Please be sure to follow the instructions below for those who are to move into or return to the UTokyo accommodations from abroad.

1. Take record of your health condition for 14 days prior to your scheduled date of arrival in Japan using the "Self-Health Check Sheet”. If the date already falls short of this period, please start recording your health condition from your earliest available date. You will need to submit this sheet to the accommodation office at the time of your arrival.

2. Be sure to notify the following information in advance to the accommodation office and your affiliated faculty/department by email as soon as it is determined.
   a) the date / time of your arrival in Japan
   b) the location and contact information of your 14-day self-quarantine period
   c) the date / time of your arrival at the UTokyo accommodation
   You may find the contact information on the following page of the Housing Office’s HP.
   ■ Resident Guides of the UTokyo Accommodations

3. If you are to receive the PCR/antigen saliva-based test at the port of your arrival in Japan, be sure to confirm that you have tested negative before moving into the UTokyo accommodation. You will need to email both documents certifying the result of the test mentioned above and the PCR test you’ve received prior to your arrival in Japan to the accommodation office before you arrive at the dorm.

   THOSE NOT CONFIRMED TO HAVE BEEN TESTED NEGATIVE BY THE ACCOMMODATION OFFICE WILL NOT BE ACCEPTED TO MOVE INTO THE ACCOMMODATION.

   You will only need to text the result of the PCR test you have received prior to your arrival
in Japan to the accommodation office if you did not receive the PCR/antigen saliva-based test at the port of your arrival.

→If tested positive, be sure to immediately email and inform (a) your affiliated department/faculty at UTokyo, and (b) the UTokyo accommodation office you are allocated.

4. Due to the border control measures by the Ministry of Health, Labour and Welfare, be sure to make the necessary arrangements for ways of your transportation from the port of your arrival in Japan to the UTokyo accommodation you are allocated (*), since you are unable to use any public transportations including trains, buses, taxis, etc. till the end of your designated 14-day self-quarantine period commencing from the next day of your arrival in Japan. Once your arrival date is decided, contact your affiliated department/faculty at UTokyo and arrange a means of transportation prior to the date of your departure.

Information for a limousine taxi recommended by the Ministry of Health, Labour and Welfare
https://www.mhlw.go.jp/stf/seisakunitsuite/newpage_00020.html
(Information in Japanese only)

(*) According to the border control measures announced by the Ministry of Health, Labour and Welfare of Japan, all nationals arriving from all regions are called upon to self-quarantine for a period of 14 days commencing from the next day of arrival in Japan at a location designated by the quarantine station chief and to refrain from using all public transportations. In addition, since the Ministry of Health, Labour and Welfare has made it clear as of August 6 that the aforesaid quarantine period cannot be accepted at any places where lavatories, shower rooms, etc. are shared together, those allocated at the following UTokyo accommodations will not be able to spend their 14-day quarantine period at their own rooms. The handling of those who are to return or move into the UTokyo accommodations which are not allowed as a designated location for self-quarantine will be announced later on.

【UTokyo Accommodations which are NOT allowed as a designated location for self-quarantine】

・ Toshima International Hall of Residence, Building A
・ Toshima International Hall of Residence, Building B
・ International Lodge, Komaba B / C / D
・ Mejirodai International Village / Shared Room Types A, C, R
Underlined parts are the ones that have been modified. Please note that this move-in instruction is subject to change if deemed necessary on the basis on government action and policy of the university.

【UTokyo Accommodations which are allowed as a designated location for self-quarantine】
- International Lodge, Komaba Lodge Main
- International Lodge, Komaba Lodge Annex
- International Lodge, Kashiwa Lodge
- International Lodge, Oiwake Lodge
- Mejirodai International Village, Independent Type Rooms
- Oiwake International Hall of Residence
- Mitaka International Hall of Residence

Cf: Ministry of Health, Labour and Welfare Q&A (information in Japanese only)

5. Please note that you will be required to self-quarantine yourself for a period of 14 days commencing from the next day of your arrival in Japan under the Self-Quarantine Level 2 instructions. Be sure to consult your affiliated department/faculty about this period for your activity will strictly be restricted during this period.

Contact
- About move-in to International Lodges and Mejirodai International Village Housing Office (housing-office.adm@gs.mail.u-tokyo.ac.jp)
- About move-in to Toshima International Hall of Residence and Oiwake International Hall of Residence Student Scholarships & Welfare Group (kousei.adm@gs.mail.u-tokyo.ac.jp)
- About move-in to Mitaka International Hall of Residence
  Graduate School of Arts and Sciences, College of Arts and Sciences Student Support Group (kousei-team.c@gs.mail.u-tokyo.ac.jp)
- Others
  International Support Group (rsupport.adm@gs.mail.u-tokyo.ac.jp)