Please be sure to follow the instructions below for those who are to move into or return to the UTokyo accommodations from abroad.

1. Take record of your health condition for a period of 2 weeks using the “Self-Health Check Sheet” prior to your scheduled date of arrival in Japan. If the date already falls short of this period, please start recording your health condition from your earliest available date. You will need to submit this sheet to the accommodation office at the time of your arrival.

2. Be sure to notify the following information in advance to the accommodation office and your affiliated faculty/department by email as soon as it is determined.
   a) the date / time of your arrival in Japan
   b) the location and contact information of your 14-day self-quarantine period
   c) the date / time of your arrival at the UTokyo accommodation
   You may find the contact information on the following page of the Housing Office’s HP.
   ■ Resident Guides of the UTokyo Accommodations

3. Due to the border control measures by the Ministry of Health, Labour and Welfare, be sure to make the necessary arrangements for ways of your transportation from the port of your arrival in Japan to the location for self-quarantine (*), since you are unable to use any public transportations including trains, buses, taxis, etc. till the end of your designated 14-day self-quarantine period commencing from the next day of your arrival
The parts written in red are the ones that have been updated.
Please note that this move-in instruction is subject to change if deemed necessary.

In Japan. Once your arrival date is decided, contact your affiliated department/faculty at UTokyo and arrange a means of transportation prior to the date of your departure.

Information for a limousine taxi recommended by the Ministry of Health, Labour and Welfare
https://www.mhlw.go.jp/stf/seisakunitsuite/newpage_00020.html
(Information in Japanese only)

(*) According to the border control measures announced by the Ministry of Health, Labour and Welfare of Japan, all nationals arriving from all regions are called upon to self-quarantine for a period of 14 days commencing from the next day of arrival in Japan at a location designated by the quarantine station chief and to refrain from using all public transportation. In order to ensure students’ health and safety against the spread of infectious diseases, all the UTokyo accommodations cannot be a location for self-quarantine for those coming back to the accommodations who depart from Japan on and after December 1 in addition to those newly arriving in Japan who are required to be quarantined at a hotel designated by UTokyo. Those who are newly to arrive in Japan and those who left Japan by August 31 and are to return to the UTokyo accommodations are eligible for the university support for entering Japan. For details, please contact your department you are to be enrolled at UTokyo.

Cf: Ministry of Health, Labour and Welfare Q&A (information in Japanese only)

【Those who come back to UTokyo Accommodations from a country/region that is NOT subject to denial of entry】

Take record of your health condition for a period of 2 weeks using the “Self-Quarantine Period: Health Check Report Form” from the next day of your entry to Japan. (Those coming back to the accommodations from a country/region that is subject to the denial of permission to enter Japan will not have to submit this form since they are required to take the COVID-19 test both before and after landing in Japan and report their health condition to Ministry of Health, Labour and Welfare for the quarantine period.)

<Self-Quarantine Period: Health Check Report Form>
https://forms.office.com/Pages/ResponsePage.aspx?id=T6978HAr10eaAgh1yvIMhN-Al1epaNhBgLGU099rZPRUM083Tjc0UNVVOVl2OEVZU0FNNDcxTUZJNi4u
The parts written in red are the ones that have been updated.
Please note that this move-in instruction is subject to change if deemed necessary.

Contact
○ About move-in to International Lodges and Mejirodai International Village
  Housing Office (housing-office.adm@gs.mail.u-tokyo.ac.jp)
○ About move-in to Toshima International Hall of Residence and Oiwake International Hall of Residence
  Student Scholarships & Welfare Group (kousei.adm@gs.mail.u-tokyo.ac.jp)
○ About move-in to Mitaka International Hall of Residence
  Student Support Group (kousei-team.c@gs.mail.u-tokyo.ac.jp)
○ Others
  International Support Group (rsupport.adm@gs.mail.u-tokyo.ac.jp)