


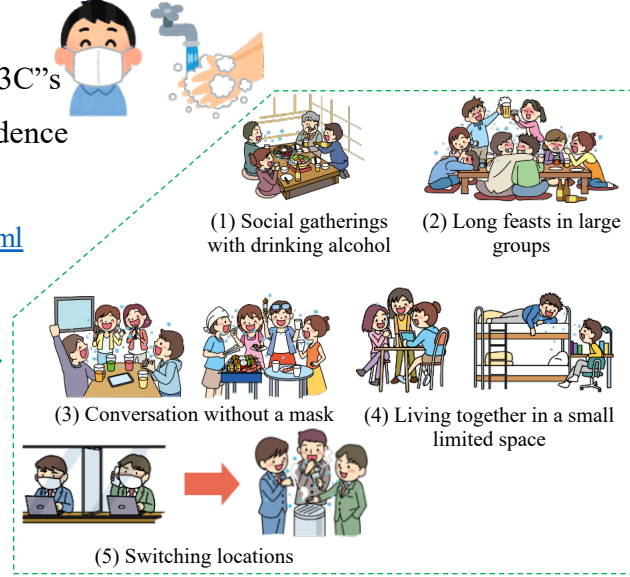
# Taking Thorough Measures to Prevent Infection

(For all UTokyo Students, Faculty, and Staff)

To make the university campus a safe place to conduct research and educational activities, please take thorough measures to protect yourself and to prevent the spread of infection to others!

## 1. On and Off Campus

- Thorough measures to prevent infection: wearing a mask, washing hands, gargling, avoiding the “3C”s
- Actions based on accurate information and scientific evidence (reference)  
UTokyo e-learning Materials on COVID-19  
<https://www.u-tokyo.ac.jp/ja/general/COVID-19-elearning.html>
- Avoiding infection risks (reference)  
“5 situations” that increase the risk of infection   
<https://corona.go.jp/prevention/pdf/en.5situations.pdf>
- **Discrimination against those who are infected and determined as close contacts and their households will not be tolerated!**



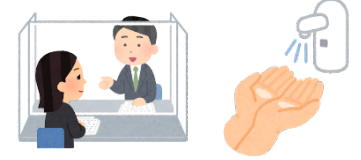
## 2. On Campus

- Ventilation and humidification of classrooms, laboratories, and office rooms:
  - Constant machine ventilation or opening windows as long as room temperature does not drop too much (guide: 18°C or more)
  - Humidification of rooms (guide: 40 - 60%)



< Useful Information >

- Tips for health and safety activities @lab & office during the COVID-19 epidemic  
<https://sites.google.com/ohs.adm.u-tokyo.ac.jp/safe-lab-office-tips>
- Sensing for the “3C”s  
Sensing system for the “3C”s by observation of Bluetooth advertisements transmitted by COCOA (The number of people staying each classroom, cafeteria etc. is displayed.)  
<http://sensors.nakao-lab.org/table/komaba> (Komaba I Campus)  
<http://sensors.nakao-lab.org/table/yayoi> (Yayoi Campus)  
Crowd status display system via WiFi connection monitoring



## 3. Off Campus

- Refrain from social gatherings with drinking and eating, and drinking with a large number of people or for a long time.
- Refrain from activities which may cause droplet or aerosol infection, such as karaoke, music activities, theatrical activities, and contact sports.
- On traveling home or for leisure, consider changing the traveling period to avoid the “3C”s.
- Take thorough measures to prevent infection at seasonal events where many people gather. Refrain from participating in events and parties where an unspecified large number of people are gathered and making loud voices.