abroad</p>	
<p>By giving myself a year in a foreign country,through various fun experiences and study freedom. I felt that I became more able to have a better rhythmic life in future.</p>	
<p>(2) Your plans having studied abroad</p>	
<p>I would like to continue studying the knowledge I learned at NTU as a part of my hobbies. And I would like to continue to keep the life rhythm I learned in the past year and apply it to my profession.</p>	
<p>(3) Any messages or advice for future participants</p>	
<p>It will be a wonderful year of value and freedom, and you will have time to let you think about youself deeply. Experience as much as you can, even sometimes you may feel difficult or embarrassing.</p>	
<p>Miscellaneous</p>	
<p>(1) Websites or publications which were useful while preparing for or during your time overseas</p>	
<p>http://ocw.aca.ntu.edu.tw/ntu-ocw/</p>	
<p>(2) Please submit any photographs which may be used on the University of Tokyo websites or publications.</p>	

東京大学 海外留学・国際交流プログラム報告書(3ヶ月以上1年未満)

2018年 7月 11日

東京大学での所属学部・研究科等:	文学部	学年(プログラム開始時):	学部3
参加プログラム:	全学交換留学	派遣先大学:	国立台湾大学
卒業・修了後の就職(希望)先:			
	1. 研究職		2. 専門職(医師・法曹・会計士等)
	3. 公務員		4. 非営利団体
	✓ 5. 民間企業(業界:未確定)		6. 起業
	7. その他()		

派遣先大学の概要

台湾のいわゆる最高学府。文理ともに台湾国内で最高レベルの大学であり、首都・台北市の比較的中心地に位置している。

留学した動機

自身が以前から強く台湾に興味を持っていたため、大学在学中に必ず東京大学と全学協定があり、なおかつ台湾で非常に有名な国立台湾大学へ交換留学へ行き生活を送りたいと前々から思っていたから。

留学の時期など

①留学前の本学での修学状況:	2017年	学部3	年生の	S2	学期まで履修
②留学中の学籍:	留学				
③留学期間等:	2017年	9月~	2018年	6月	
	学部3	年時に出発			
④留学後の授業履修:	2018年	学部4	年生の	A1	学期から履修開始
⑤就職活動の時期:	2019年	学部4	年生の	3月頃に	行う予定
⑥本学での単位数:	留学前の取得単位			42	単位
	留学先で取得し、本学で単位認定申請を行う単位			2	単位
	留学後の取得(予定)単位			32	単位
⑦入学・卒業/修了(予定)時期:	2015年	4月入学	2020年	3	月卒業/修了
⑧本学入学から卒業/修了までの期間:	5年		0ヶ月間		

⑨留学時期を決めた理由:

二年次の9月から一年間の留学が私にとっては最善であったものの、東大の進学システム上それでは大変不利益が生じるため、学部規定で卒業を一年延長せざるを得ないこともあり就職に比較的影響の少ない三年次を選んだ。また一年間の留学を希望していたため、9月からの一年となった。

留学の準備

①留学先大学への入学手続き(手続きにあたってのアドバイスなど)

全学交換留学の募集にしたがって、手続きにあたった。ただ交換留学の手続きの際、最も時間的に計画を立てなければならないのはなんといっても語学力の証明書である。試験の日程や、試験後の成績書が出るまでの期間など確認を十分することが大事だと思う。

②ビザの手続き(ビザの種類、申請先、手続きに要した時間、ビザ申請にあたってのアドバイスなど)

交換留学が決定し、入学許可書などの書類がそろった後、事実上の駐日台湾大使館である駐日代表処で手続きを行う。手続きも他国に比べ簡潔で、ビザも数日で発行されるため、いつもギリギリな生き方をしていなければよほど問題ないと推察される。

③医療関係の準備(出発前の健康診断、常備薬、予防接種等)

国立台湾大学提出用とビザ申請用の二つの健康診断書が必要であったが、有効期限などを調整したうえで本郷の保健センターで一度に済ませることができた。外の一般病院で健康診断した同級生もいるがそこでは何万円もする。保健センターでは診断書一枚1000円で済むので、是非保健センターをおすすめしたい。ただ、毎年春の学内健康診断を受ける必要があることをお忘れなく。昨冬日本で麻疹が流行したが、健康診断時に抗体があることがわかっていたので、安心感があつた。

④保険関係の準備(加入した海外旅行傷害保険・留学保険等)

東京大学から交換留学へ行くもの全員に対してある留学保険に入ることが求められるので、それに加入した。一年あたり9万円程度するので一見高く見えるが、風邪を引いたりケガをしたりとひとたび病院にかかることになるならば、決して高いものではないのかもしれない。私は台湾国内線が濃霧で欠航した際に、それにかかる諸費用を請求したのみであるが、大変助かった。

⑤留学にあたって東京大学の所属学部・研究科(教育部)で行った手続きなど(履修・単位・試験・論文提出等に関して)

学科長や担当教授のサインをいただいたうえで、学部事務室へ留学届を提出した。

⑥語学関係の準備(出発前の語学レベル・語学学習等)

大学へ提出しなければならない語学力証明については、初めから国立台湾大学へしか留学に行くつもりがなかったため、国立台湾大学へ交換留学へ行くのに必要な級の語学検定を受けたただけだった。実生活面では、家で台湾の番組や新聞を観たりしていたが、2年以降に大学の中国語授業や塾に通ったということはない。

⑦日本から持参した方がよいもの、その他出発前にやっておくべきこと・アドバイスなど

台湾の食べ物は実においしい。ただよく、「台湾へ行った日本人のうち、女性は太って、男性は痩せて帰ってくる。」と言われるらしく、自分は痩せも太りもせず帰ってきたが、男性の中には食事が合わない人もいるらしい。それを恐れる方は、台湾でも日本の食材は売っているが、あらかじめ好きな食べ物を持って行った方がいいのかもしれない。

学習・研究について

①履修した授業科目のリスト(授業を履修した場合)
※そのうち、帰国後東京大学で単位認定の申請を行ったもの(又は行う予定のもの)に●をつけてください。

授業科目名	単位数	単位認定の申請	授業科目名	単位数	単位認定の申請
国際生初級臺語	2	●			
日文翻譯二下	4				
日本戲劇導讀下	2				
日語會話二下	3				

②留学中の学習・研究の概要(授業・予習・復習のスタイル、印象に残っている授業等)

国立台湾大学の授業はたいてい、出席率、期末中間テスト・レポート、課題など東京大学よりも厳格に求められるところが多く、週に応じて自由に予定を調整したかった自分は、学部規定で卒業を延長する運命にあり単位数にそれほどこだわりがなかったこともあり、授業登録せずに聴講する方針を取った。ただ、国立台湾大学から求められる最低履修数もあるため、それに対しては厚意にいただいた日本語学科の先生の授業を登録し、参加した。

③1学期あたりの履修科目・単位数、週あたりの学習・研究時間(授業時間・授業以外の学習時間)など

履修自体は一学期当たり4~7単位にとどめた。ただ、私の場合は歴史学科の授業を中心に台湾の近現代史に関する授業を聴講していた。学習時間というのは何をもち「学習」とするのか大変哲学的な問題であるが、私にとってはこの一年間すべてが学習であった。

④学習・研究面でのアドバイス
<p>どのようなスタンスの交換留学生生活を求めるかは人それぞれだと思うので一概に言えないが、多くの授業を履修しすぎたあまり時間が制約されてしまうケースも散見された。留學生用の英語や中国語による授業を履修する方が多かったように思うが、それでは現地学生と知り合う機会も減るし、最初は何もわからなくてもだんだんわかってくるものなので現地学生と同じ授業に足を運んでみるのもいいのではないだろうか。履修すれば負担は重いだろうが、聴講ならばそのようなこともないし台湾の学生はきっと優しく受け入れてくれることだろう。</p>
⑤語学面での苦勞・アドバイス等
<p>せっかく留学するのであれば、やはりある程度の語学力は備えてからくるべきだと思う。たいていの交換学生は朝一にある国際生華語という中国語授業に出ているが、繁体字ではないが同じ内容の授業を前期教養学部でも後期課程でも東京大学で学ぶことができる。話好きな台湾人は学生に限らず話しかければ文法や発音が多少悪くてもたいてい盛り上がるし、優しく聞いてくれることがほとんどであり、その積み重ねで言語能力が向上することも必然であろう。一年生のころの必修で習った内容の中国語文法は基礎を抑えればこれだけでも意味があるので、少しでも話せる方が有効な留學生生活につながるだろう。</p>
生活について
①宿泊先(種類(寮・ホームステイ・ルームシェア等)、家賃、宿舎の様子、見つけた方法など)
<p>交換留學生は基本的に、水源BOT宿舎という綺麗な寮に住むことになる。一人部屋と二人部屋があり、共用キッチン付きの一人部屋は8800台湾ドル、ないのは7400台湾ドル、二人部屋は確か4400台湾元だったと記憶している。ただ、私は前者だったが共用キッチンは美食天国の台湾ではほぼ不要であった。現地学生はたいてい校内各地にある4人部屋の学生寮に住んでおり3人のルームメイトとの生活は逆にどうにかなっているらしいが、二人部屋だと唯一のルームメイト次第で居心地も変わってくるらしいので熟考の上、選択願いたい。</p>
②生活環境(気候、大学周辺の様子、交通機関、食事、お金の管理方法(海外送金・クレジットカード)など)
<p>台北は盆地であり、夏は蒸し暑く冬は寒い。意外にも台北の冬は寒いのである。しかもたいていすべての部屋に暖房設備はないので、厚着して寒さをしのぐことになる。台北人自身冬は寒いという割には、南国先入観も捨てきれず暖房設備を頑なに否定する節がある。だが、少なくとも電気ストーブがあってもいいくらい寒い。金銭的には日本のデビットカードを利用していたが、触法しない限り日本旅行前の台湾人と交換すると率もいいかもしれない。食事は基本的になんでもおいしいが、パクチーを食べられないものは注意願いたい。</p>
③危機管理関係(留学先の治安、医療機関の事情、心身の健康管理で気をつけた点など)
<p>犯罪件数など統計資料によれば日本より多いらしいが、体感的に東京よりかなり治安がいいように思われる。夜間の治安も良好。台湾の医療事情も極めて良好、日本留学経験のある医師も多く日本語ができる病院も邦人駐在員が多い地区を中心に少なくない。南国の明るい陽射しの下、心身ともに極めて良好な一年であった。ただ一日のうちの寒暖差は少ないが、日ごとの気温差がある季節もあるので疲れているときなどは注意した方がいいかもしれない。湿度が高く、カビにも注意。</p>
④留学に要した費用について(航空賃、授業料、教科書代、家賃、食費、交通費、娯楽費などの概算)
・毎月の生活費とその内訳
<p>家賃が35000円程度。食費はほぼ外出であるが自身のコントロールでどうにでもなる。一日500円程度で生活しようと思えばできる。交通費がとても安く、学生運賃ではバスは45円程度、MRTの初乗りも50円程度である。本などの値段は日本に近く、さほど安くない。</p>
・留学に要した費用総額とその内訳
<p>交換留学なので国立台湾大学に対して特別に授業料を支払う必要はない。日本から台湾へのLCCも多く、航空賃もかなり安くいけるだろう。下記の奨学金を受給していたので、生活に困ることは全くなかった。</p>
⑤奨学金(受給していた場合は、支給機関・支給額・見つけた方法など)
<p>トビタテ！という奨学金を受給していた。台湾は月額12万円＋交通費として15万円。</p>

⑥ 学習・研究以外の活動(スポーツ・文化活動、ボランティア・インターン、週末や長期休暇の過ごし方など)	
今学期は台北郊外の街で月琴という台湾伝統楽器を練習していた。週末は台湾各地に旅行したり、長期休暇を利用して東南アジアや中国を周ることもあった。学科のソフトボールチームにもたびたび顔を出し、試合に参加することもあった。	
派遣先大学の環境について	
① 留学生へのサポート体制(語学面・学習面・生活面・精神面でのサポート等)	
渡航したばかりのころ、有志の現地学生による大学紹介ツアーのようなものがあり、たいいていの人に参加すると思われる。また希望制であるが大学からボランティア学生を紹介され、渡航当日にチェックインを手伝ってもらえる。大学内にも学習面・生活面で学生を支援する機構があるようである。	
② 大学の設備(図書館・スポーツ施設・食堂・PC環境等)	
総合図書館をはじめ、いくつか図書館があり内容も充実している。新体育館には綺麗なプールもあるし、御殿下のようなジムも存在する。学食も何か所かあるし、昼になればお弁当も販売しており学内でも食生活には困らない。学内のwifiもつながっており、ネット事情も問題なく便利。	
留学と就職活動について	
① (就職活動を既に行った場合) 留学が就職活動に与えた影響、メリット・デメリットなど	
卒業が一年遅れることにより、就職活動も一年遅れる。	
② (今後就職活動を行う場合) 留学が就職に対する考え方に与えた影響	
留学があったから就職への考え方が変わったという事実は今のところ認められない。	
③ 留学中の就職活動への対策など(もしあれば)	
特になし。	
④ 就職が決まっている場合は、差し支えない範囲で就職先をお知らせください	
	1. 研究職
	2. 専門職(法曹・医師・会計士等)(職名:)
	3. 公的機関(機関名:)
	4. 非営利団体(団体名又は分野:)
	5. 民間企業(企業名又は業界:)
	6. 起業(分野:)
	7. その他()
留学を振り返って	
① 留学の意義、留学を通じて成長したこと、その他留学を通じての所感	
実際に住むという経験を通して、自分の中でも自身の台湾への思いに説得力を持つことができた。また、語学を含めて自信を持てるようになった。	
② 留学後の予定	
2020年3月卒業予定。	

③ 今後留学を考えている学生へのメッセージ・アドバイス

1学期だけだとしても、実際に海外に住んで体験することは旅行と大きく違う、有意義な時間だと思う。

その他

① 準備段階や留学中に役に立ったウェブサイト・出版物

トビタテ！の公式サイト
東京大学国際交流課のサイト

② その他東京大学のホームページ・出版物等に掲載してよい留学中の写真があれば添付してください。

The University of Tokyo Study Abroad/Student Exchange Program Report Form
(for programs from one semester to a year)

Date: 9/13/2018

Faculty/Graduate School at UTokyo:	College of Arts and Sciences	Year at the time of Study Abroad	B3
Program Attended:	USTEP (Outbound)	Host University:	The National Taiwan University
Occupation after graduation (intended):			
	1. Research		
	2. Specialist (Medical • Judiciary • Accountant)		
	3. Civil Service		
	4. NPO		
	5. Private sector (Type of industry:)		
	6. Entrepreneurship		
	✓ 7. Others (undecided)		

Outline of the receiving institution overseas

I attended NTU, the most prestigious national insitution located in Taipei, Taiwan.

Reason why you decided to participate

I wanted to improve my Chinese language proficiency as well as experience the culture of Taiwan, the origin of my parents' ancestry. I utilized the USTEP program to enhance my studies at the University of Tokyo.

Period of Study etc.

(1) Academic status before the program:	Completed the	A2	semester of the	3rd	Year of	Undergraduate	study in year	2017
(2) Status during the program:	Study Abroad [留学]							
(3) Duration etc.:	From (Month) (Year)	February	2018	to (Month) (Year)	July			2018
	Departing in	3rd	year of	Undergraduate	study in year			2018
(4) Registering for classes on return:	Re-registered for classes from	A1	semester of the	4th	Year of	Undergraduate	study in year	2018
(5) Period of job hunting:			in the month of			of the		Year of
			study in year					
(6) Number of credits earned at UTokyo:	Number of credits earned before program:					34 credits		
	Number of credits earned during the program which will be processed for transfer:					10 credits		
	Number of (expected) credits after program:					44 credits		
(7) Enrolled/ Expected timing of graduation:	Enrolled: (Month) (Year)	September	2015	Graduated/completed: (Month) (Year)	March	2020		
(8) Time taken from enrollment to graduating/completion:			4 years		6 months			

(9) Reason for choosing period to study abroad:					
I was recommended by my 先輩 in PEAK who had previously participated in the USTEP program to go during S Semester of my third year. I did not want to go for 2 semesters because with issues in credit transfer I would risk a delayed graduation.					
Preparation for the program					
(1) Application process (please give any advice on dealing with the application process)					
Start early and ask questions about dates and necessary items if there is any confusion. Make sure all documents are available.					
(2) Visa application (type of visa, where to apply, processing time, any advice on visa application)					
I went to Taiwan on a visitor visa and went to the Taiwanese consulate in Meguro, Tokyo. Keep in mind the picture size for the visa application. There are many type of visas that international students can apply for when going to Taiwan, so make sure to choose the appropriate type based on the period of study and type of university.					
(3) Medical check-ups (health check-ups before departure, inoculations, etc.)					
Make sure to complete the checkup in Japan early on! It is quite expensive but find a doctor who can fill out the designated form in English.					
(4) Insurance (information about insurance for travel/studying abroad purchased)					
Enroll in the insurance suggested by UTokyo. I did not need to use it but my friend did so it is definitely useful and safer if you enroll in insurance although expensive.					
(5) Procedures required by your Faculty/Graduate School (any information about course registration, credits, exams, submission of dissertations etc)					
N/A					
(6) Language preparation (language level before the program, lessons etc.)					
I took several years of Chinese before going, but Japanese and English are useful enough even if you do not have sufficient Chinese language skills.					
(7) Items which should be taken with you from Japan and any other advice on things which should be done before leaving Japan.					
Most necessary items can be purchased in Taiwan. Similar items/the same companies also produce products in Taiwan so you will be able to find familiar Japanese products with no issue. Bring medicine that you usually take as such items might be difficult to find.					
Information on the academic/research program					
(1) Copy of list of subjects taken (if classes were taken)					
※ Please mark with ● all subjects which you are processing to transfer credits to the University of Tokyo					
subject	number of credits	credit transfer	subject	number of credits	credit transfer
Exploring Taiwan	2	●			
Asian North American Lit	3	●			
General Chinese	3	●			
Enhancing Chinese	1	●			
Market and Economic Development of Taiwan	2	●			

(2) Outline of the program (Style of the lessons/preparation study/review study, thing which left an impression on you, etc.)
I focused on two Chinese courses that fit my level decided upon an entrance test and had Chinese class every day. NTU also offered various classes in English that are not part of the curriculum in PEAK so I had the opportunity to attend classes that I was interested in but could not take in UTokyo.
(3) Number of subjects/credits per semester, number of hours of study/research time in a week (including class hours and study out-of-class hours)
The classes in Taiwan are anywhere from 2-3 hours a session, once a week. I had 12 hours of classes a week on average, plus anywhere from 2-3 hours of schoolwork outside of class hours.
(4) Advice on aspects of academic/research work
Focus on classes/activities that you can only do while you are there, as they will prove to be valuable and useful even after you are back in Japan. Make friends with local Taiwanese students, not just other international students. Taiwanese students are very friendly and eager to make friends with international students.
(5) Problems experienced with language issues, advice concerning language, etc.
None.
Aspects of life
(1) Accommodation (Type (home-stay, room-sharing etc.), cost, atmosphere/appearance of accommodation, how you found it, etc.)
I stayed in a large dormitory complex provided by NTU with both international and local students. Rent was about 40,000 JPY a month and I stayed in a fairly large single room with my own bathroom and shower. As Taiwan is extremely humid, mold easily forms so regular cleaning is necessary.
(2) Living environment (such as climate, environment around the institution, transport facilities, food, managing your money (overseas money transfer, credit cards))
Taiwan is extremely hot and humid, with both sunny and rainy days. It is dangerous to stay out too long in the sun so make sure to appropriately prepare for the weather, dress accordingly, and keep a high intake of fluids. The campus is very spacious and beautiful. Some of the bathrooms are not western style. Credit cards can be used with no problem. I enjoyed the food there.
(3) Aspects of risk and safety management (safety of local region, condition of medical facilities, any action taken in maintaining your mental and physical health, etc.)
There are many health facilities that can be utilized. Sometimes English does not work so it may be useful to go with someone who can translate to Chinese. The area was very safe and I did not have issues concerning safety. There are many bugs and insects that were unfamiliar so my body did not have immunity, thus I did have some problems concerning skin and health issues from insect bites. I bought local ointment to treat this issue.
(4) Details of expenses (breakdown of costs, such as airfare, program fees, cost of required books, rent, food, travel cost, money spent on entertainment)
•Monthly living cost and its breakdown
The cost of living in Taiwan is typically about 1/3 of that in Japan. I was required to buy several books for my Chinese classes. I used about 50,000 JPY monthly mostly on food and sometimes entertainment and travel.
•Total cost spent on studying abroad and its breakdown
In total I spent about 20,000 JPY on living expenses and another 20,000 for rent. This excludes airplane fees to and from Taiwan and Japan.

(5) Financial aid (if you were receiving financial aid/scholarships, please give the name of the source of the aid, amount, and how you found it, etc.)	
N/A	
(6) Activities other than academic/research work (sports, cultural, volunteer/internship, weekend activities, etc.)	
I traveled to various places in Taiwan and experienced traditional culture.	
Environment of the receiving institution	
(1) Support facilities for students taking part in the program (such as language, academic, living support mechanism and counseling services)	
The dorm has a 24 hour counselor available for any mental health concerns.	
(2) Facilities (libraries, sports facilities, cafeteria, IT equipment and facilities, etc.)	
There is a gym in the dorm. There are plenty of cafeteria options as well as drink shops, dessert stands, and restaurants. The library is extremely spacious with various resources.	
Studying abroad and job hunting	
(1) (those that have job hunted) Impact that the your study abroad had on job hunting, merit and demerit	
N/A	
(2) (those who will be starting job hunting) How the study abroad has impacted your thoughts towards employment	
I would like to take part in an employment system in which I can utilize my Chinese, English, and Japanese language skills.	
(3) Actions towards job hunting while studying abroad (if any)	
None.	
(4) If you have succeeded in finding a job, please inform us, if agreeable, as much as possible about your job	
<input type="checkbox"/>	1. Research
<input type="checkbox"/>	2. Specialist (Medical • Judiciary • Accountant) (position:)
<input type="checkbox"/>	3. Civil Service (name of institution:)
<input type="checkbox"/>	4. NPO (name of organization and field:)
<input type="checkbox"/>	5. Private sector (name of company and industry:)
<input type="checkbox"/>	6. Entrepreneurship (field:)
<input type="checkbox"/>	7. Others ()
Looking back over the program	
(1) The significance of the program and how you have developed by taking part in it, any other impression from having studied abroad	
It was extremely worth studying abroad, although the process was very tedious. I would recommend it to all students.	

(2) Your plans having studied abroad
I was able to achieve all goals of making friends, learning Chinese, and exploring my Taiwanese roots and academically enhancing my studies.
(3) Any messages or advice for future participants
Think of a clear study abroad plan and make many friends. It is important to make use your time wisely and prioritize activities. You may go through some hardships but it is definitely worth overcoming so do not give up!
Miscellaneous
(1) Websites or publications which were useful while preparing for or during your time overseas
None.
(2) Please submit any photographs which may be used on the University of Tokyo websites or publications.
None.