全学交換留学（USTEP）説明会
USTEP Information Session
2024/8/30 Fri.　12:00-1:00 PM

内容（Contents）

立志編:応募しよう	Let’s apply
選択編:留学先を選ぼう	Let’s choose destinations
申請編:ミスなく作成しよう	Let’s create an application

言語：日本語　Language: Japanese

Go Global Website➡
Follow us ➡

https://www.u-tokyo.ac.jp/adm/go-global/ja/contact-search.html

UTokyo GlobE

本日のスケジュール / Today’s schedule

・挨拶（中尾まさみ特任教授．グローバル教育センター副センター長）
Opening message (Prof. Masami Nakao, Vice Director, Center for Global Education)

・説明部分は次の3部制
The program will be divided into the following three parts.

Part 1：立志編　全学交換留学（USTEP）に応募しよう
Aspiration - Let's apply for USTEP.
Part 2：選択編　協定校を選ぼう
Selection - Let's select partner universities.
Part 3：申請編　ミスなく申請書を作成しよう
Application - Let's prepare your application without making mistakes.

・Q&A

＊本日は、留学経験者による発表はありません。
There will be no presentations by students who have studied abroad today.

本日の説明会について / About today’s session

・学内限定
Today’s session is for UTokyo students and staff members only.

・アーカイブ動画・スライドをGo Globalウェブサイトに後日掲載
The archived video and PowerPoint slides will be available on the Go Global Website at a later date.

・質問は最後のQ&Aセッションの際にQ&A機能で受付
You can send questions through Zoom webinar Q&A during Q&A session in the last part of this info session.

開催挨拶

中尾まさみ 特任教授

（東京大学グローバル教育センター
副センター長）

Opening message

Prof. NAKAO, Masami

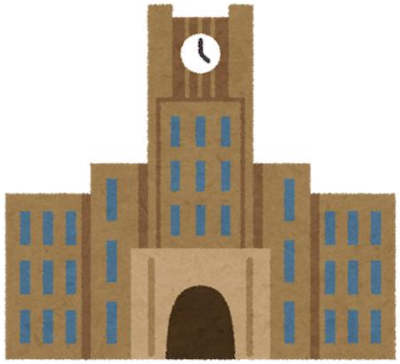
(Vice Director, Center for Global Education,
The University of Tokyo)

Part 1

立志編　全学交換留学（USTEP）に応募しよう
Aspiration - Let's apply for USTEP.

交換留学とは / What is the “exchange program”？

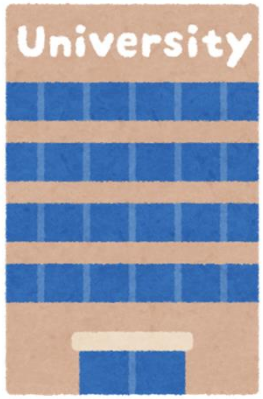
東京大学 / UTokyo
= Home University



派遣
Outbound

受入
Inbound

協定校
= Host University



○**学生を大学間で<u>交換</u>する<u>留学</u>で、交換留学**
Universities “exchange” their own students

○**みなさんは東大からの「派遣学生」・協定校では「受入学生」**
You are called “outbound students” by UTokyo and “incoming students” by partner universities

全学交換留学とは / What is “USTEP”？– 1 of 2

○全学部・研究科の学生が応募可能

⇔学部・研究科間交換留学（部局間交換留学）

UTokyo students from all College, Faculties, or Graduate Schools are eligible

⇔ Student Exchange Programs at College, Faculty, or Graduate School level

○協定校での授業履修

協定校への授業料支払不要

*施設利用料や保険料が必要な場合あり

・東京大学の授業料を納めるのみ
・単位認定の可能性有り（学部・研究科によっては単位認定必須）

Course registration at partner universities

・You only need to pay tuition fees to UTokyo, not to the partner university
(Payment of service fees, insurance fees, etc. to the host university may be required)
・The credits obtained at the partner university may be approved as credits of UTokyo under some conditions
(Some Faculty/Graduate School require students to transfer credits.)

全学交換留学とは / What is “USTEP”？– 2 of 2

○協定校からのサポート

ビザの手続きのサポート、宿舎手配のサポート、
バディ制度、……

Support from partner universities

Various support such as visa application procedures, accommodation, buddy-programs, etc. may be available

○プログラム付属の奨学金に応募可能(返済不要)

Students can apply for non-repayment type scholarships associated with the program

○2024年秋以降の1年間では、約300名が留学予定

Approximately 300 students are scheduled to study abroad during the one-year period starting in the fall of 2024.

今回の説明対象 / Today, we will explain about…

募集要項のタイトル/ The title of the application guidelines

↓↓↓

2024 年度 東京大学全学交換留学（USTEP）派遣候補学生募集要項
2025-2026 年期留学 秋募集
AY2024 The University of Tokyo University-wide Student Exchange Program (USTEP)
(Administered by UTokyo GlobE) Application Guidelines for Candidate Students
(for AY2025-2026, Autumn Call)

「2024年度に実施する募集です。」
“This is the call for application which is done in AY 2024.”

この期間の意味は…？！
What is the meaning of this period?

定義・概念 / Definition and image

東大の学年暦 / UTokyo's academic year

2024年度　2025年度　2026年度

4 5 6 7 8 9 10 11 12 1 2 3 4 5 6 7 8 9 10 11 12 1 2 3 4 5 6 7 8 9 10 11 12 1 2 3

このスケジュールを念頭に「2025-2026年期」と呼ぶ
Based on the schedule of this type, we call "AY 2025-2026"

多くの協定校の学年暦/ Most partner universities' academic years

AY2024　AY2025　AY2026

4 5 6 7 8 9 10 11 12 1 2 3 4 5 6 7 8 9 10 11 12 1 2 3 4 5 6 7 8 9 10 11 12 1 2 3

同右 /The same as the right　このあたりで開始/ Starts around here　同左 / The same as the left

前半を2025年秋学期、後半を2026年春学期と呼ぶ
The first half = "2025 Autumn", the later half = "2026 Spring"

韓国・オセアニアの協定校の学年暦/ Academic year of partner universities in South Korea and Oceania

AY 2023　AY2024　AY2025　AY2026

4 5 6 7 8 9 10 11 12 1 2 3 4 5 6 7 8 9 10 11 12 1 2 3 4 5 6 7 8 9 10 11 12 1 2 3

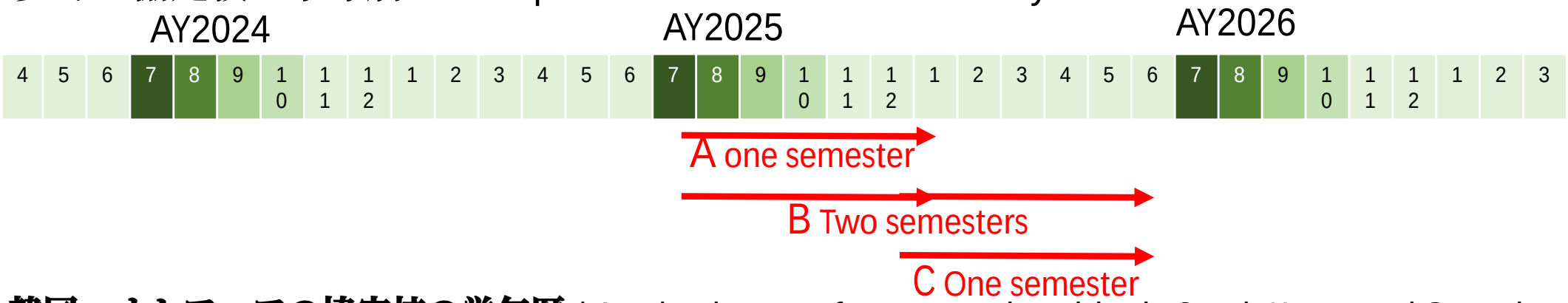
このあたりで開始 / Starts around here　同左 / The same as the left

今回募集対象の留学期間 / In this call for application, you can apply for…

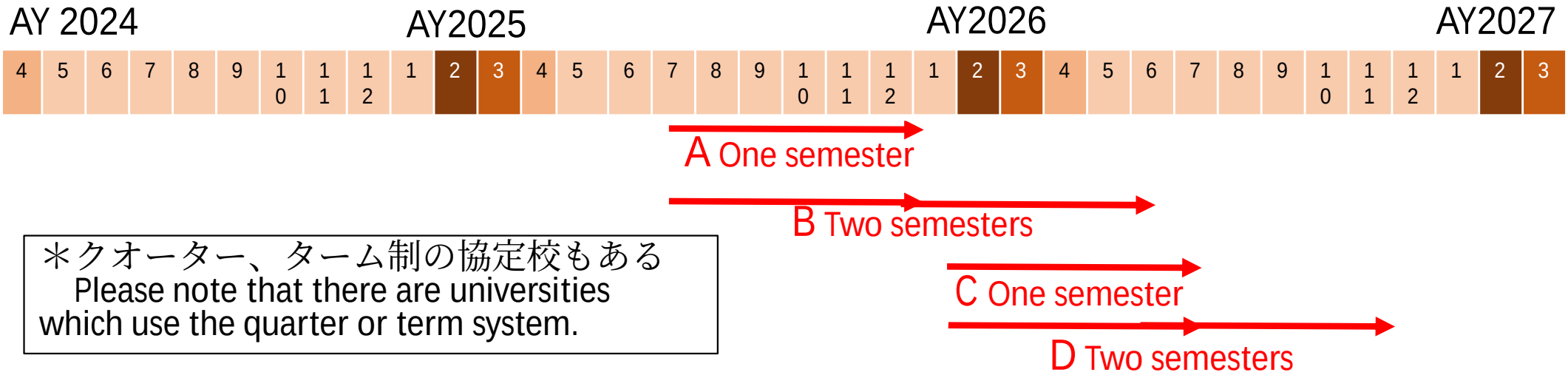
以下のA～D　のいずれかのセメスター*のパターンが対象

You can apply for any of the following patterns of A-D semester(s)*.

多くの協定校の学年暦 / Most partner universities' academic years



韓国・オセアニアの協定校の学年暦 / Academic year of partner universities in South Korea and Oceania



＊クオーター、ターム制の協定校もある
Please note that there are universities which use the quarter or term system.

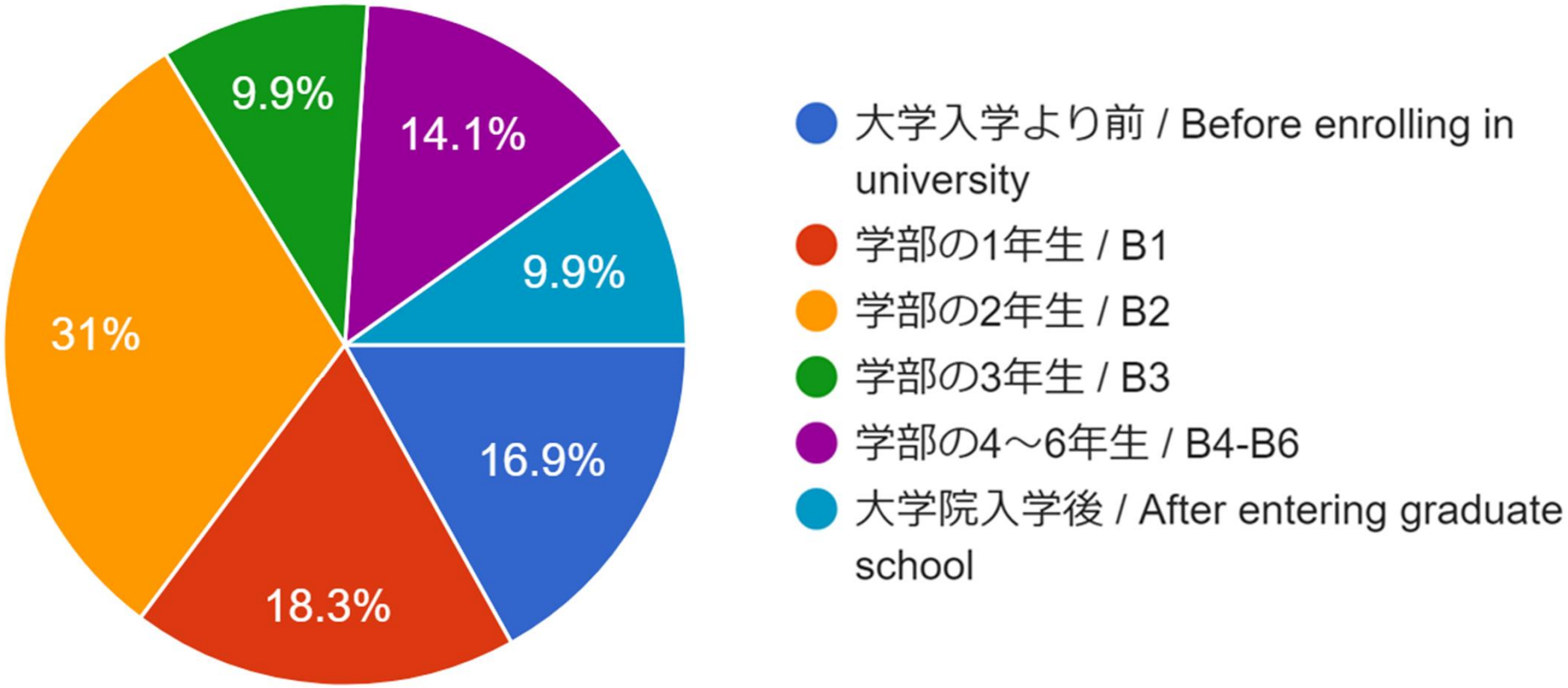
ちなみに次の春募集での募集対象は、CとDのみ（予定）。

Note that only applications for C and D will be available in the next spring's recruitment (tentative).

スケジュール（傾向） / Schedule (the overall tendency)

いつの時点で、全学交換留学（USTEP）への応募を考え始めましたか。(留学経験者*の意見) / At what point did you start thinking about applying for USTEP? (Opinions of past study abroad students)

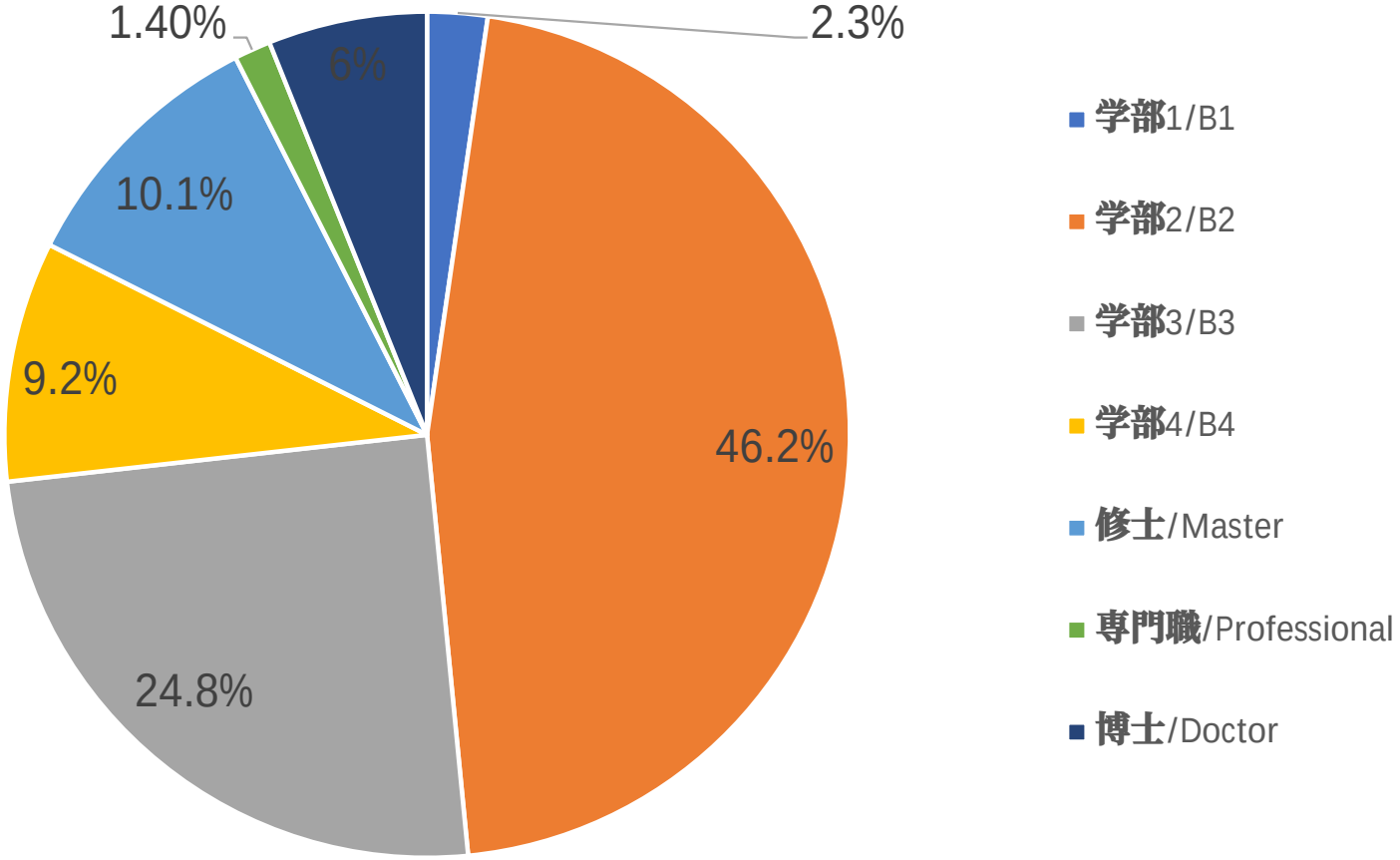
71 Answers



＊2024-25年期全学交換留学派遣予定学生にアンケートを実施した。
The Survey was conducted to AY 2024-25 USTEP outbound students.

スケジュール（傾向） / Schedule (the overall tendency)

申請時の学年 / University year at the time of application for USTEP



母数は全学交換留学に申請し学内選考を通過した学生 / The population is the number of students who applied for and passed the internal screening for USTEP.

なお、性別割合は女性42.4%, 男性57.1%, その他/不明0.5%。
The gender ratio: F 42.4%, M 57.1%, Other/Unknown 0.5%

費用面 / How much does it cost?

- 協定校への授業料/Tuition to partner university
  0
- 東京大学への授業料/Tuition to UTokyo
  いつも通り / The same as usual
- 協定校へのその他の費用
  0〜JPY200,000
- 保険・危機管理サービス費用 / Insurance & emergency assistance service
  Approximately JPY 8,000 per month
- 飛行機代/ Airfare
  〜JPY 500,000
- 家賃 / Rent
  JPY 10,000〜200,000per month など…

2023-24年期の学生の報告に基づくデータです。
/ Information on the left are the data based on students' reports from AY2023-24.

https://www.u-tokyo.ac.jp/adm/go-global/ja/report-list-USTEP.html

費用面:奨学金 / Cost: Scholarships

2024-25年期の例 / Data of outbound USTEP students for AY2024-25

奨学金受給希望者のうち、98.4%が何らかの給付型奨学金を受給。
（83.4%がプログラム付属奨学金、16.6%が学外の団体や協定校からの奨学金）
Among those who applied for scholarships, 98.4% receiving some form of grant-based scholarship.
(83.4% receiving scholarships attached to USTEP, and 16.6% receiving scholarships from external organizations or partner institutions.)

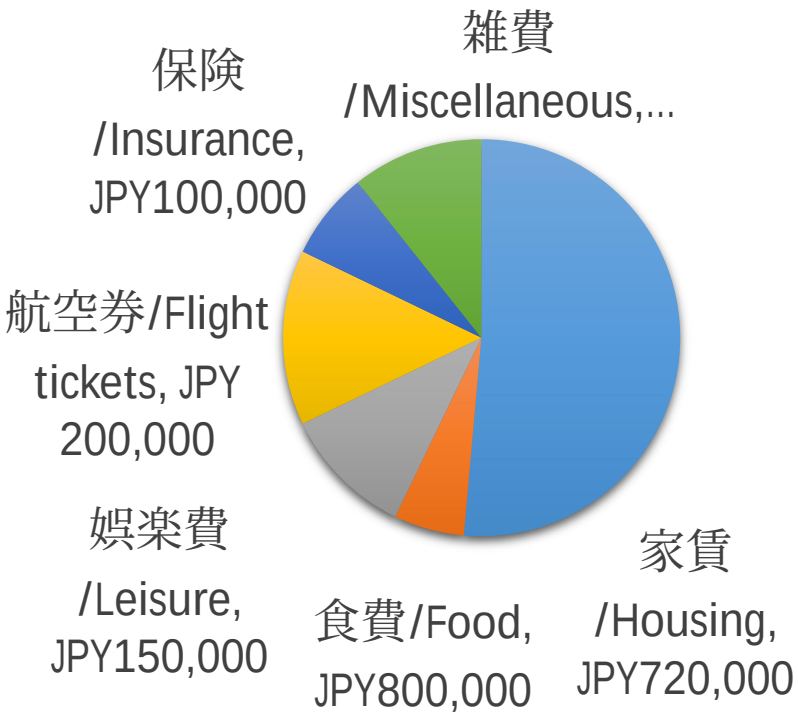
※約40%の学生がプログラム付属奨学金とその他の奨学金を併給している。
Approximately 40% of students receive both the scholarships attached to USTEP and other scholarships.

費用面 / How much does it cost?

【モデルケース】トロント大学（1年:約8ヶ月間）
【Example】University of Toronto (1 year: about 8 months)

留学中の費用/Study abroad costs*

JPY 1,400,000



例えば...

業務スーパー
ジャパンドリーム財団
奨学金　採択

Scholarship from Gyomu Super Japan Dream Foundation

JPY 150,000/month 8 months = JPY 1,200,000

自己負担

Payment by yourself
= JPY 200,000

Approx. JPY 25,000/month

奨学金の情報はPart3の最後に！
Scholarships info at the end of Part 3!

***東京大学の授業料除く**/Tuition fee to UTokyo excluded

スケジュール / Schedule 1 of 2

【重要 / Important】
語学スコア、 GGG登録 、学外成績証明書（英文）の手配/ Language test score, registration for GGG, and academic transcripts from institutions other than UTokyo (English)

①**今日から**：情報収集・準備
From TODAY: Collect information and start preparation

②**2024.9中旬～10上旬：UTAS申請締切**（**所見事項も忘れずに**）
Mid Sep. – early Oct. : Application deadline on UTAS
(Don’t forget to submit a Letter of Assessment)

【注意 / Note】
締切は所属学部・研究科によって異なるのでまず確認！！
The deadline varies depending on your faculty or graduate school, so please check first!!

③～12月中旬：学内選考（本選考）…書面審査＋**必要な場合は**面接審査
Internal screening (main screening)…Document screening＋interviews if considered necessary

④学内選考（本選考）結果通知（2024年12月下旬頃）
Notification of results of main screening (late Dec. 2024)

スケジュール / Schedule　2 of 2

⑤2025.2～5月頃*：協定校への申請（2025年秋学期留学開始の場合）
Feb. to May* 2025: Application to partner universities
*ドイツなど一部では7月頃まで/ For some partner universities (e.g. in Germany), until around July.

⑥ 2025.5～7頃：協定校からの審査結果（同上）
May to July 2024: Notification of results of selection by partner universities (the same as above)

⑦ **2025.4：オリエンテーション（参加必須）**
Orientation session (Attendance to the orientation session is obligatory.)
※ 2025年秋 留学開始向け学生の日程
Schedule for those who are going to start studying abroad from Autumn 2025.

⑧**留学開始**（2025年秋～/2026年春～）
Start of the study abroad (From Autumn 2025 or Spring 2026)

Part 2

選択編　協定校を選ぼう
Selection - Let's select partner universities.

協定校 / Partner universities

2024年8月現在
As of August, 2024

協定校選び(前提） / Choosing a university (intent)

「**しっかり選んでください**」

- 本当に学びたいことは何かよく考えてください。
- 必ず行きたい協定校を行きたい順に記入。原則、辞退不可です。

“Think what you want to do and choose where to go”

- Think what you really want to study and achieve from studying abroad
- Select only partner universities that you are seriously willing to study at. In principle, cancellation of applications after the internal screening is NOT accepted.

協定校選び(前提） / Choosing a university (intent)

“可能性を広げてください”

- 第1希望一本に絞っても選考で有利にはなりません。
- 第6希望まで申請可能です。

※英語圏以外の国・地域でも、英語で学べる可能性があります。
（例）ヨーロッパ（ヘルシンキ、ETH、コペンハーゲンなど）やアジア（清華など）

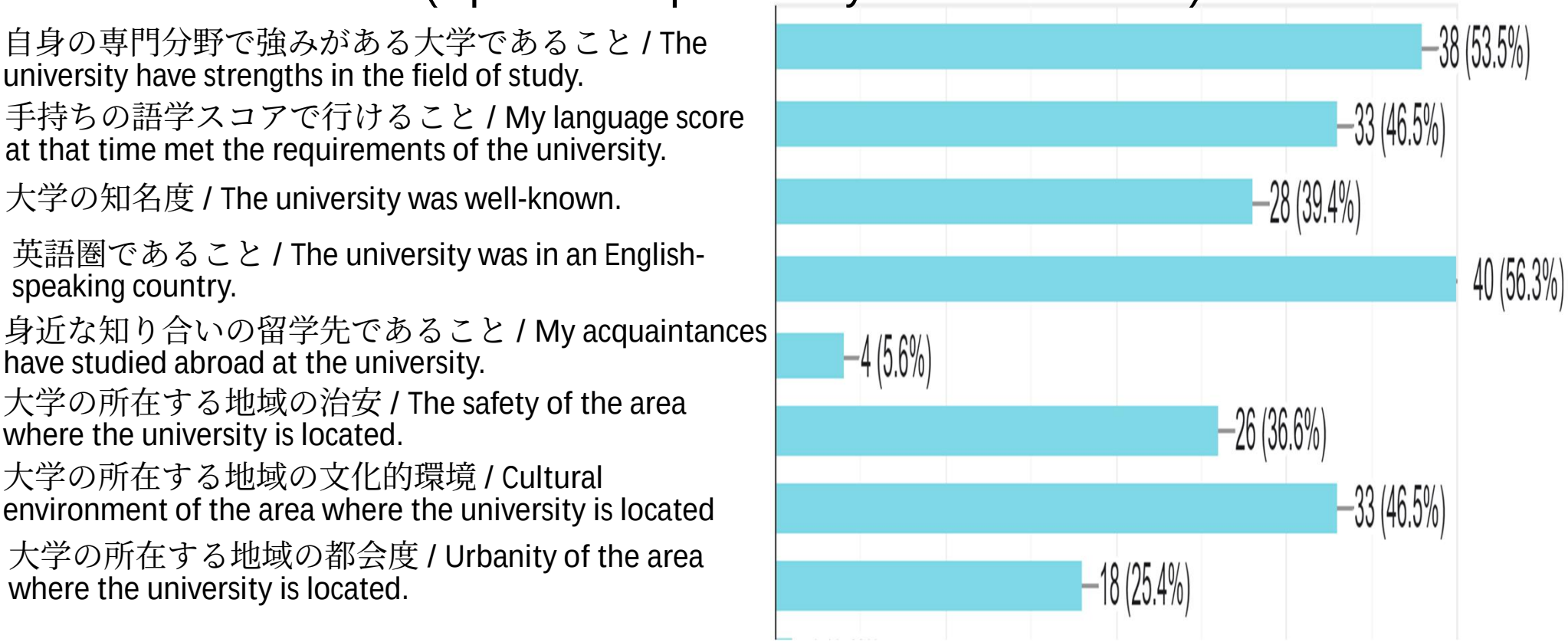
“ Broaden your chances”

- Selecting only one partner university will NOT act in your favor during the internal screening
- You can fill out all six university choices.

※You can still study in English even in non-English speaking countries
ex. Europe (University of Helsinki, ETH Zurich, University of Copenhagen, etc.),
Asia (Tsinghua University, etc.)

協定校選び(参考） / How to choose a university (FYI)

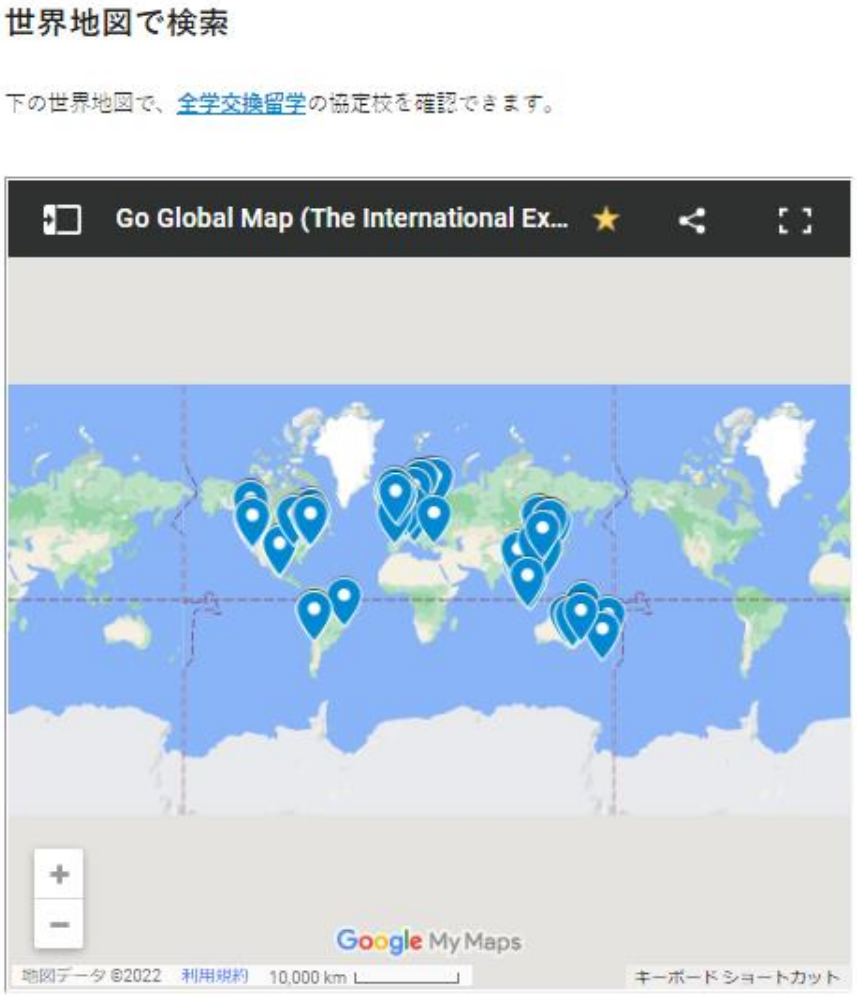
協定校を選ぶとき、どのような点を考慮した？(留学経験者*の意見)
What factors did you consider when you chose your destination? (Opinions of past study abroad students)



＊2024-25年期全学交換留学派遣予定学生にアンケートを実施し、71件の回答を得た。（複数選択。）
The Survey was conducted to AY 2024-25 USTEP outbound students. 71 responses were received. (This was the “Check all that apply” question.)

協定校選び(参考） / How to choose a university (FYI)

地図からも探せます!
You can browse from the map!



https://www.u-tokyo.ac.jp/adm/go-global/ja/program-maps.html

協定校選び(参考） / How to choose a university (FYI)

ある協定校が募集対象かどうか、募集枠数の確認はここ！

You can check here to see if a particular partner university is accepting applications in this call and see how many slots are available!

ここ / Here

https://www.u-tokyo.ac.jp/content/400220048.pdf

協定校選び【応募資格】/How to choose a university【Eligibility】

行きたい協定校をだいたい決めたら…次の3つを必ず全て確認！ / Once you have a rough idea of the partner universities you want to go to, make sure you check all three of the following!

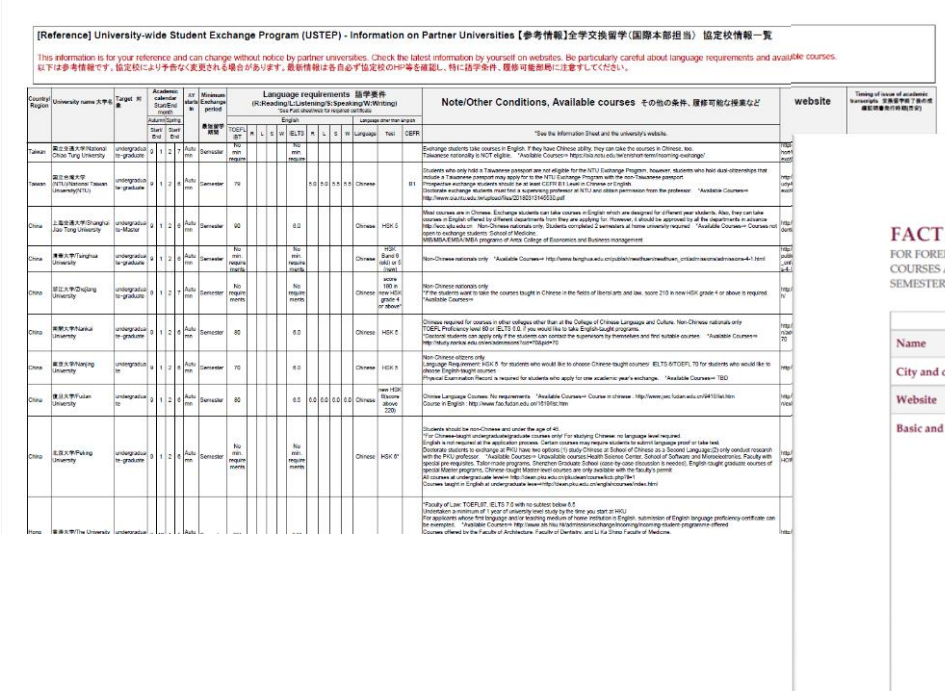
①協定校情報一覧

"USTEP Information on Partner Universities"

②Factsheet (Information sheet)

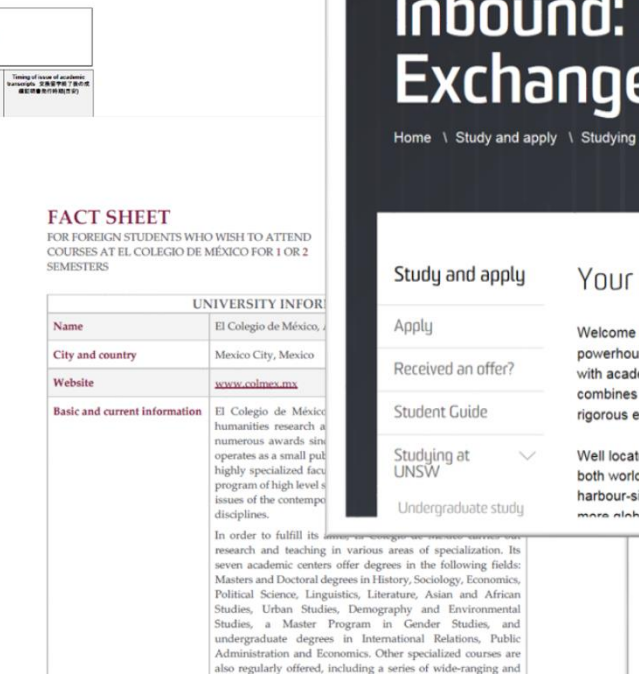
③協定校のウェブサイト

Partner university's website


[Reference] University-wide Student Exchange Program (USTEP) - Information on Partner Universities【参考情報】全学交換留学(国際本部担当) 協定校情報一覧

This information is for your reference and can change without notice by partner universities. Check the latest information by yourself on websites. Be particularly careful about language requirements and available courses.
以下は参考情報です。協定校により予告なく変更される場合があります。最新情報は各自必ず協定校のHPなを確認し、特に語学条件、履修可能科目に注意してください。

Country/Region	University name 大学名	Target 対象	Academic calendar Start/End (Year) Autumn/Spring 春 Start End	秋 Start End	Minimum Exchange period 最低留学期間	Language requirements 語学要件 (R:Reading/L:Listening/S:Speaking/W:Writing) Sea Pass should be required certificate English TOEFL iBT R L S W	IELTS R L S W	Language other than English Language	Test	CEFR	Note/Other Conditions, Available courses その他の条件、履修可能な授業など *See the Information Sheet and the university's website.	website	Timing of issue of academic transcripts 交換留学終了後の成績証明書発行時期(予定)
Taiwan	国立交通大学(National Chiao Tung University	undergraduate-graduate	9 1	2 7	Auto min.	Semester	No min. require				Exchange students take courses in English. If they have Chinese ability, they can take the courses in Chinese, too. Taiwanese nationality is NOT eligible. *Available Courses= https://oia.nctu.edu.tw/enrollment/exchange/exchange/	http://www.nctu.edu.tw/	
Taiwan	国立中興大学(NTU)(National Taiwan University(NTU))	undergraduate-graduate	8 1	2 6	Auto min.	Semester	79		5.0 5.0 5.5 5.5	Chinese	B1	Students who only hold a Taiwanese passport are not eligible for the NTU Exchange Program. However, students who hold dual-citizenships that include a Taiwanese passport may apply for to the NTU Exchange Program with the non-Taiwanese passport. Prospective exchange students should be at least CEFR B1 Level in Chinese or English. Doctorate exchange students must find a supervising professor at NTU and obtain permission from the professor. *Available Courses= http://www.ocanctu.edu.tw/upload/files/2016031914553.pdf	http://www.ntu.edu.tw/	
China	上海交通大学(Shanghai Jiao Tong University	undergraduate-Master	9 1	2 6	Auto min.	Semester	90		6.0	Chinese	HSK 5	Most courses are in Chinese. Exchange students can take courses in English which are designed for different year students. Also, they can take courses in English offered by different departments from they are applying for. However, it should be approved by all the departments in advance. http://eco.sjtu.edu.cn/ Non-Chinese nationals only. Students completed 2 semesters at home university required. *Available Courses= Courses not open to exchange students: School of Medicine. MS/MBA/EMBA/MBA programs of Antai College of Economics and Business management	http://www.sjtu.edu.cn/	
China	清華大学(Tsinghua University	undergraduate-graduate	8 1	2 6	Auto min.	Semester	No min. require ments		No min. require ments	Chinese	HSK Band 6 (all) or 5 (over)	Non-Chinese nationals only *Available Courses= http://www.tsinghua.edu.cn/publish/newthu/newthuen_crdadm/academicadmscore-4-1.html	http://www.tsinghua.edu.cn/publish/newthuen/index.shtml
China	浙江大学(Zhejiang University	undergraduate-graduate	9 1	2 6	Auto min.	Semester	No require ments		No require ments	Chinese	none / 180 in new HSK grade 4 or above*	Non-Chinese nationals only *If the students want to take the courses taught in Chinese in the fields of liberal arts and law, score 210 in new HSK grade 4 or above is required. *Available Courses=	http://www.zju.edu.cn/
China	南開大学(Nankai University	undergraduate-graduate	9 1	2 6	Auto min.	Semester	80		6.0	Chinese	HSK 5	Chinese required for courses in other colleges other than at the College of Chinese Language and Culture. Non-Chinese nationals only TOEFL Proficiency level 80 or IELTS 6.0, if you would like to take English-taught programs. *Doctoral students can apply only if the students can contact the supervisors by themselves and find suitable courses. *Available Courses= http://study.nankai.edu.cn/exchangeexam/course/100/page/1/	http://www.nankai.edu.cn/70/	
China	南京大学(Nanjing University	undergraduate	9 1	2 6	Auto min.	Semester	70		6.0	Chinese	HSK 5	Non-Chinese citizens only. Language Requirement: HSK 5 for students who would like to choose Chinese-taught courses/ IELTS 6/TOEFL 70 for students who would like to choose English-taught courses. Physical Examination Record is required for students who apply for one academic year's exchange. *Available Courses= TBD	http://www.nju.edu.cn/
China	復旦大学(Fudan University	undergraduate	9 1	2 6	Auto min.	Semester	80		6.0 6.0 6.0 6.0	Chinese	new HSK Bascow above 220)	Chinese Language Courses: No requirements *Available Courses= Course in chinese : http://www.jwc.fudan.edu.cn/94101/list.htm Course in English : http://www.fao.fudan.edu.cn/101/list.htm	http://www.fudan.edu.cn/
China	北京大学(Peking University	undergraduate-graduate	9 1	2 6	Auto min.	Semester	No min. require ments		No min. require ments	Chinese	HSK 6*	Students should be non-Chinese and under the age of 40. *For Chinese-taught undergraduate/graduate courses only! For studying Chinese: no language level required. English is not required at the application process. Certain courses may require students to submit language proof or take test. Doctorate students to exchange at PKU have two options:(1) study Chinese at School of Chinese as a Second Language;(2) only conduct research with the PKU professor. *Available Courses= Undergraduate courses:Health Science Center, School of Software and Microelectronics, Faculty with special pre-requisites. Tailor-made programs, Shenzhen Graduate School (case-by-case discussion is needed). English-taught graduate courses of special Master programs, Chinese-taught Master-level courses are only available with the faculty's permit. All courses at undergraduate level= http://dean.pku.edu.cn/jiaoxue/course/kch.php?lm=1 Courses taught in English at undergraduate level=http://dean.pku.edu.cn/english/courses/index.htm	http://www.pku.edu.cn/
[illegible]	[illegible]	[illegible]	[illegible]	[illegible]	[illegible]	[illegible]	[illegible]	[illegible]	[illegible]	[illegible]	[illegible]	*Faculty of Law: TOEFL/IT, IELTS 7.0 with no subtest below 6.5. Orientation a minimum of 1 year of university level study by the time you start at HKU. For applicants whose first language and/or teaching medium of home institution is English, submission of English language proficiency certificate can be exempted. *Available Courses= http://www.hku.hk/admissions/exchange/incoming/student-programme-offered Courses offered by the Faculty of Architecture, Faculty of Dentistry, and Li Ka Shing Faculty of Medicine.	[illegible]	[illegible]


FACT SHEET
FOR FOREIGN STUDENTS WHO WISH TO ATTEND COURSES AT EL COLEGIO DE MÉXICO FOR 1 OR 2 SEMESTERS

UNIVERSITY INFOR	
Name	El Colegio de México,
City and country	Mexico City, Mexico
Website	www.colmex.mx
Basic and current information	El Colegio de Méxic humanities research a numerous awards sin operates as a small pub highly specialized facu program of high level s issues of the contempo disciplines.

In order to fulfill its research and teaching in various areas of specialization. Its seven academic centers offer degrees in the following fields: Masters and Doctoral degrees in History, Sociology, Economics, Political Science, Linguistics, Literature, Asian and African Studies, Urban Studies, Demography and Environmental Studies, a Master Program in Gender Studies, and undergraduate degrees in International Relations, Public Administration and Economics. Other specialized courses are also regularly offered, including a series of wide-ranging and

Inbound: Study Abroad & Exchange

Home \ Study and apply \ Studying at UNSW \ Inbound: Study Abroad & Exchange

Study and apply
Apply
Received an offer?
Student Guide
Studying at UNSW
Undergraduate study

Your Australian Adventure starts here

Welcome to UNSW Sydney! We are an internationally acclaimed teaching and research powerhouse, offering study abroad and exchange students a learning experience packed with academic programs, student activities and educational services. The University combines academics recognised as world-leaders in their fields, with modern facilities, rigorous education standards and a diverse community.

Well located within one of the top global cities, UNSW Sydney offers students the best of both worlds — world-class beaches and stunning parklands within a vibrant, cosmopolitan harbour-side city. Ideally positioned as the gateway to the Asia Pacific, Sydney is home to

協定校選び【応募資格】/How to choose a university【Eligibility】

①協定校情報一覧

“USTEP Information on Partner Universities”

②Factsheet (Information sheet)

③協定校のウェブサイト

Partner university’s website

[Reference] University-wide Student Exchange Program (USTEP) - Information on Partner Universities【参考情報】全学交換留学（国際本部担当） 協定校情報一覧

This information is for your reference and can change without notice by partner universities. Check the latest information by yourself on websites. Be particularly careful about language requirements and available courses.
以下は参考情報です。協定校により予告なく変更される場合があります。最新情報は各自必ず協定校のHP等を確認し、特に語学条件、履修可能科目に注意してください。

Country/Region	University name 大学名	Target 対象	Academic calendar (Sun/Eco month) Admitting Start	Admitting Start	Admitting End	Credits 単位	Minimum Exchange period 最短留学期間	Language requirements 語学要件 (R:Reading/L:Listening/S:Speaking/W:Writing) See Fact sheet(web) for regional certificate English TOEFL iBT	R	L	S	W	IELTS	R	L	S	W	Language other than English Language	Test	CEFR	Note/Other Conditions, Available courses その他の条件、履修可能な授業など *See the Information Sheet and the university's website.	website	Timing of issue of academic transcripts 交換留学終了後の成績証明書発行時期(目安)
Taiwan	国立台湾大学National Chiao Tung University	undergraduate graduate	9	1	2	8	Auto-nom	Semester	No min require-ments				No min require-ments								Exchange students take courses in English. If they have Chinese ability, they can take the courses in Chinese. See Taiwanese nationality is NOT eligible. *Available Courses= https://oia.nctu.edu.tw/course/term/incoming-exchange/	https://oia.nctu.edu.tw/incoming-exchange/	can, before within 2 months after the end of semesters (depending on when lecturers submit final grades)
Taiwan	国立台湾大学 (NTU)National Taiwan University(NTU)	undergraduate graduate	9	1	2	8	Auto-nom	Semester	70						0.0	0.0	0.0	0.0	Chinese	B1	Students who only hold a Taiwanese passport are not eligible for the NTU Exchange Program. however, students who hold dual-citizenships that include a Taiwanese passport may apply for to the NTU Exchange Program with the non-Taiwanese passport. Prospective exchange students should be at least CEFR B1 Level in Chinese or English. Doctorate exchange students must find a supervising professor at NTU and obtain permission from the professor. *Available Courses= http://www.oia.ntu.edu.tw/upload/files/201902/1540332.pdf	http://www.oia.ntu.edu.tw/en/study-abroad-exchange-student	Autumn Semester: February Spring/August
China	上海交通大学Shanghai Jiao Tong University	undergraduate Master	9	1	2	8	Auto-nom	Semester	60				6.0						Chinese	HSK 5	Most courses are in Chinese. Exchange students can take courses in English which are designed for different year students. Also, they can take courses in English offered by different departments from they are applying for. However, it should be approved by all the departments in advance http://seo.sjtu.edu.cn Non-Chinese nationals only. Students completed 2 semesters at home university required *Available Courses= Courses not open to exchange students: School of Medicine; MBA/MBA/EMBA/MBA programs of Antai College of Economics and Business management	http://global.sjtu.edu.cn/en/detail/student-exchange	Middle Time: Autumn Semester: Mar - Aug/Spring Semester: Sep - Oct Transcripts will be sent in the next semester of the exchange period within one first month
China	清華大学Tsinghua University	undergraduate graduate	9	1	2	8	Auto-nom	Semester	No min require-ments				No min require-ments						Chinese	HSK Band 6 (80) or 5 (100)	Non-Chinese nationals only *Available Courses= http://www.tsinghua.edu.cn/publish/newthu/newthuen_en/aboinaccepted/inaccepted-4-1.html	http://www.tsinghua.edu.cn/publish/newthuen/newthuen_en/aboinaccepted/inaccepted-4-1.html	Sep. & Mar., At the beginning of next semester
China	浙江大学Zhejiang University	undergraduate graduate	9	1	2	7	Auto-nom	Semester	No require-ments				No require-ments						Chinese	new HSK score 180 in new HSK grade 4 or above*	Non-Chinese nationals only *If the students want to take the courses taught in Chinese in the fields of liberal arts and law, score 210 in new HSK grade 4 or above is required. *Available Courses=	http://isc.zju.edu.cn/en/global.htm	at the end of each semester
China	南開大学Nankai University	undergraduate graduate	9	1	2	6	Auto-nom	Semester	80				6.0						Chinese	HSK 5	Chinese required for courses in other colleges other than at the College of Chinese Language and Culture. Non-Chinese nationals only TOEFL Proficiency level 80 or IELTS 5.5. If you want to take English-taught programs. *Electronic students can apply only if the students can contact the supervisors by themselves and find suitable courses. *Available Courses= http://study.nankai.edu.cn/en/courses/?cid=75&page=10	http://study.nankai.edu.cn/en/courses/?cid=75&page=10	June/Jan., within a month after the end of semesters
China	南京大学Nanjing University	undergraduate	9	1	2	8	Auto-nom	Semester	70				6.0						Chinese	HSK 5	Non-Chinese citizens only. Language Requirement: HSK 5 for students who would like to choose Chinese-taught courses/ IELTS 6/TOEFL 70 for students who would like to choose English-taught courses. Physical Examination Record is required for students who apply for one academic year's exchange. *Available Courses= TBD	http://intoes.nju.edu.cn/en/	The beginning of next semester
China	復旦大学Fudan University	undergraduate	9	1	2	8	Auto-nom	Semester	80				6.5		0.0	0.0	0.0	0.0	Chinese	new HSK Review above 220)	Chinese Language Courses: No requirements. *Available Courses= Course in chinese - http://www.oec.fudan.edu.cn/4410/list.htm Course in English - http://www.fao.fudan.edu.cn/1418/list.htm	http://www.fao.fudan.edu.cn/exchange/	
China	北京大学Peking University	undergraduate graduate	9	1	2	8	Auto-nom	Semester	No min require-ments				No min require-ments						Chinese	HSK 6?	Students would be non-Chinese and under the age of 40. *For Chinese-taught undergraduate/graduate courses only! For studying Chinese: no language level required. English is not required at the application process. Certain courses may require students to submit language proof or take test. Doctorate students to exchange at PKU have two options:(1) study Chinese at School of Chinese as a Second Language;(2) only conduct research with the PKU professor. *Available Courses= Unavailable courses:Health Science Center, School of Software and Microelectronics, Faculty with special pre-requisites, Tuition-free programs, Shenzhen Graduate School (some course discussion is needed), English-taught graduate courses of special Master programs, Chinese-taught Master level courses are only available with the Faculty's permit Courses taught in Chinese: http://www.pku.edu.cn/education/undergraduate/index.htm Courses taught in English at university-wide level:http://www.pku.edu.cn/english/courses/index.htm	http://www.iad.pku.edu.cn/HOME.htm	Sep./Mar., official transcripts will be sent to the international office of home university at the beginning of next semester (PKU has the enroll transfer within 3 weeks in the new semester after students coming back)
China	香港大学The University of Hong Kong	undergraduate					Auto-nom														*Faculty of Law: TOEFL/IT, IELTS 7.0 with no subject below 6.5 (Invitation a minimum of 1 year of university level study by the time you start at HKU) For applicants whose first language and/or teaching medium of home institution is English: submission of English language proficiency certificate can be exempted. *Available Courses= http://www.ab.hku.hk/admissions/exchange/incoming/incoming-student-programme-offered Courses offered by the Faculty of Architecture, Faculty of Dentistry, and Li Ka Shing Faculty of Medicine	http://www.ab.hku.hk/exchange/	Autumn semester: Feb. to Mar. /

https://www.u-tokyo.ac.jp/adm/go-global/ja/application-tips-USTEP.html

University-wide Student Exchange Program (USTEP) Information on Partner Universities 全学交換留学（USTEP） 協定校情報一覧

The information stated in this USTEP Information on Partner Universities may include outdated information because partner universities sometimes change their requirements without notice. Therefore, check the latest information on websites and fact sheets of partner universities by yourself as well. Be particularly careful about language requirements and available courses.
本協定校情報一覧に記載の情報について、協定校が設けている要件などは、予告なく変更される場合があるため、最新の情報と齟齬がある場合があります。各自で必ず協定校のウェブサイトやFactsheet等も確認し、特に語学条件、履修可能学部・研究科に注意してください。

*Exemption
A: "〇" in this column means that students enrolled in degree courses/programs offered in English at UTokyo can submit their certificate of enrollment in place of an English proficiency certificate. (This exemption does not apply to students who entered UTokyo through the general admissions or Special Screening for graduates of overseas high schools and have transferred or are transferring to the degree programs offered in English after their second year (Shingaku-Sentaku, or Admissions to Senior Division)).
B:"〇" in this column means that there are other cases where exemption of submission of English proficiency scores can be made. Please see the Factsheet and websites of the partner university for further information. Please submit specified proof at the time of the internal screening by UTokyo to certify that you are eligible for those exemptions. Please keep in mind that additional documents may be required by UTokyo and/or the partner university.

Country /Region 国・地域	University name 大学名	Target 対象	Academic calendar Start/End month				AY starts in	Minimum Exchange period 最短留学期間	Language requirements 語学要件 (R:Reading/L:Listening/S:Speaking/W:Writing)														Note/Other Conditions, Available courses その他の条件、履修可能な授業など	Timing of issue of academic transcripts 交換留学終了後の成績証明書発行時期(目安)
			Autumn		Spring				English									Exemption*		Language other than English				
			Start/ End		Start/ End				TOEFL iBT	R	L	S	W	IELTS	R	L	S	W	A	B	Language	Test	CEFR	website	
Taiwan	国立陽明交通大学 /National Yang Ming Chiao Tung University	undergraduate ・graduate	9	1	2	6	Autumn	Semester	No min. requirements*					No min. requirements*					○			No min. requirements*		Please refer to the the fact sheet and the webpage below for departmental requirements. https://drive.google.com/file/d/122j-Fur8Ja4MsdoKv9ec07HeHGr2Qqbj/view We do not set the prerequisite for the level of the exchange students to apply for the exchange program. However, the College of Management is limited to final-year undergraduate or graduate students because most English-taught courses are offered at the graduate level. *Available Courses⇒ https://timetable.nycu.edu.tw/ Please refer to the fact sheet and the webpage below for departmental requirements. https://drive.google.com/file/d/122j-Fur8Ja4MsdoKv9ec07HeHGr2Qqbj/view https://oia.nctu.edu.tw/en/short-term/incoming-exchange/	Jan. &June: within 2 months after the end of semesters (depending on when lecturers submit final grades)
Taiwan	国立台湾大学 (NTU)/National Taiwan University(NTU)	undergraduate ・graduate	9	1	2	6	Autumn	Semester	71					5.5					○		Chinese	HSK 5	B1	Students who only hold a Taiwanese passport are not eligible for the NTU Exchange Program, however, students who hold dual-citizenships that include a Taiwanese passport may apply for the NTU Exchange Program with the non-Taiwanese passport. Students must be a third or fourth year undergraduate student or a regular graduate student at the time of admission. Admission requirements: please refer to the fact sheet. *Available Courses⇒ https://nol.ntu.edu.tw/nol/guest/index.php Restricted courses: Please see the "NTU application procedure" and the fact sheet: https://oia.ntu.edu.tw/study-at-ntu/incoming-exchange-student	Autumn Semester: February Spring:August
China	上海交通大学/Shanghai Jiao Tong University	undergraduate ・Master	9	1	2	6	Autumn	Semester	90					6.0					○	○	Chinese	HSK 5*	C1*	Non-Chinese nationals only Admission requirements: refer to the fact sheet. *Documents proving that you received a primary and secondary education taught in the language and the document designated by UTokyo certifying student's language proficiency can be used as a substitute to a language proficiency certificate. *Available Courses⇒ Available courses and restricted programs: refer to the fact sheet. http://isc.sjtu.edu.cn/EN/content.aspx?info_lb=40&flag=2	(Postal Time) Autumn Semester: Mar - Apr/Spring Semester: Sep - Oct Transcripts will be sent in the next semester of the exchange period (within the first month)
China	上海交通大学/Shanghai Jiao Tong University	undergraduate ・Master	9	1	2	6	Autumn	Semester	90					6.0					○	○	Chinese	HSK 5*	C1*	Non-Chinese nationals only Admission requirements: refer to the fact sheet. *Documents proving that you received a primary and secondary education taught in the language and the document designated by UTokyo certifying student's language proficiency can be used as a substitute to a language proficiency certificate. *Available Courses⇒ Available courses and restricted programs: refer to the fact sheet. http://isc.sjtu.edu.cn/EN/content.aspx?info_lb=40&flag=2	(Postal Time) Autumn Semester: Mar - Apr/Spring Semester: Sep - Oct Transcripts will be sent in the next semester of the exchange period (within the first month)
China	清華大学/Tsinghua University	undergraduate ・graduate	9	12	2	6	Autumn	Semester	No min. requirements					No min. requirements					○		Chinese	HSK Band 6 (old) or 5 (new)*	C1*	Non-Chinese nationals only. Exchange students must be undergraduate students in the third year or higher or graduate students at the time of admission. Students shall apply for courses correlated with their field of study. *Documents proving that you graduated from a high school taught in the language can be used as a substitute to a language proficiency certificate and the document designated by UTokyo certifying student's language proficiency can be used as a substitute to a language proficiency certificate. *Available Courses⇒ Exchange students can choose courses both at undergraduate and graduate level delivered in both Chinese and English. Restricted programs and courses: refer to the fact sheet. https://www.tsinghua.edu.cn/index.htm	Sep. & Mar.: At the beginning of next semester
China	浙江大学/Zhejiang University	undergraduate ・graduate	9	1	2	7	Autumn	Semester	No min. requirements					No min. requirements					○		Chinese	score 190 in new HSK grade 5 or above*		Non-Chinese nationals only *Some fields require higher scores, so refer to the fact sheet. Applicants need currently be enrolled in at least second semester of the home university program. ZJU does not require any English or Chinese language certificates at the moment. However, a very good command of English is required. If the students want to take the courses taught in Chinese in the fields of liberal arts and law, they should have the Chinese language proficiency equivalent to new HSK 5 or above. *Available Courses⇒ Refer to the fact sheet and course lists: https://www.u-tokyo.ac.jp/adm/ia/ https://www.zju.edu.cn/english/	at the end of each semester

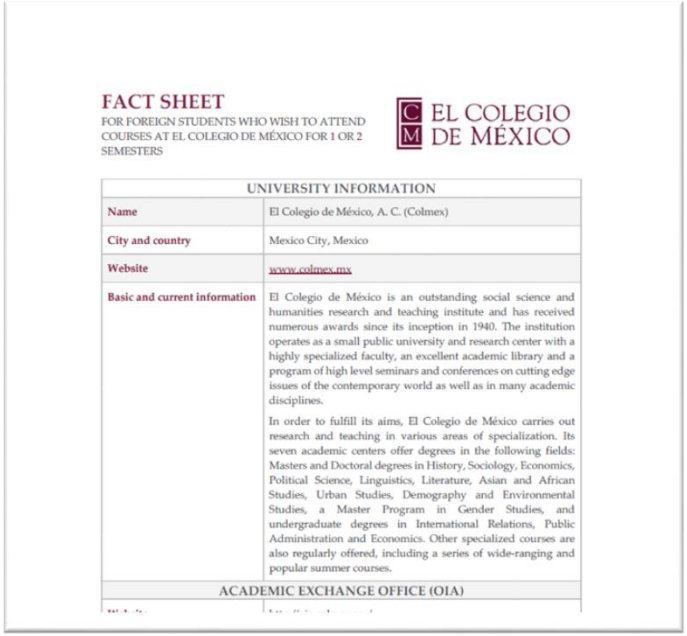
協定校選び【応募資格】/How to choose a university【Eligibility】

①協定校情報一覧

②Factsheet (Information sheet)

③協定校のウェブサイト

Partner university’s website



FACT SHEET

FOR FOREIGN STUDENTS WHO WISH TO ATTEND COURSES AT EL COLEGIO DE MÉXICO FOR 1 OR 2 SEMESTERS

EL COLEGIO DE MÉXICO

UNIVERSITY INFORMATION	
Name	El Colegio de México, A. C. (Colmex)
City and country	Mexico City, Mexico
Website	www.colmex.mx
Basic and current information	El Colegio de México is an outstanding social science and humanities research and teaching institute and has received numerous awards since its inception in 1940. The institution operates as a small public university and research center with a highly specialized faculty, an excellent academic library and a program of high level seminars and conferences on cutting edge issues of the contemporary world as well as in many academic disciplines. In order to fulfill its aims, El Colegio de México carries out research and teaching in various areas of specialization. Its seven academic centers offer degrees in the following fields: Masters and Doctoral degrees in History, Sociology, Economics, Political Science, Linguistics, Literature, Asian and African Studies, Urban Studies, Demography and Environmental Studies, a Master Program in Gender Studies, and undergraduate degrees in International Relations, Public Administration and Economics. Other specialized courses are also regularly offered, including a series of wide-ranging and popular summer courses.
ACADEMIC EXCHANGE OFFICE (OIA)	

留学プログラム　奨学金　渡航の準備

日本語　English

全学交換留学 協定校一覧

各大学名をクリックすると、大学ごとの情報やFact Sheet（Information Sheet）がご覧いただけます。

台湾/Taiwan

国立陽明交通大学/National Yang Ming Chiao Tung University
国立台湾大学/National Taiwan University (NTU)

中国/China

上海交通大学/Shanghai Jiao Tong University
浙江大学/Zhejiang University
南京大学/Nanjing University
復旦大学/Fudan University
北京大学/Peking University

クリックすると個別ページへ
Clicking here will take you to a new page

https://www.u-tokyo.ac.jp/adm/go-global/ja/program-list-USTEP-list.html

トップページ
最新情報はこちら

留学を計画しよう
留学までの流れ・先輩の例に学ぼう

留学プログラム
検索・一覧・留学体験記

奨学金
検索・一覧

渡航の準備
知るべきこと・すべきこと

連絡先・FAQ
ご質問はこちら

Search

（重要）できる限り最新の情報を本ウェブサイトに掲載していますが、協定校により要件等が予告なく変更される場合があります。全学交換留学に応募する場合、必ずFact Sheet（Information Sheet）や協定校のウェブサイトをご自身の責任でご確認ください。

シンガポール国立大学(NUS)/National University of Singapore(NUS)

概要 / Overview

シンガポール国立大学（NUS）は1905年に設立されたシンガポールの国立大学である。当初は小規模なメディカルスクールだった。シンガポール南西部のKent Ridgeのほか、Bukit TimahとOutramという3つのキャンパスを持つ。13の学部（Undergraduate School）、4つのGraduate Schoolが存在する。日本を含む12の海外拠点でも、The NUS Overseas Colleges (NOC)というプログラムを運営している。

Website

http://www.nus.edu.sg/

ここ / Here

Fact Sheet (Information Sheet)

2022/02/18更新 Fact Sheet(Information Sheet)

留学体験記/Student Reports

この協定校の留学体験記/Student reports of this university

Reports in English are marked with [EN].

（参考）体験記へのリンク / (FYI) Link to the students' report page.

Photo

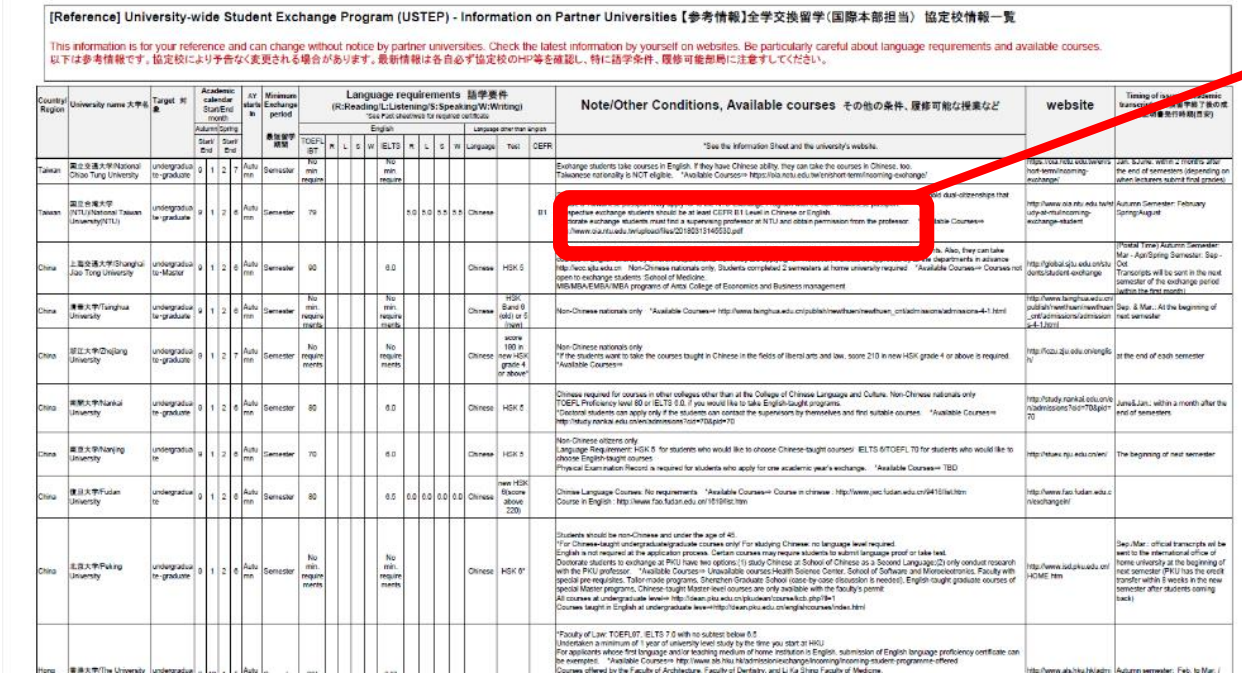
協定校選び【応募資格】/How to choose a university【Eligibility】

①協定校情報一覧

②Factsheet (Information sheet)

③協定校のウェブサイト

Partner university’s website



[Reference] University-wide Student Exchange Program (USTEP) - Information on Partner Universities【参考情報】全学交換留学（国際本部担当） 協定校情報一覧

This information is for your reference and can change without notice by partner universities. Check the latest information by yourself on websites. Be particularly careful about language requirements and available courses.
以下は参考情報です。協定校により予告なく変更される場合があります。最新情報は各自必ず協定校のHP等を確認し、特に語学条件、履修可能部局に注意してください。

Country/Region	University name 大学名	Target 対象	Academic calendar Start/End month: Autumn Start	Autumn End	Spring Start	Spring End	AY starts in	Minimum Exchange period 最短留学期間	Language requirements 語学要件 (R:Reading/L:Listening/S:Speaking/W:Writing) *See Past sheet/web for required certificate: English TOEFL iBT	R	L	S	W	IELTS	R	L	S	W	Language other than English: Language	Test	CEFR	Note/Other Conditions, Available courses その他の条件、履修可能な授業など *See the Information Sheet and the university's website.	website	Timing of application/transcript 申請・成績書発行時期(目安)
Taiwan	國立交通大學National Chiao Tung University	undergraduate-graduate	9	1	2	6	Autumn	Semester	No min require					No min require								Exchange students take courses in English. If they have Chinese ability, they can take the courses in Chinese, too. Taiwanese nationality is NOT eligible. *Available Courses=> https://isa.nctu.edu.tw/en/short-term/incoming-exchange/	https://isa.nctu.edu.tw/en/short-term/incoming-exchange/	Jan. to June: within 2 months after the end of semesters (depending on when lecturers submit final grades)
Taiwan	國立台灣大學(NTU)National Taiwan University(NTU)	undergraduate-graduate	9	1	2	6	Autumn	Semester	79						5.0	5.0	5.5	5.5	Chinese		B1	[illegible] dual-citizenships that [illegible] spective exchange students should be at least CEFR B1 Level in Chinese or English. [illegible] ionate exchange students must find a supervising professor at NTU and obtain permission from the professor. [illegible] /www.oia.ntu.edu.tw/upload/files/20180313140530.pdf [illegible] ble Courses=>	http://www.oia.ntu.edu.tw/en/study-at-ntu/incoming-exchange-student	Autumn Semester: February Spring/August
China	上海交通大学Shanghai Jiao Tong University	undergraduate-Master	9	1	2	6	Autumn	Semester	90					6.0					Chinese	HSK 5		[illegible] ch; Also, they can take [illegible] departments in advance. http://wcc.sjtu.edu.cn Non-Chinese nationals only. Students completed 2 semesters at home university required *Available Courses=> Courses not open to exchange students: School of Medicine; MBS/MBA/EMBA/MBA programs of Antai College of Economics and Business management	http://global.sjtu.edu.cn/study/student-exchange	(Postal Time) Autumn Semester: Mar - Apr/Spring Semester: Sep - Oct. Transcripts will be sent in the next semester of the exchange period (within the first month)
China	清華大学Tsinghua University	undergraduate-graduate	9	1	2	6	Autumn	Semester	No min. requirements					No min. requirements					Chinese	HSK Band 6 (old) or 5 (new)		Non-Chinese nationals only *Available Courses=> http://www.tsinghua.edu.cn/publish/newthuen/newthuen_cnt/admission/admission-4-1.html	http://www.tsinghua.edu.cn/publish/newthuen/newthuen_cnt/admission/admission-4-1.html	Sep. & Mar.; At the beginning of next semester
China	浙江大学Zhejiang University	undergraduate-graduate	9	1	2	7	Autumn	Semester	No requirements					No requirements					Chinese	score 180 in new HSK grade 4 or above*		Non-Chinese nationals only *If the students want to take the courses taught in Chinese in the fields of liberal arts and law, score 210 in new HSK grade 4 or above is required. *Available Courses=>	http://iczu.zju.edu.cn/english/	at the end of each semester
China	南開大学Nankai University	undergraduate-graduate	9	1	2	6	Autumn	Semester	80					6.0					Chinese	HSK 5		Chinese required for courses in other colleges other than at the College of Chinese Language and Culture. Non-Chinese nationals only TOEFL Proficiency level 80 or IELTS 6.0. If you would like to take English-taught programs. *Doctoral students can apply only if the students can contact the supervisors by themselves and find suitable courses. *Available Courses=> http://study.nankai.edu.cn/en/admissions?cid=70&pid=70	http://study.nankai.edu.cn/en/admissions?cid=70&pid=70	June&Jan.; within a month after the end of semesters
China	南京大学Nanjing University	undergraduate	9	1	2	6	Autumn	Semester	70					6.0					Chinese	HSK 5		Non-Chinese citizens only Language Requirement: HSK 5 for students who would like to choose Chinese-taught courses/ IELTS 6/TOEFL 70 for students who would like to choose English-taught courses. Physical Examination Record is required for students who apply for one academic year's exchange. *Available Courses=> TBD	http://isuwc.nju.edu.cn/en/	The beginning of next semester
China	復旦大学Fudan University	undergraduate	9	1	2	6	Autumn	Semester	80					6.0	6.0	6.0	6.0	6.0	Chinese	new HSK 6(score above 220)		Chinese Language Courses: No requirements *Available Courses=> Course in chinese : http://www.jwc.fudan.edu.cn/9416/list.htm Course in English : http://www.fao.fudan.edu.cn/1618/list.htm	http://www.fao.fudan.edu.cn/exchange/en/	
China	北京大学Peking University	undergraduate-graduate	9	1	2	6	Autumn	Semester	No min. requirements					No min. requirements					Chinese	HSK 6*		Students should be non-Chinese and under the age of 45. *For Chinese-taught undergraduate/graduate courses only! For studying Chinese, no language level required. English is not required at the application process. Certain courses may require students to submit language proof or take test. Doctorate students to exchange at PKU have two options:(1) study Chinese at School of Chinese as a Second Language;(2) only conduct research with the PKU professor. *Available Courses=> Unpublishable courses:Health Science Center, School of Software and Microelectronics, Faculty with special pre-requisites. Tailor-made programs, Shenzhen Graduate School (case-by-case discussion is needed), English-taught graduate courses of special Master programs, Chinese-taught Master-level courses are only available with the faculty's permit. All courses at undergraduate level=> http://dean.pku.edu.cn/pkuoverseas/course/kcb.php?lx=1 Courses taught in English at undergraduate level=>http://dean.pku.edu.cn/englishcourses/index.html	http://www.isd.pku.edu.cn/HOME.htm	Sep./Mar.; official transcripts will be sent to the international office of home university at the beginning of next semester (PKU has the enroll transfer within 8 weeks in the new semester after students coming back)
Hong Kong	香港大学The University	undergraduate																				*Faculty of Law: TOEFL97, IELTS 7.0 with no subtest below 6.5 Undertaken a minimum of 1 year of university level study by the time you start at HKU For applicants whose first language and/or teaching medium of home institution is English, submission of English language proficiency certificate can be exempted. *Available Courses=> http://www.sis.hku.hk/admission/exchange/incoming/incoming-student-programme-offered Courses offered by the Faculty of Architecture, Faculty of Dentistry, and Li Ka Shing Faculty of Medicine.	http://www.sis.hku.hk/admi	Autumn semester: Feb. to Mar. /

クリックすると協定校のウェブサイトへ

Click to jump to the partner university’s website

Go Globalウェブサイトにも協定校のウェブサイトが載っています

You can find partner university’s website through Go global website too.

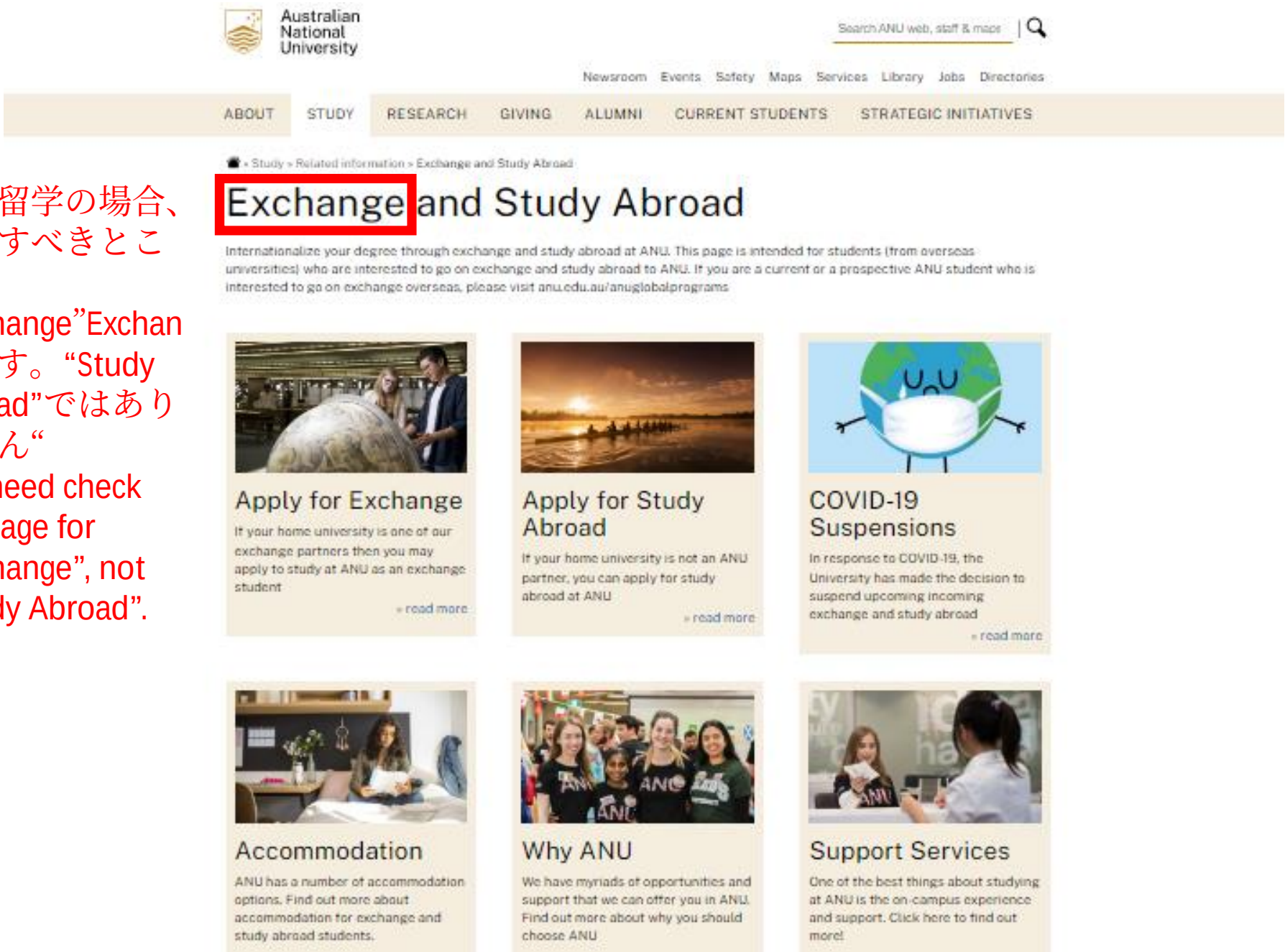
https://www.u-tokyo.ac.jp/adm/go-global/ja/program-list-USTEP-list.html

（例）オーストラリア国立大学の交換留学に関するウェブサイト

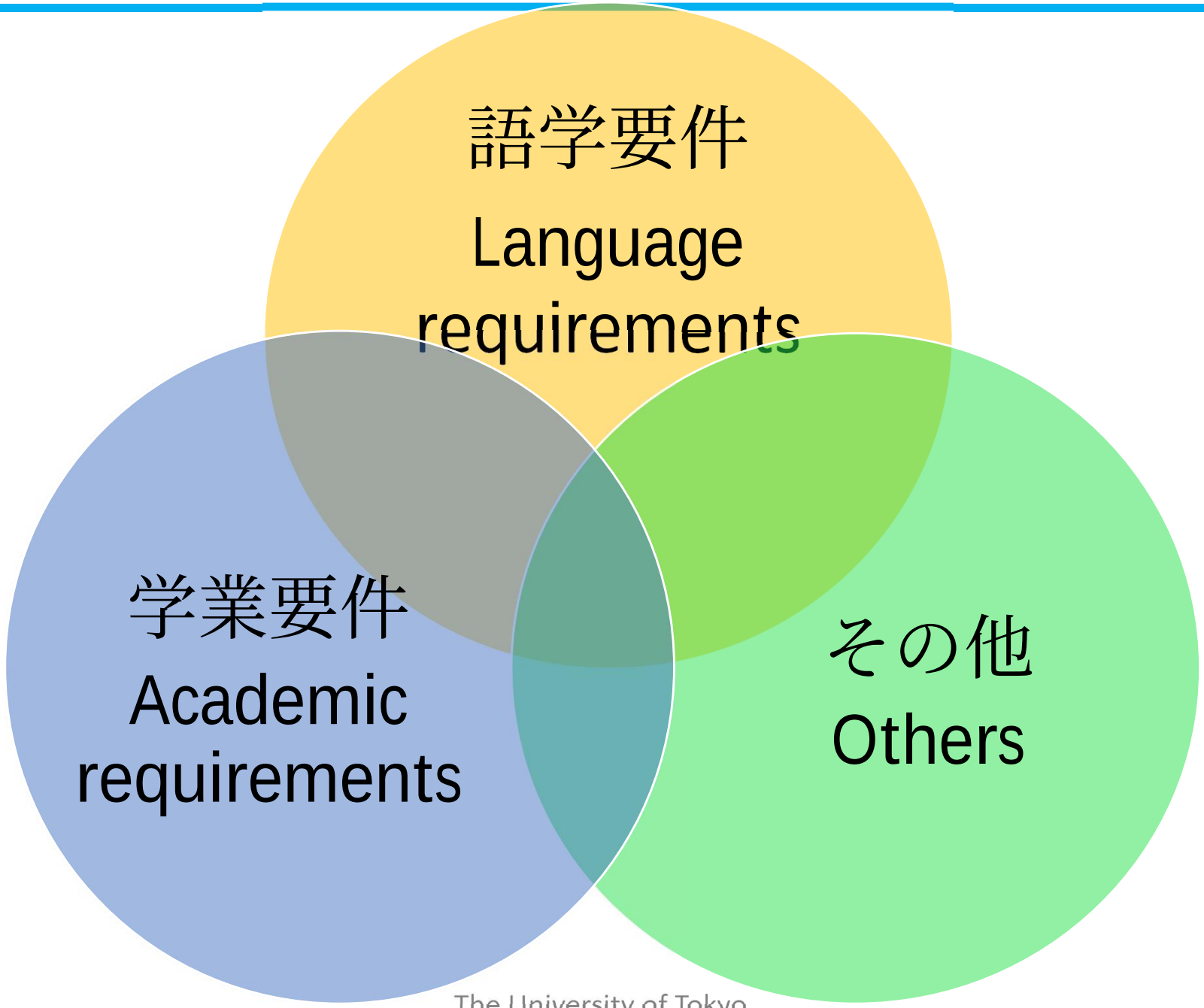
(Example) ANU’s webpage on exchange programs.

交換留学の場合、参照すべきところは“Exchange”Exchangeです。“Study Abroad”ではありません“

You need check the page for “Exchange”, not “Study Abroad”.



協定校選び【応募資格】/How to choose a university【Eligibility】



協定校選び【応募資格】/How to choose a university【Eligibility】

○語学要件：募集要項をよく確認してください。

- 学内選考通過後、協定校への推薦締切1か月前までに、協定校の語学要件を満たすこと。(重要：FAQのQ1も要確認！)
  注意：応募する学部・研究科やDepartmentによって要件が異なる場合がある

- 学内申請時には語学能力証明書の提出は必須ではない。

FAQ https://www.u-tokyo.ac.jp/adm/go-global/ja/application-tips-USTEP_FAQ

○Language requirements : Please read the Application Guidelines carefully

- You need to meet the language requirements of the partner university at least by one month before the nomination deadline of each partner university after passing the internal screening.（Important: Check it out!→FAQ,Q1）

Note: Requirements may vary depending on the faculty, graduate school, or department.

- Submitting a language proficiency certificate when you apply through UTAS is not mandatory.

協定校選び【応募資格】/How to choose a university【Eligibility】

○学業要件

- 成績
- 学年・東京大学で履修した学期数
- 所属学部・専攻

○ Academic requirements

- Grades
- School year, semesters completed at UTokyo
- Current major, affiliation

よくある質問「GPAについて」はFAQページのQ3を参照。
For frequently asked questions "About GPA" see Q3 on the FAQ page.

https://www.u-tokyo.ac.jp/adm/go-global/ja/application-tips-USTEP_FAQ

協定校選び【応募資格】/How to choose a university【Eligibility】

○その他

- 留学学期数 ex. 半年留学希望→“１年間のみ申請可”の協定校は不可
- 国籍条件 ex. 中国国籍保有→北京大学、清華大学 etc.には行けない
- 学部制限 ex. ワシントン大学、UCL etc.

○ Others

- Restricted semesters e.g. wish to study only half year → cannot apply for some universities that only accept “full academic year” students
- Nationality e.g. Chinese nationals are not eligible for programs at Peking University, Tsinghua University, etc.
- Some have restrictions in available departments e.g. University of Washington, UCL etc.

協定校選び/How to choose a university

○過去の応募状況
Number of applicants and accepted

https://www.u-tokyo.ac.jp/adm/go-global/ja/program-list-USTEP.html

○留学体験記/USTEP student report

https://www.u-tokyo.ac.jp/adm/go-global/ja/report-list-USTEP.html

注意事項 / Note

〇学内選考通過後、協定校側で審査を行う
→協定校の要件を満たしていない場合受入不可となる可能性がある
→申請前に必ず要件を満たすか確認！！
■希望する学部・学科の定める語学要件を満たしている？
（Language requirement）
■学ぶことのできない学部・学科の履修を希望していないか？
（Restrictions）

〇 After passing the internal screening process at the UTokyo, your partner university will review your application documents.
→ You may not be accepted if you do not meet requirements.
→ Thus, you must check whether you meet the requirements before application for the internal screening.
■ Do you meet the requirements, specifically language requirements, set by the Faculty you would like to attend?
■ Is the Faculty you would like to attend open to all exchange students, not restricted?

問い合わせ先 / Contact

○質問は必ず**所属学部・研究科の国際交流担当窓口へ**

○協定校へ直接質問しないでください
（ただし、大学院学生による指導希望教員への事前連絡は推奨）

○過去の留学経験者に連絡を取りたい場合は
本部国際教育推進課へ（studyabroadfair.adm[at]gs.mail.u-tokyo.ac.jp)

○ Inquiries are to be made to the international exchange section of the college/faculty/graduate school that you belong to

○ Inquiries should NOT be made directly to the partner universities (however, we recommend that graduate students contact a professor at the partner university that they would like to be supervised by in advance)

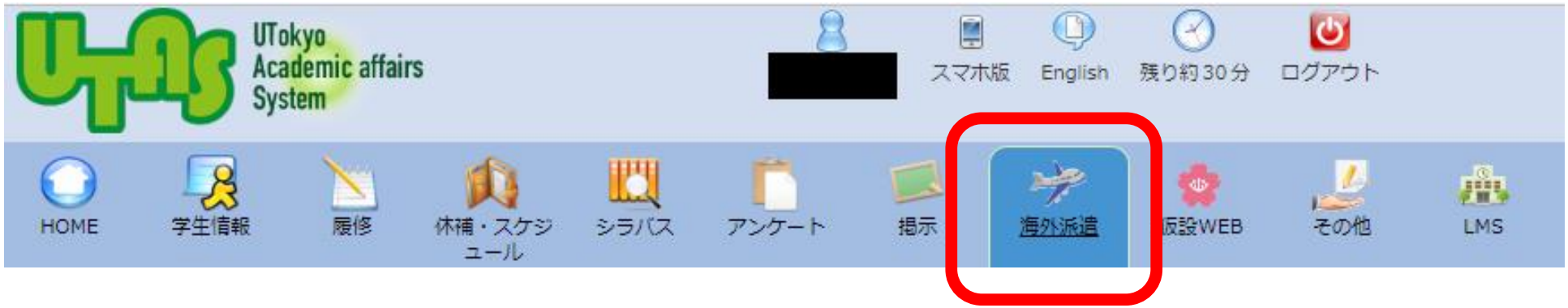
○ For contact details of past USTEP participants, contact the International Education Promotion Group
: studyabroad.adm[at]gs.mail.u-tokyo.ac.jp

Part 3

ミスなく申請書を作成しよう
Application - Let's prepare your application without making mistakes.

UTASにログインする。
タブ「海外派遣」をクリックする。

Log in to UTAS.
Click on the tab "Overseas Study".

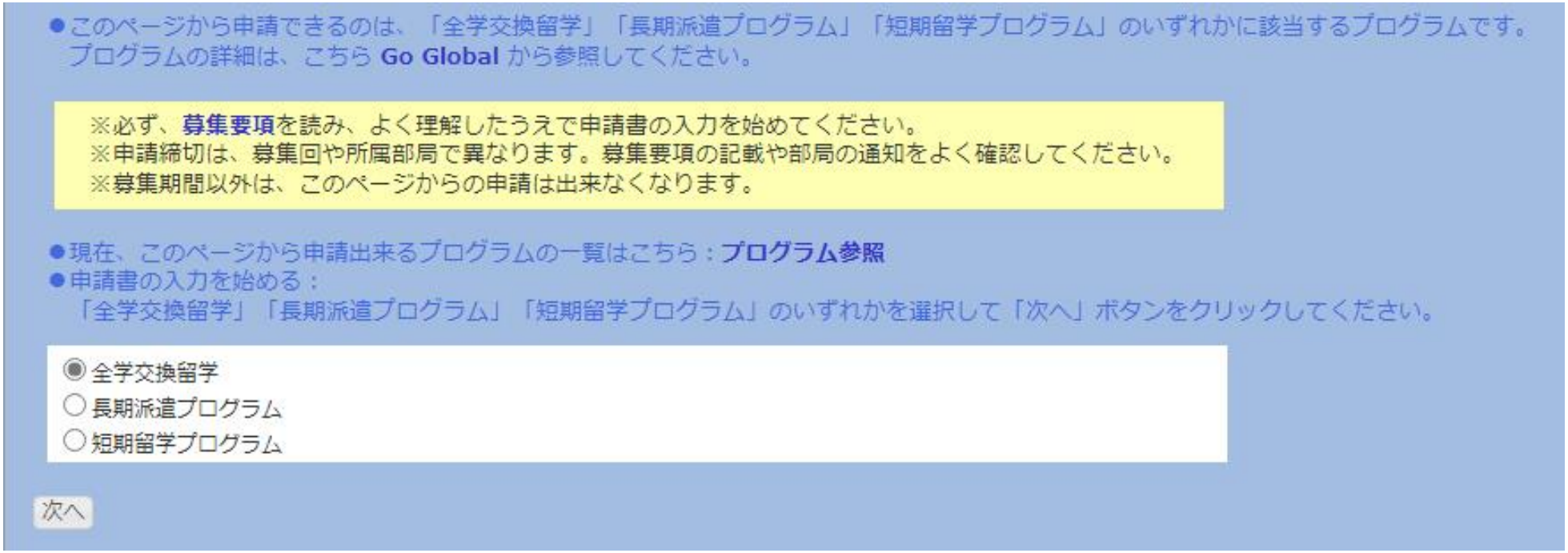


PC版にログインしましょう。スマホ版では表示されません。

Log in to the PC version. This tab will not appear in the mobile version.

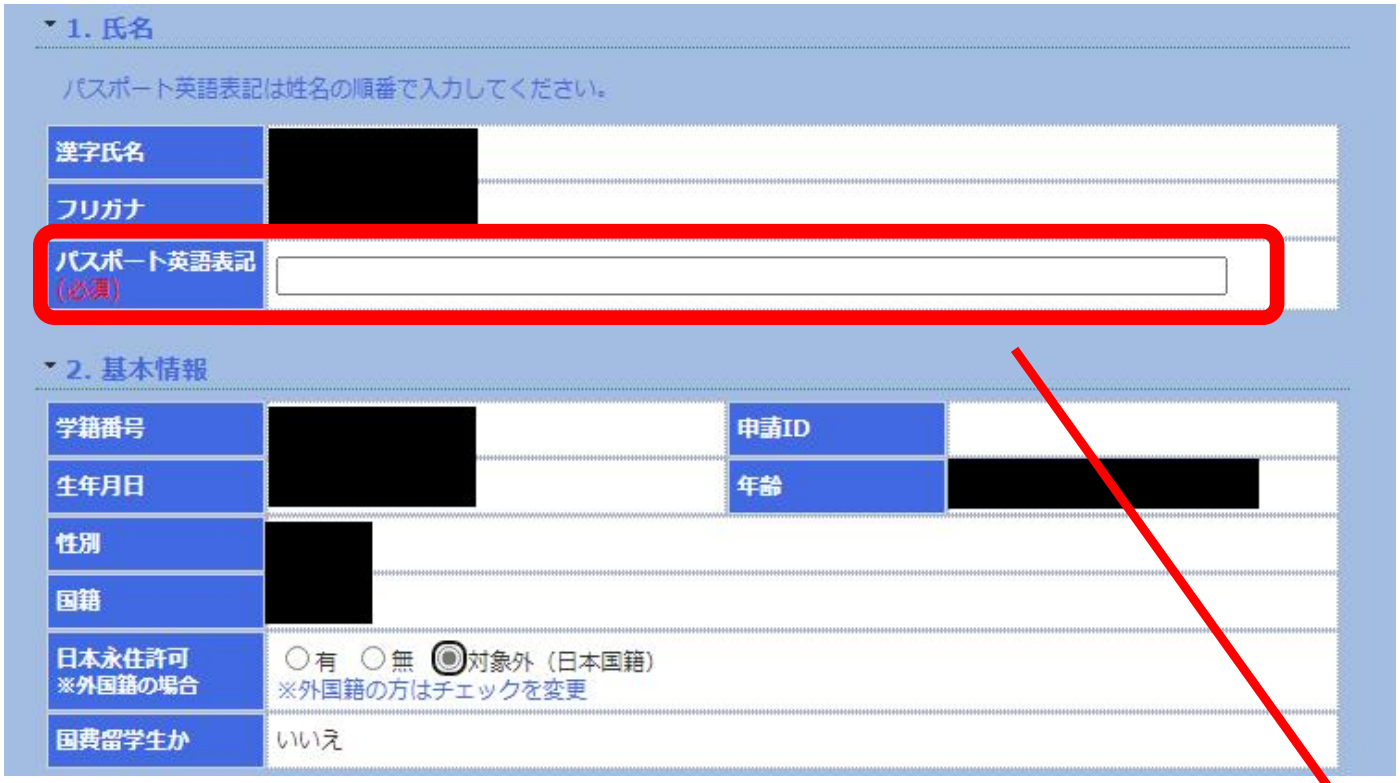
「全学交換留学」を選びましょう。

In the English mode, please choose “University-wide Student Exchange Program (USTEP)”.



基本情報の多くは自動表示です。内容を確認し、必要なら修正しましょう。（所属学部・研究科の担当部署への連絡が必要です。）

Most of your personal information will be shown automatically. Check the content and make necessary correction, if any. (For this, you need to contact the relevant office of your affiliated College, Faculty, or Graduate School.)



パスポート番号ではありません。

This is NOT your passport number.

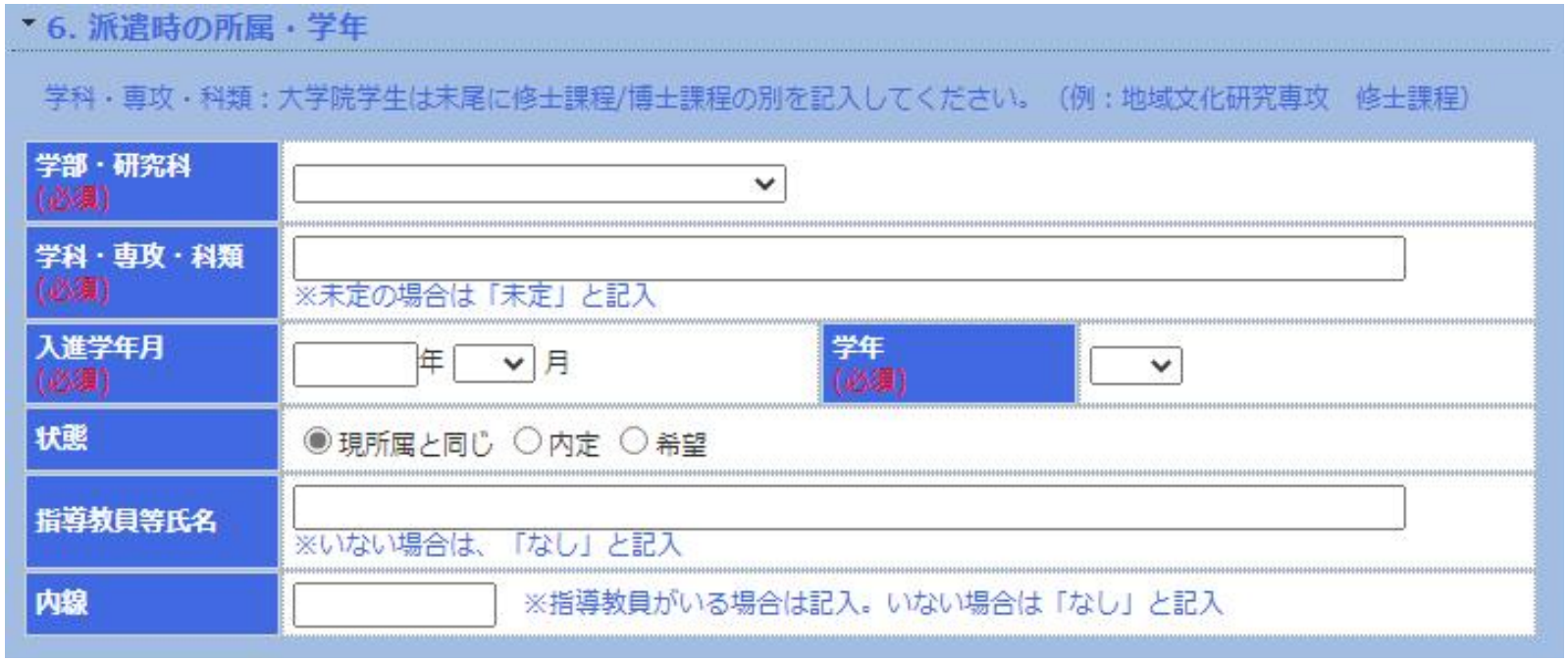
基本情報の多くは自動表示です。内容を確認し、必要なら修正しましょう。（所属学部・研究科の担当部署への連絡が必要です。）

Most of your personal information will be shown automatically. Check the content and make necessary correction, if any. (For this, you need to contact the relevant office of your affiliated College, Faculty, or Graduate School.)

注意：学内選考中や、通過後に国際教育推進課から連絡を行う連絡先なので、よく使うメールアドレスを登録してください。PCアドレスが望ましい。

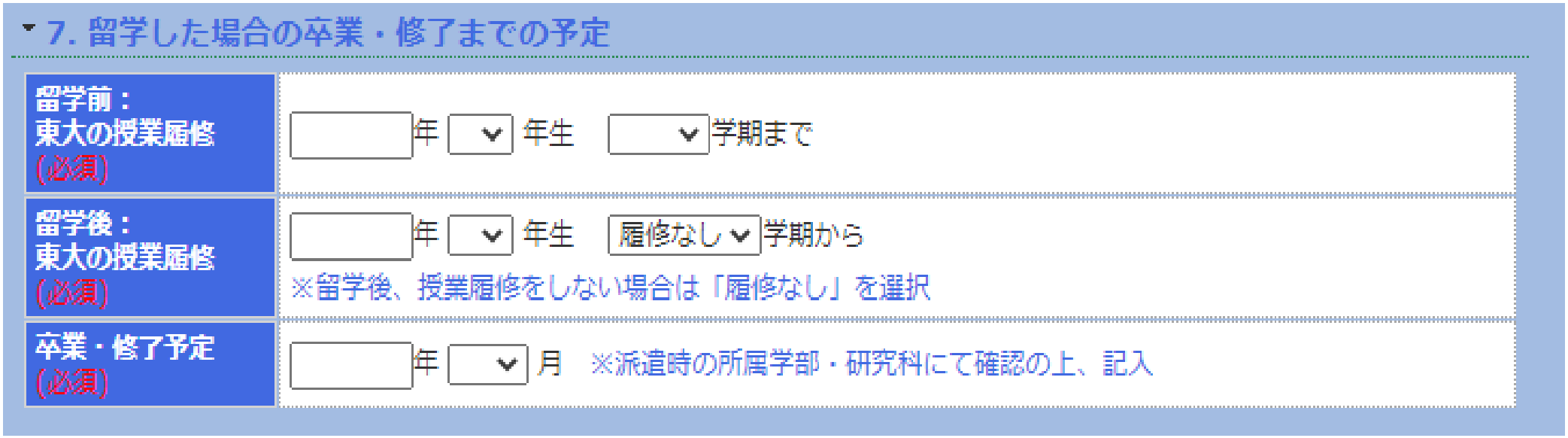
Note: This will be the contact information we will use during the on-campus selection process and after you have been accepted, so be sure to register an email address that you frequently use. PC address is preferred

これ以降の項目の多くは、自分で選択・記入していきます。正式名称を使うこと・正確な記述をすることを心がけましょう。
Most of the items after this are to be selected or filled in by you. Be sure to use the official name and to provide an accurate description.



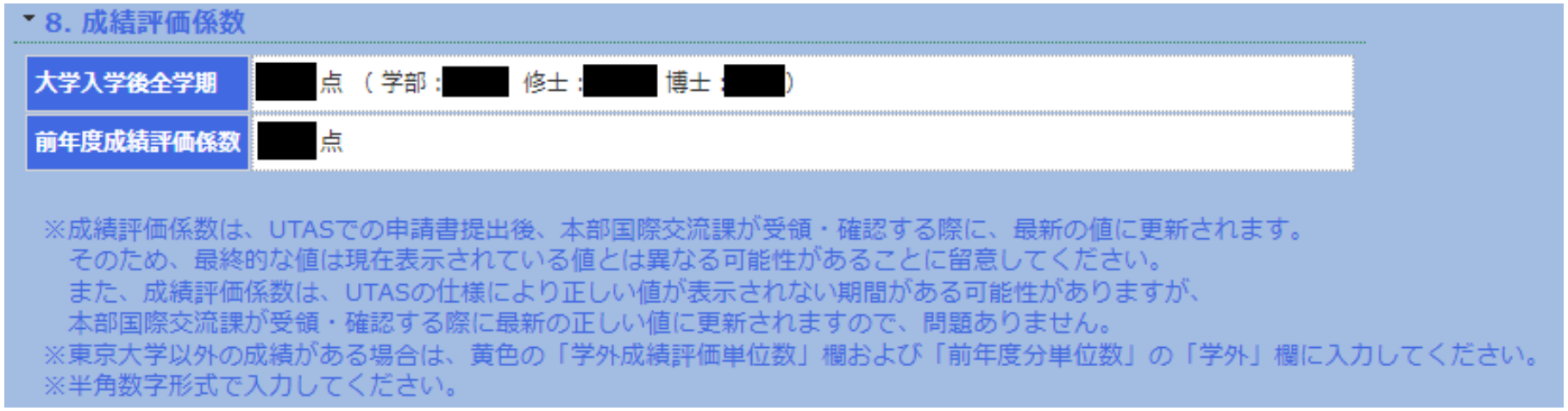
学修と卒業・修了に関わる内容なので、留学時の学部・研究科によく確認して記入しましょう。

The name of this section in English version is “Estimated Date of Graduation including Study Abroad Period”. As this section is related to your study plan and graduation and is very important, so please check with your affiliated College, Faculty, or Graduate School at the time of going abroad before filling in.



成績評価係数は自動表示です。ただし、他大学で学位を取得した方は、それに関する入力と再計算が必要です。（次のスライド参照）

The name of this section in English version is “Grading Coefficient”. The data will be displayed automatically. However, if you have degree(s) from institutions other than UTokyo, you need to fill in that data and click “Recalculating Grading Coefficient” button. (Please see the next slide.)



8. 成績評価係数

大学入学後全学期	[redacted]点 （学部：[redacted] 修士：[redacted] 博士：[redacted]）
前年度成績評価係数	[redacted]点

※成績評価係数は、UTASでの申請書提出後、本部国際交流課が受領・確認する際に、最新の値に更新されます。
そのため、最終的な値は現在表示されている値とは異なる可能性があることに留意してください。
また、成績評価係数は、UTASの仕様により正しい値が表示されない期間がある可能性がありますが、
本部国際交流課が受領・確認する際に最新の正しい値に更新されますので、問題ありません。
※東京大学以外の成績がある場合は、黄色の「学外成績評価単位数」欄および「前年度分単位数」の「学外」欄に入力してください。
※半角数字形式で入力してください。

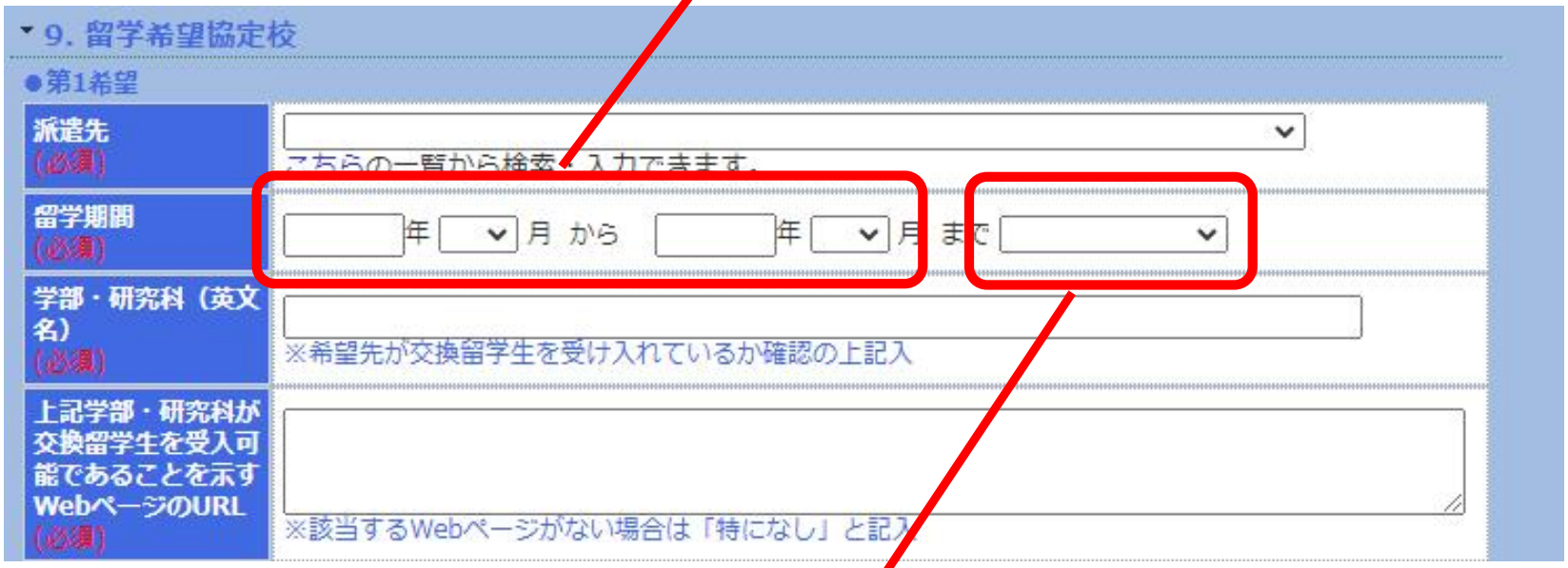
学外成績証明書（英文）の手配はお早めに！
Please arrange academic transcript(s) in English from institutions other than UTokyo as soon as possible!

②このボタンを押す。
Press this button.

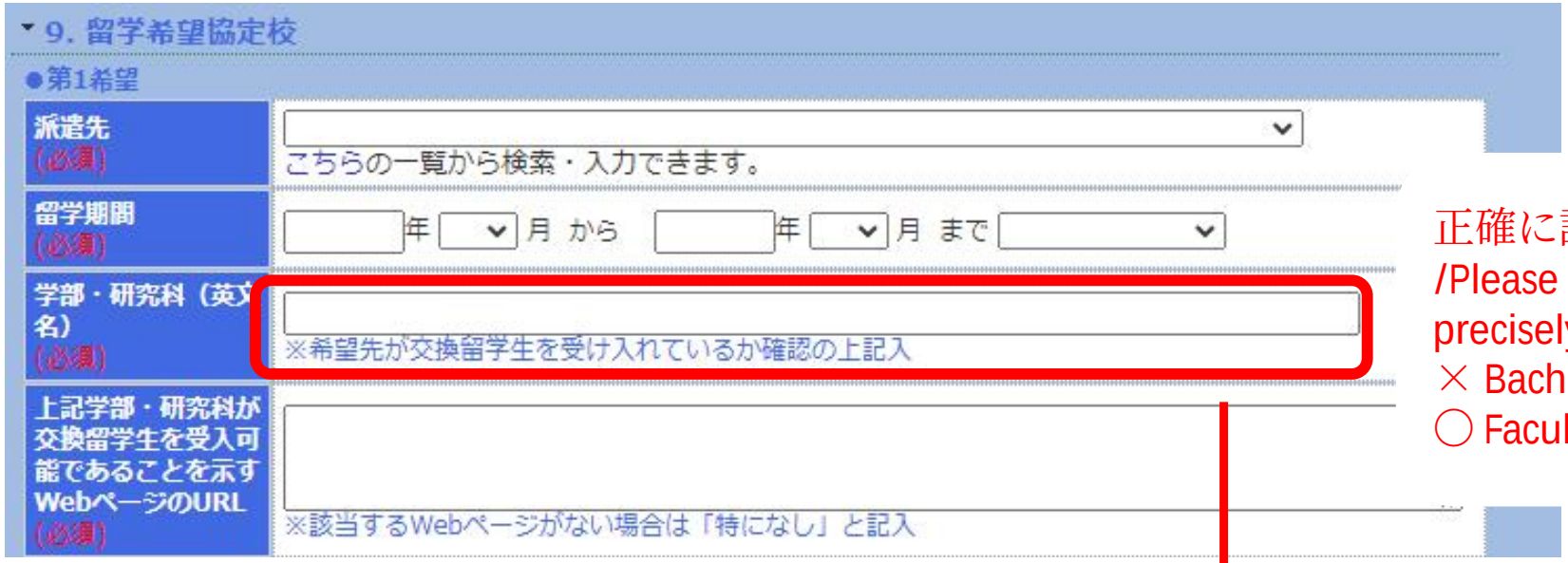
①これらの欄に単位数（授業数ではない）を入力して…
Please fill in the number of credits (not the number of courses), and…

学外成績証明書（英文）の手配はお早めに！
Please arrange academic transcript(s) in English from institutions other than UTokyo as soon as possible!

ファクトシート・協定校のアカデミックカレンダー等確認して記入する。
Please refer to the factsheet (information sheet) and academic calendar of the partner university before filling in.



プルダウンから選択する。セメスターの概念は、スライド10参照。
Select from the list. See slide 10 for the concept of a “semester”.

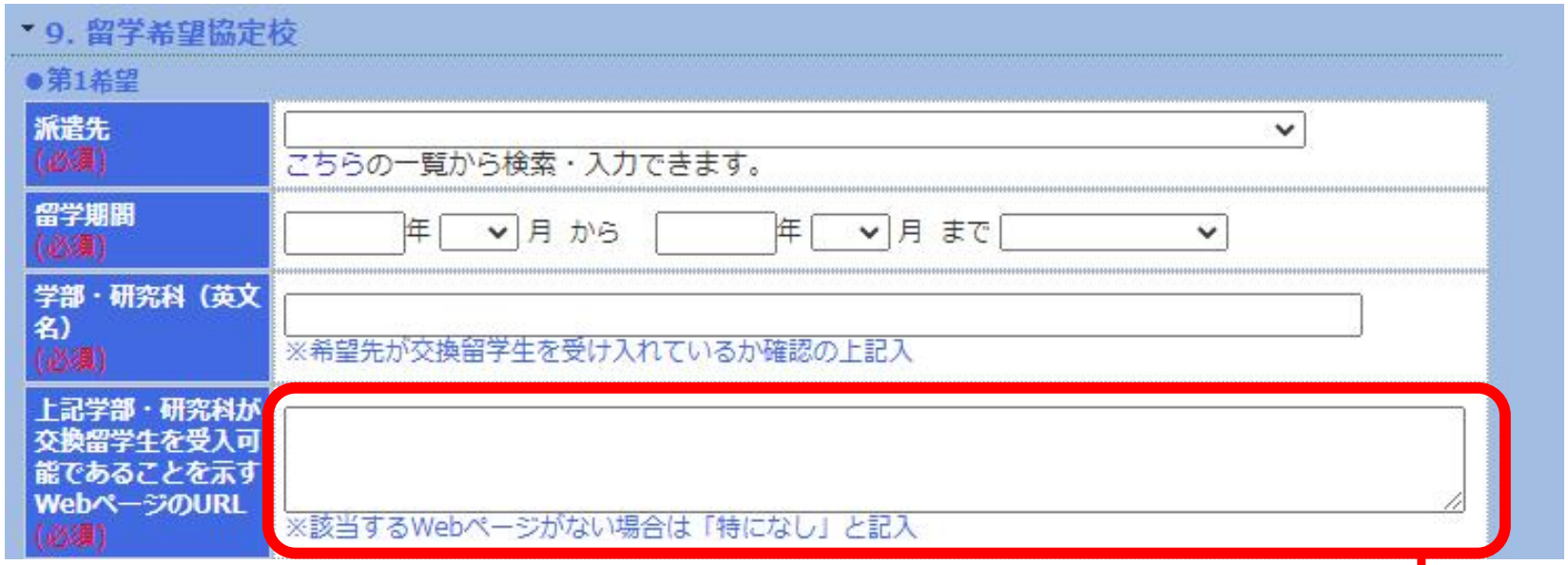


正確に詳しく正式名称で！
/Please use the official name precisely!
× Bachelor of Science
〇 Faculty of environment

・学部・研究科がさらにdepartmentやschoolなどに分かれており、どこに所属するかが履修や受入要件に影響する場合、希望のdepartmentやschoolなどまで記入してください。
・複数の学部・研究科の希望があり、協定校が複数の希望を出すことを認めている場合は、希望するものすべてを記入してください。(e.g. コペンハーゲン大学)

・**記入した学部・研究科（及び**department**や**school**等）の、学内選考後の変更は不可**です。

- If the Faculty or Graduate school is further divided into departments or schools, and the department or school you will belong to will affect your registration for courses and admission requirements, please indicate the specific department or school you wish to study at.
- If you have more than one preference and the partner university allows you to submit more than one preference, please list all your preferences of Faculty of Graduate school.
（e.g. University of Copenhagen ）
- You are not allowed to change the Faculty or Graduate school which you filled in after you have been selected in the internal screening.



× 協定校が交換留学生を受け入れていることを示したwebページのURL

× 記入した学部・研究科が存在することを示したwebページのURL

○記入した学部・研究科が、交換留学生を受け入れていることを示したwebページのURL

○（ファクトシートに受け入れ学部・研究科の明記がある場合のみ）Go Globalウェブサイトに掲載したファクトシートのURL

× The URL of the web page indicating that the partner university accepts exchange students

× The URL of the web page that shows the existence of the Faculty/Graduate school you entered above

○The URL of the web page indicating that the Faculty/Graduate school you entered above accepts exchange students

○The URL of the fact sheet on the Go Global website (applicable to cases that the fact sheet clearly states the Faculty /Graduate school accepts exchange students)

（例）メルボルン大学の、交換留学生が学べる/学べない分野を明確に示したウェブサイト

（Example) The University of Melbourne's website. This clearly outlines the study areas which are available/not available to exchange students.

Explore our study areas

All subjects are detailed in the University Handbook including the subject code, subject description, relevant semester, prerequisites (if any) and assessment requirements.

Explore new areas of learning, such as Australian-based subjects, disciplines unavailable in your own home institution, or simply an elective that you have always wanted to study!

You can also extend your major discipline and add significantly to your knowledge with new perspectives.

Study areas

Select one of the following study areas for an overview of what you can study.

- Australian & Indigenous Studies
- Architecture & Built Environment Studies
- Business & Economics

Accounting	Finance
Business	Human resource management

Biomedicine

The following subjects are not open to Study Abroad and Exchange students:

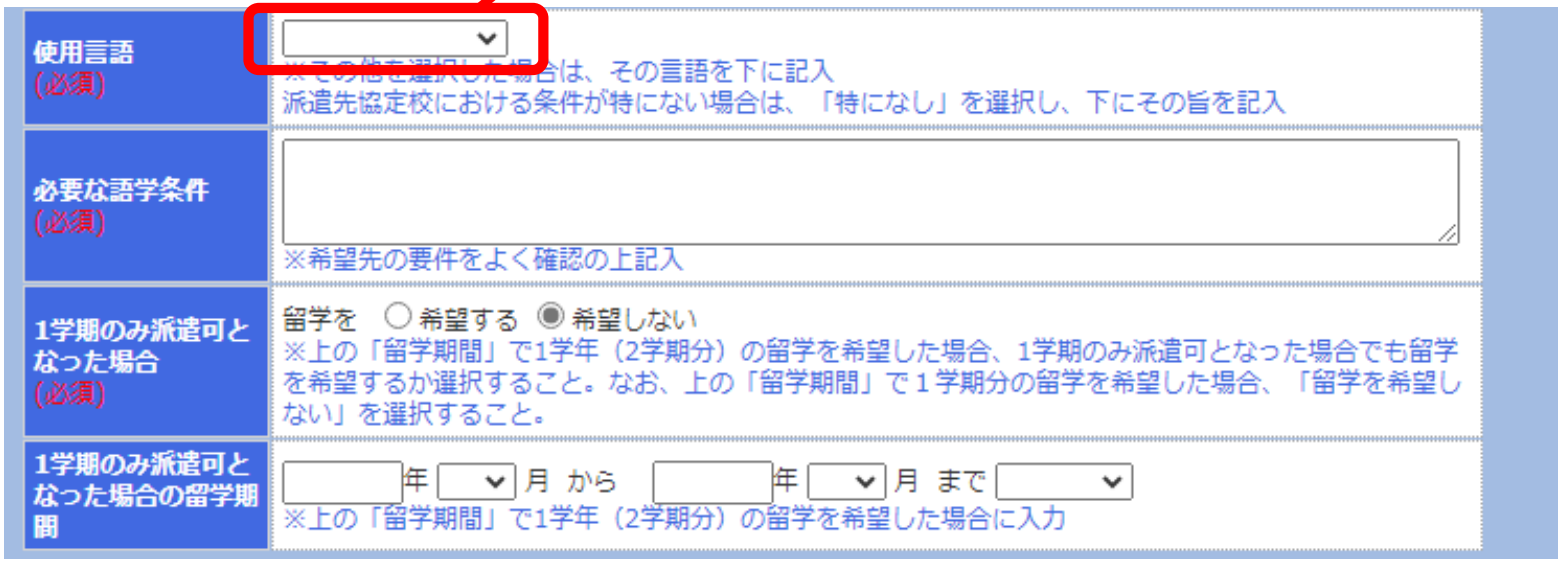
- BIOL10002 Biomolecules and Cells
- CHEM10006 Chemistry for Biomedicine
- BIOL10003 Genes and Environment
- PHYC10007 Physics for Biomedicine
- MAST10016 Mathematics for Biomedicine
- MAST10011 Experimental Design and Data Analysis
- BIOM20001 Molecular and Cellular Biomedicine
- BIOM20002 Human Structure and Function
- BIOM30002 Biomedicine: Molecule to Malady
- BIOM30001 Frontiers in Biomedicine.

Dentistry

Subjects offered by the Melbourne Dental School are not open to study abroad or exchange students.

協定校での学習・研究に使用する言語（※）を選択する。

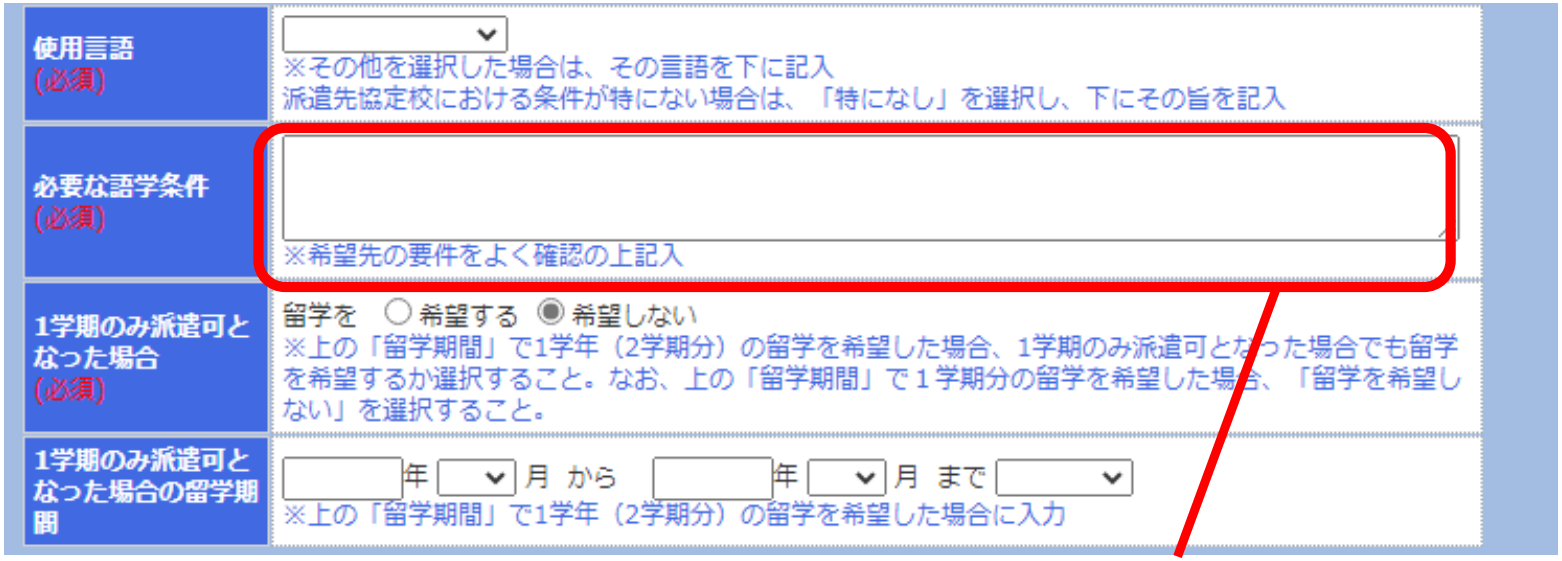
Select the language which you are going to use for study or research at the partner university.



使用言語 (必須)	※その他を選択した場合は、その言語を下に記入 派遣先協定校における条件が特にない場合は、「特になし」を選択し、下にその旨を記入
必要な語学条件 (必須)	※希望先の要件をよく確認の上記入
1学期のみ派遣可となった場合 (必須)	留学を ○希望する ◉希望しない ※上の「留学期間」で1学年（2学期分）の留学を希望した場合、1学期のみ派遣可となった場合でも留学を希望するか選択すること。なお、上の「留学期間」で１学期分の留学を希望した場合、「留学を希望しない」を選択すること。
1学期のみ派遣可となった場合の留学期間	年 月 から 年 月 まで ※上の「留学期間」で1学年（2学期分）の留学を希望した場合に入力

（※）例えばドイツの協定校を希望していても、学習に用いる言語が英語のみの場合、「英語」を選択する。また、その場合、次の項目で記入する必要がある語学条件や、提出する語学能力証明書に、ドイツ語に関するものは不要となる。（協定校側が、「交換留学生は全員ドイツ語スコア〇〇以上」と定めているといったケースは、この例外となる。）

For example, if you wish to study at a partner university in Germany, but the only language which you are going to use for study is English, select "English". In such a case, the language requirements that need to be filled in in the next question and the document to prove your language ability to be submitted will not need related to German. (An exception to this rule is if the partner university requires that all exchange students have a German score of XXX or above.)



その言語で学習・研究する交換留学生に、協定校が求める要件を具体的に記載する。

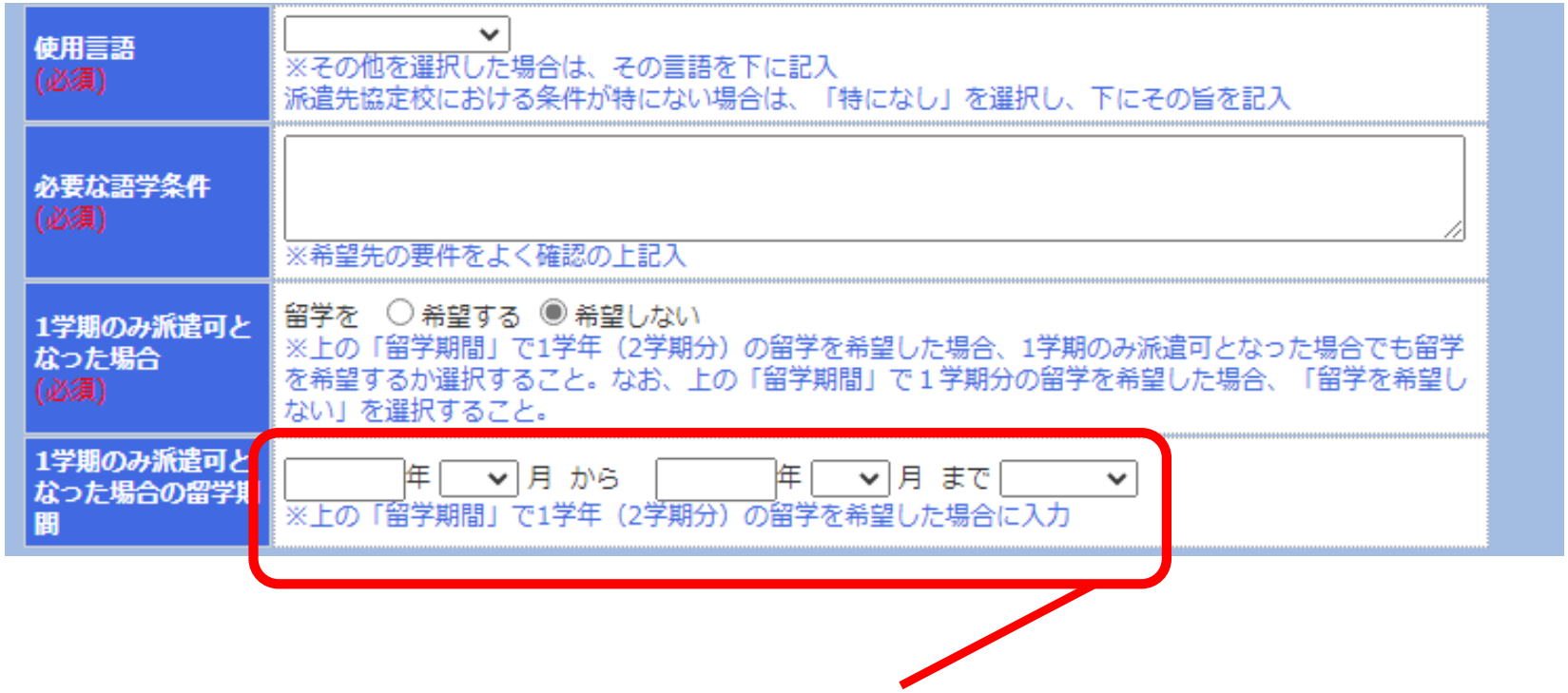
【注意】

- 必須でなく“推奨”や“目安”の要件でも、「協定校が定めている要件」として、満たすことが必要。（1点でも足りなければ不可。）
- Overall score だけでなく、band/component scoreが設定されていることも多い。
- 学部・研究科や、履修希望のコースごとに語学条件がある場合は、自身の希望に応じて、それらの語学条件を、協定校への推薦前までに満たす必要がある。

Specify the specific requirements of the partner university for exchange students who are planning to study or research in that language.

【Note】

- Even if a requirement is just "recommended" or "suggested", it must be fulfilled. (If even one point is missing, it is not acceptable.)
- In many cases, band/component scores are set in addition to the overall score.
- If there are language requirements for each Faculty/Graduate school, or courses you wish to take, you will need to fulfill those language requirements before you will be nominated to the partner university, depending on your own preferences.



使用言語 (必須)	※その他を選択した場合は、その言語を下に記入 派遣先協定校における条件が特にない場合は、「特になし」を選択し、下にその旨を記入
必要な語学条件 (必須)	※希望先の要件をよく確認の上記入
1学期のみ派遣可となった場合 (必須)	留学を ○希望する ◉希望しない ※上の「留学期間」で1学年（2学期分）の留学を希望した場合、1学期のみ派遣可となった場合でも留学を希望するか選択すること。なお、上の「留学期間」で１学期分の留学を希望した場合、「留学を希望しない」を選択すること。
1学期のみ派遣可となった場合の留学期間	年 月 から 年 月 まで ※上の「留学期間」で1学年（2学期分）の留学を希望した場合に入力

主な注意事項は、スライド49の説明と同じ。

The main precautions are the same as those described on slide 54.

いずれかに入力する必要があります。
You must enter one of these.

10. 語学能力

●TOEFL iBT・IELTS提出スコア ※半角数字形式で入力してください。

	R	L	S	W	Total	受験年月日
TOEFL iBT					(自動計算)	
IELTS						

① TOEFL iBT、IELTSスコア提出不要の場合の理由 ※スコアを提出しない場合、記入が必須

② ①の「TOEFL iBT、IELTSスコア提出不要」に該当し、かつ、英語による学位取得コースに現在在籍している場合、そのコース・プログラム名

●TOEFL iBT・IELTS以外の英語スコア・英語以外の言語の試験スコア等

1	資格		スコア等	
2	資格		スコア等	
3	資格		スコア等	
4	上記にない資格の場合、記入			

11. 併願状況

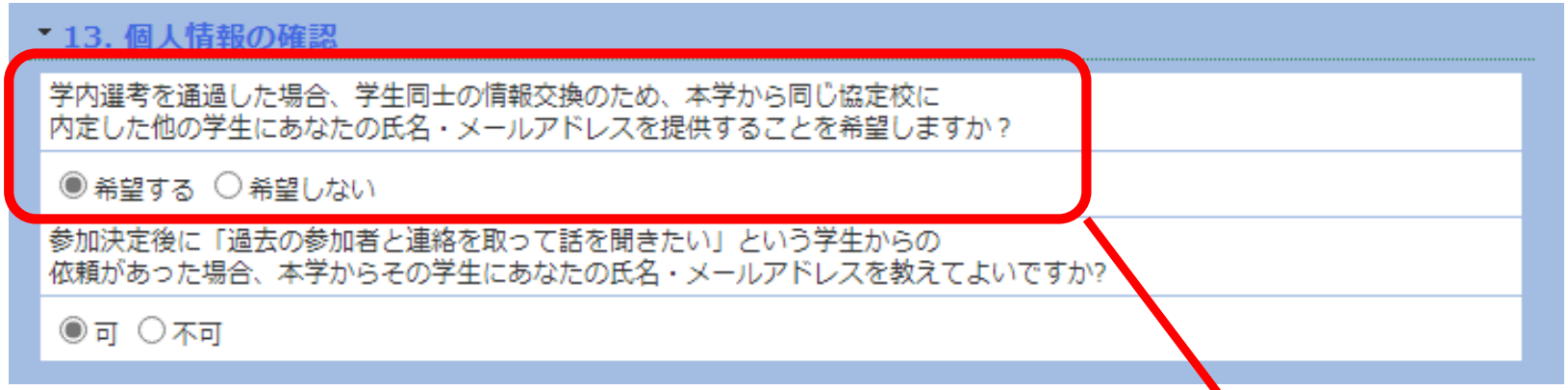
他の留学プログラムと併願している場合（予定も含む）は、プログラム名と留学先を記入してください。

12. 特記事項

以下について記入してください。

・「9.留学希望協定校」で、少なくとも第二希望まで選択し、そのいずれかにおいて、「1学期のみ派遣可となった場合：留学を希望する」を選択した際には、志望順位の高い協定校での1学期のみ派遣を希望する場合は「志望校優先」、志望順位が低くても1年の派遣を希望する場合は「期間優先」と明記すること。なおどちらを優先するかについて、協定校ごとに対応を変更することは認めません。
・特殊な学事歴を有する協定校を希望する場合は希望学期。
・申請時に留学中の場合は留学先・留学プログラム・留学期間。
・健康面に不安がある場合はその症状。

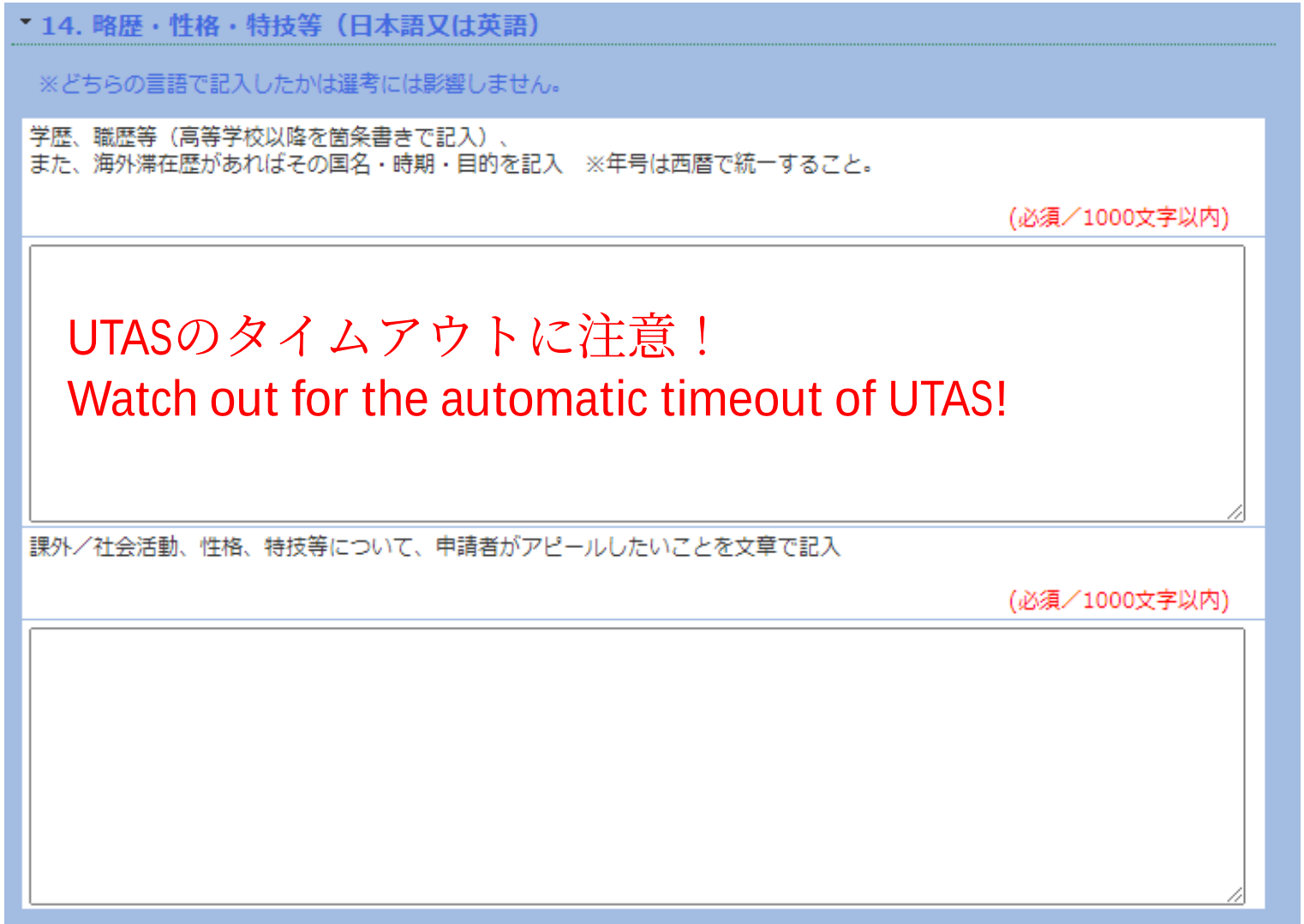
これに関する記載もれが多いので、注意しましょう。
There are many omissions regarding this. Please be careful.



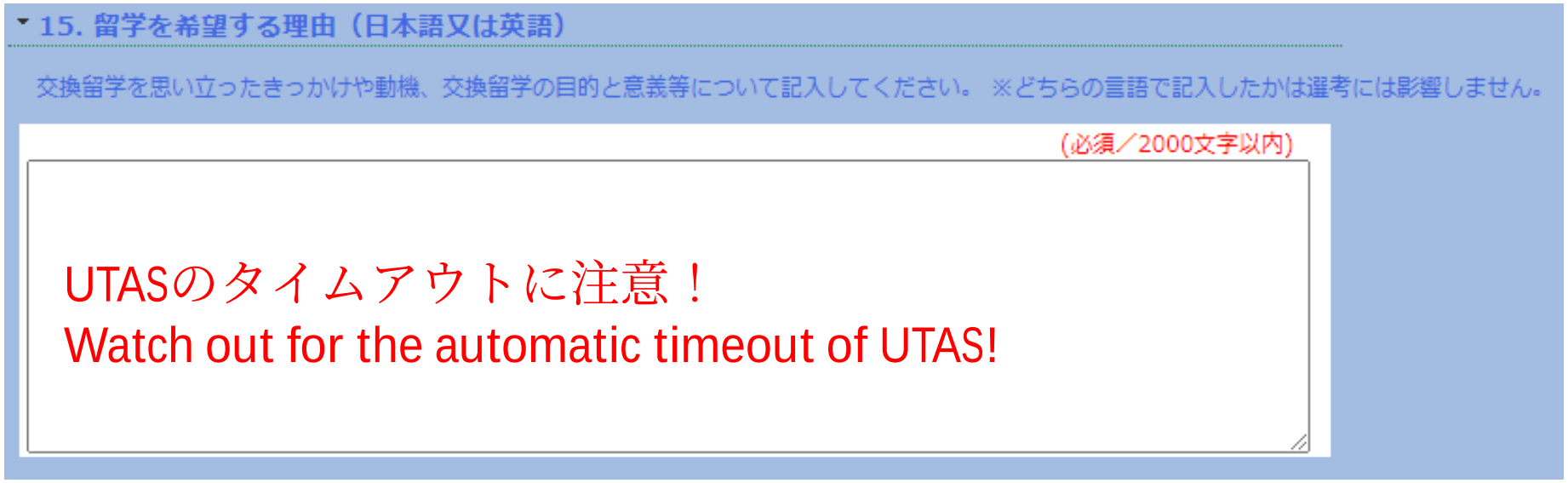
「希望する」を選択した方は、学内選考を通過した当該協定校への派遣予定学生に送付する申請手続きのご案内のメールを、互いに宛先が確認できる状態でお送りします。留学準備に向けた情報交換にご活用ください。

Those who select “Yes” will receive the e-mail with mutually identifiable e-mail addresses of the recipients, which will be sent to students who have passed the internal screening process, informing them of the application procedures to the partner university. Please use this opportunity to exchange information with other students in preparation for your study abroad.

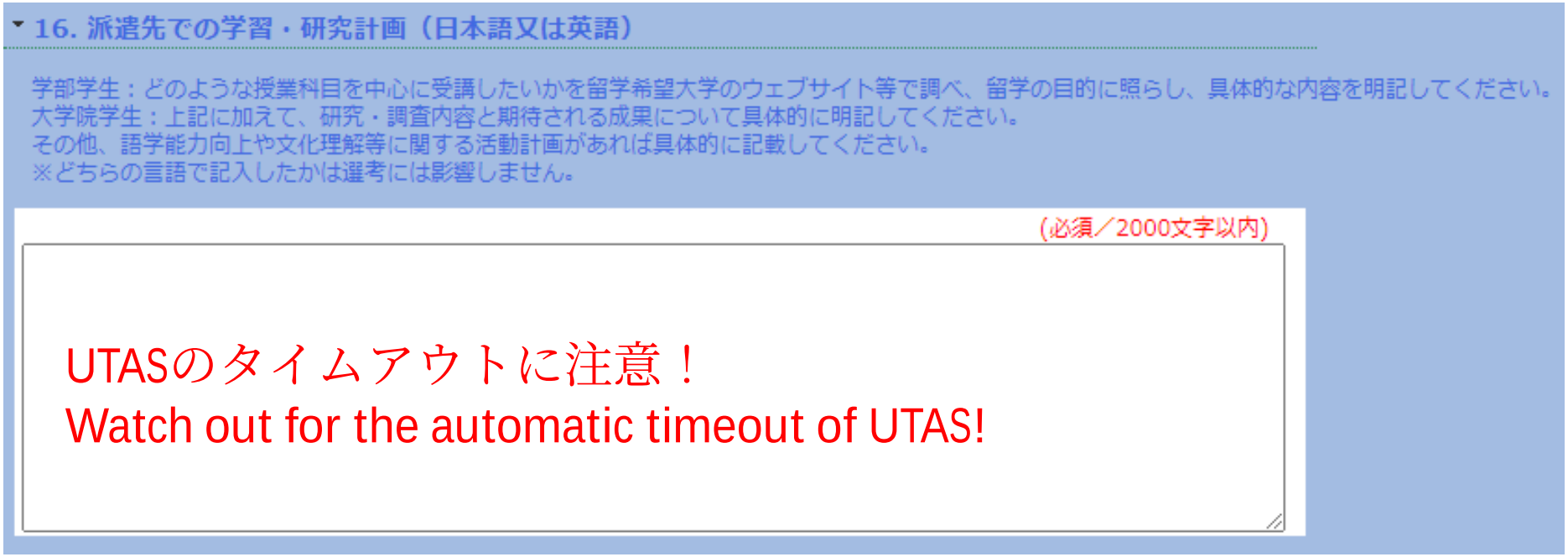
UTASに表示された説明に従って、記入していきましょう。
The name of this section in English version is “ Profile, Personality, Skills, etc.”. Please follow the instructions displayed on UTAS.



UTASに表示された説明に従って、記入していきましょう。
The name of this section in English version is “ Statement of Purpose or Reason Why you Wish to Study Abroad”. Please follow the instructions displayed on UTAS.



UTASに表示された説明に従って、記入していきましょう。
The name of this section in English version is “Research or Study Plan While at Your University of Choice”. Please follow the instructions displayed on UTAS.



- 具体的に書いてください。
- 志望する協定校すべてについて、学習・研究計画を記載してください。
- Please be specific.
- Please describe your study/research plan for all the partner universities you wish to apply to.

重要！！/ Important！！

募集要項「８．応募方法（２）応募時の注意事項⑪」より
Application Guidelines「8. Application Procedure,(2) Points to be noted⑪ 」

UTAS の記入項目「16. 派遣先での学習・研究計画」は、以下を全て満たすように記入すること。調べていることが読み取れず、希望する協定校の実際の授業科目名、具体的な履修・研究計画が未記載の場合は選考対象外となる。

・第 1～第 6 希望の協定校すべてについての履修計画を記入すること。
・どの授業科目を中心に受講したいかを協定校のウェブサイト等で調べ、実際の授業科目名を明記し、留学の目的に照らし、具体的な内容を明記すること。
・大学院学生はそれに加え、研究・調査内容と期待される成果について具体的に明記すること

For the "16. Research or Study Plan While at Your University of Choice" section in UTAS, please ensure that you meet all of the following requirements. Applications that do not clearly demonstrate your research or study plans, or that lack specific course names and detailed study/research plans at the desired partner institutions, will not be considered for selection.

*Provide a study plan for all partner universities ranked from your 1st to 6th preference.

- Research the specific courses you wish to take at each partner university through their website or other sources. Clearly state the actual course names and describe the details in relation to your study abroad objectives.
- * In addition, graduate students must also clearly outline their research/investigation topics and the expected outcomes.

よくある質問（派遣先での学習・研究計画 について）
One of FAQs regarding “Research or Study Plan While at Your University of Choice”

Q: 協定校で、東京大学での専攻分野と異なる分野の学部/研究科に所属したり、異なる分野の授業を履修したりすることはできますか。
Is it possible to be belong to a Faculty or Graduate school in a field which is different from my current major at UTokyo or take courses in a different field at a partner university?

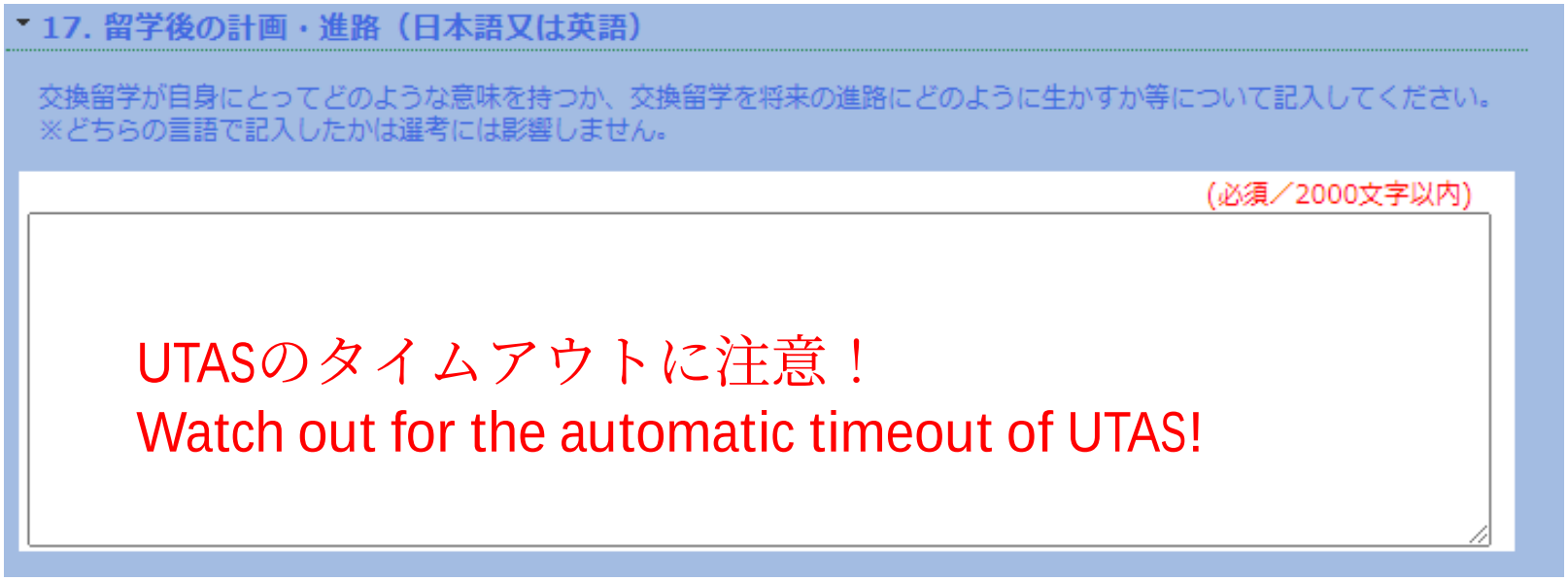
A: 次の条件を満たせば、不可能ではありません。
It is not impossible if the following conditions are met.

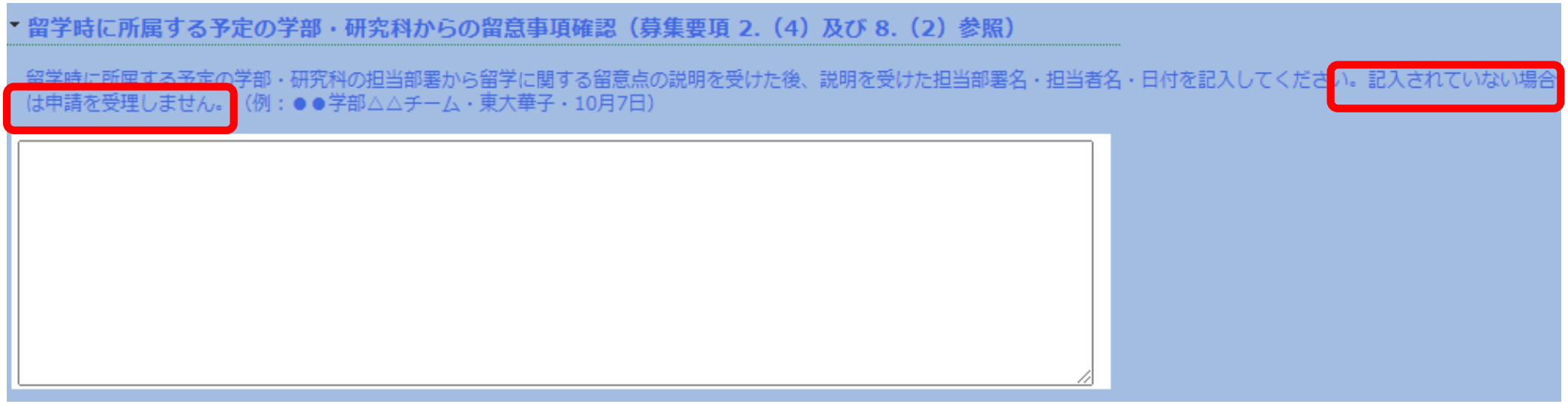
- 本学での**留学時の**所属学部/研究科が、そのような学習計画を認めること。（早めに本学での留学時の所属学部・研究科に相談！）
- 協定校で希望する学部/研究科や授業について、定められた要件を満たしていること。なお、関連するバックグラウンドや具体的な学習年数に関する要件があることが多い。（協定校の要件についての不明点は、早めに本学での**応募時点での**所属学部/研究科に相談！）

It is not impossible if the following conditions are met

- Your affiliated College, Faculty, or Graduate school at the time of your study abroad at UTokyo approves such a study plan. (Consult with the relevant office of the College, Faculty, or Graduate school as soon as possible!)
- You must meet the requirements of the Faculty/Graduate school and courses which you wish at the partner institution. Note that there are often requirements related to relevant background and specific years of study. (If you have any questions about the requirements of the partner institutions, please consult with the relevant office of the College, Faculty, or Graduate school at UTokyo at the time of application as soon as possible!)

UTASに表示された説明に従って、記入していきましょう。
The name of this section in English version is “Research or study plan after studying abroad”. Please follow the instructions displayed on UTAS.

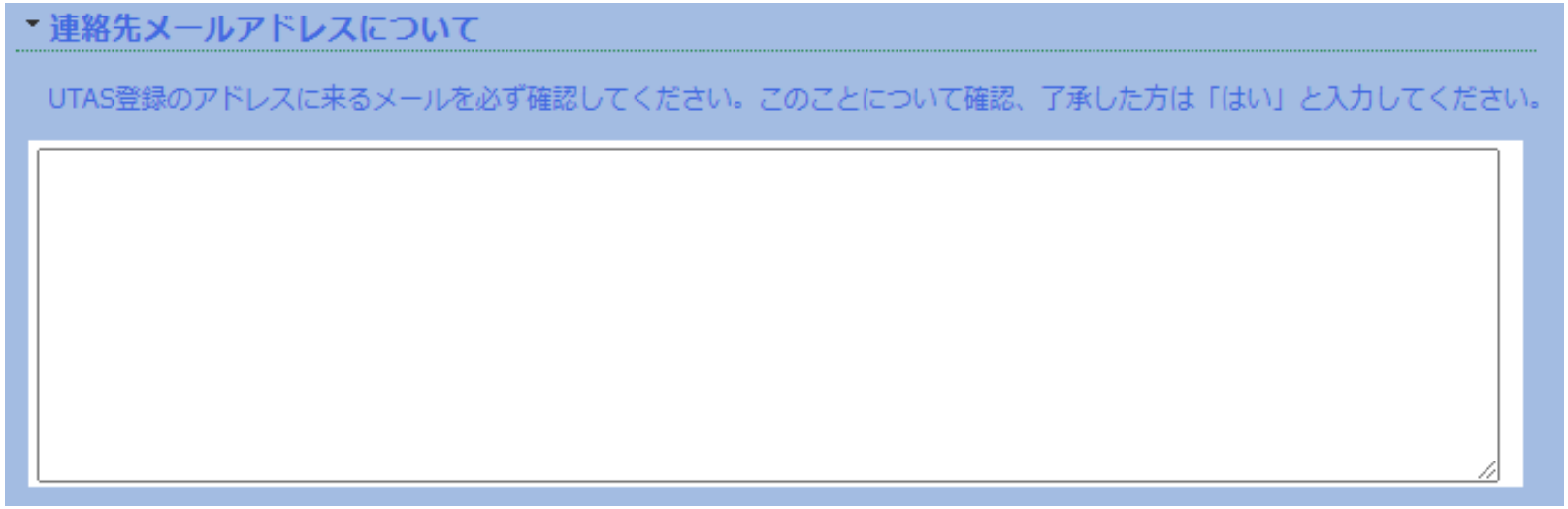




この注意事項の通り、**重要な項目**です!!!

Written as ”Application without the confirmation will not be accepted.” in the English version, this is an IMPORTANT item.

Go Global website
学部・研究科（教育部）の連絡先
Contact Information for College, Faculty, and Graduate School
https://www.u-tokyo.ac.jp/adm/go-global/ja/contact-department.html

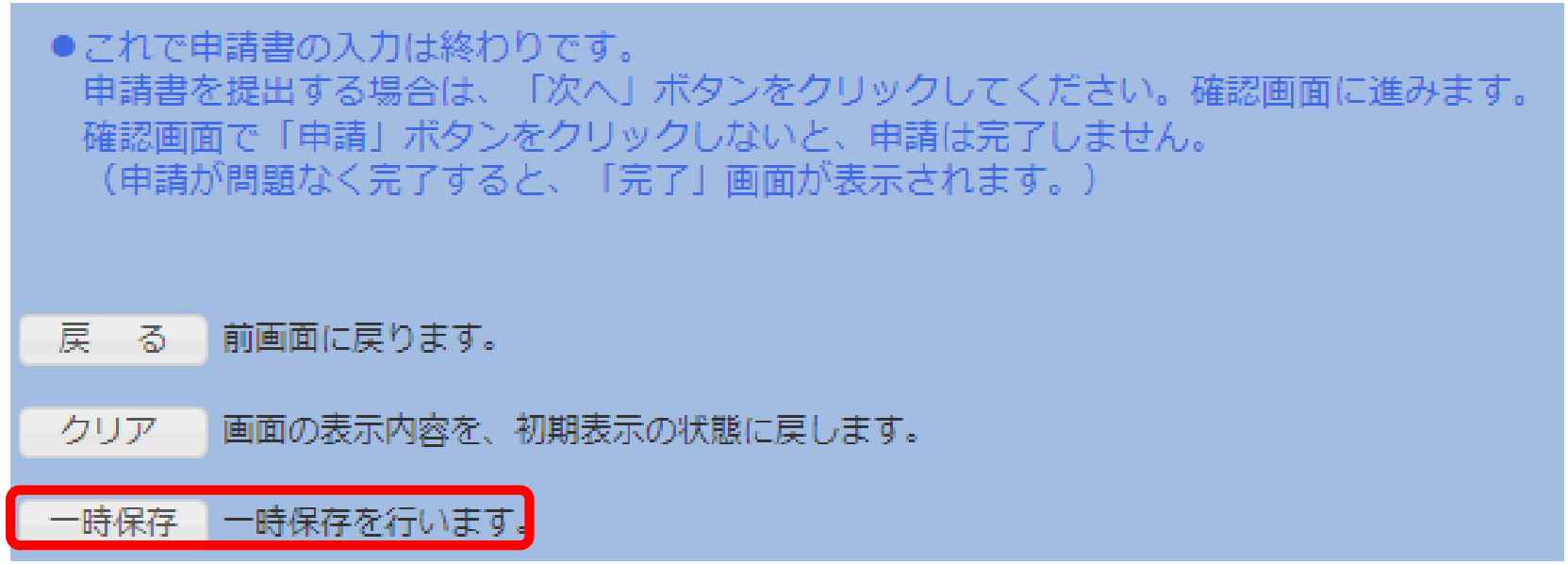


例年、UTAS登録のeメールアドレス（予備アドレスではなく、本申請書に記載されたメールアドレスのみ）に届く、学内選考結果通知等の重要な連絡を見落としている方がいるため、確認をお願いしています。

In past years, we have asked applicants to check their e-mail address registered on UTAS again, as some applicants have missed important communications, such as the notification of the result of internal selection. (The notification will be sent only to the e-mail address which is displayed on the application form, not the alternative one(s).)

複数のファイルを1つの項目にアップロードしたい時は、ファイルを結合して1つのPDFファイルにしてください。（他の項目にアップロードしないでください。）

If you wish to upload multiple files for one item, please combine the files into one PDF file. (Do not upload them to another item.)



UTASのタイムアウトに注意！一時保存の機能も活用しましょう。記載内容の案を、一時的にwordファイル等に作成するのもおすすめです。
Watch out for the automatic timeout function of UTAS! Please make use of the “save temporarily” feature as well. It is also recommended to temporarily create a draft of the description in a WORD file, etc..

申請のその後 / What happens after application.

- 全体的なスケジュールは、パート1を参照。
- 学内選考の結果は、UTASでの申請時に表示されていたメールアドレスに、次のようなイメージで届く予定です。
- For the overall schedule, please see Part 1.
- The results of the internal selection will be sent to the e-mail address displayed on the UTAS application, like the following.

全学交換留学　選考の結果が開示されました。ログイン後、海外派遣PG申請画面から確認してください。

区分:全学
派遣年:2022 - 2023
募集回:春募集
※本メールはUTASから送信されています。
※送信専用アドレスのため、本メールには返信しないでください。

"University-wide Student Exchange Program (USTEP)"　Screening : screening result is now available. Please check from "Application for Study Abroad Programs" after you have logged on.

Program Type:　University-wide
Program Year:　2022 - 2023
Call for Application:　Second Call (Spring)

※ Please do not reply to this e-mail as it has been sent by UTAS using an outgoing-only e-mail address.

UTASを開くと…/If you open UTAS "Overseas Study"…

学内選考で決まった**協定校と対象セメスターが**表示されます。
You can check **the partner university and eligible semester(s)** for which you are selected by the internal selection.

●申請状況

派遣年	募集回	申請	希望		申請ID	申請日	ステータス	奨学金採否	海外留学等奨学金採否		
[redacted]	秋募集	全学交換留学	合格	[redacted]大学【Autumn】	[redacted]	[redacted]	推薦可	申請中		参照・印刷	
			第2希望	[redacted]							
			第3希望	[redacted]							

申請の全体的な注意事項 / Overall notes on application

✓ 早めに、とにかく**応募時の**所属学部・研究科の締切厳守。次の例を参照。
- 今は学部2年生、留学時は学部3年生→教養学部設定の締切に従う。
- 今は工学部4年生、留学時は新領域創成科学研究科→工学部の締切に従う。

✓ 「申請できなかった事例」に注意。次の例は過去、実際にあったこと。
- 所見事項が、その締め切りを過ぎた。
- 「**留学時に所属する予定の学部・研究科からの留意事項確認**」を受けていなかった。

✓ Strictly adhere to the deadlines of your affiliated College, Faculty, or Graduate School at the time of application. See the examples below.
- Currently I'm B1, but I will be B3 at the time of study abroad → Follow the deadlines set by the College of Arts and Sciences.
- Currently I'm B4 in the Faculty of Engineering, but I will be M1 in the Graduate School of Frontier Sciences at the time of study abroad → Follow the deadlines set by the Faculty of Engineering.

✓ The following cases really happened in the past and the applications were not successfully submitted.
- "Letter of assessment" was not submitted by the relevant deadline.
- The applicant did not receive "Confirmation on the points to be noted concerning study-abroad" from the College, Faculty, or Graduate school at the time of study abroad.

奨学金 / Scholarships

１.　グローバル教育センターを通じた奨学金

Scholarships through the Center for Global Education, UTokyo

２－１. 他団体等による奨学金（大学公募）

Scholarships from other organizations (through recommendation by UTokyo)

２－２. 他団体等による奨学金（直接応募）

Scholarships from other organizations (Direct application)

奨学金の探し方 / How to find Scholarships

Go Globalウェブサイトを活用 / You can refer to the Go Global website.

https://www.u-tokyo.ac.jp/adm/go-global/ja/scholarship-search.html

- ✓ **随時更新されるので、こまめに確認しよう。**
  The website will be updated from time to time, so check back often.
- ✓ **Go Globalウェブサイト以外でも探そう。**
  Search other websites as well!

１. グローバル教育センターを通じた奨学金

Scholarships through the Center for Global Education, UTokyo

- グローバル教育センターを通じた奨学金（＝プログラムに付属する奨学金）に応募可能。

  返済不要。月額：６～１０万円（留学先地域や学業成績で月額を決定）
  ※年度予算の都合上、金額や要件は変更可能性あり

- 学内選考通過後、受給希望調査を行う予定。
- 採否は2025年6月下旬に決定の予定。

- You can apply for scholarships through the Center for Global Educations (= program attached scholarship)

  Non-repayment type. JPY 60,000 ～ 100,000 / month. The actual amount of the scholarship depends on your destination and your academic achievement.
  ※ Potential changes to the amount of scholarship and requirements depends on the yearly fiscal budget.

- You can apply for scholarships after internal screening of USTEP
- Result will be announced late June 2025 (tentative)

２.他団体等による奨学金

Scholarships from other organizations

- 学外の他団体等の奨学金にもぜひ応募しましょう
- 本学の推薦が必要で、本学を通じて応募する奨学金もあります

- Apply for scholarships from other organizations!!
- Some scholarship need to be applied through UTokyo with its recommendation.

２－１.他団体等による奨学金（大学公募）

Scholarships from other organizations (through recommendation by UTokyo)

推薦・採択実績のある奨学金（抜粋）

Scholarships that have been recommended and adopted in the past (selection)

- 官民協働海外留学支援制度トビタテ！留学JAPAN日本代表プログラム*1
- (公財)TOMODACHI 住友商事奨学金プログラム奨学生*1
- (公財)業務スーパージャパンドリーム財団派遣留学奨学金*2
- (公財)阪和育英会海外留学奨学金*2
- 百賢亞洲研究院 AFLSP日本人学生交換留学奨学金*3
- (公財)佐藤陽国際奨学財団派遣留学奨学金*2
- 留学時特別増額貸与奨学金*1　※国内貸与奨学金（第一種奨学金・第二種奨学金）受給者対象　etc.

*1 Japanese-passport holders and permanent residents only *2 Japanese-passport holders only *3 “Japanese” only

２－１.他団体等による奨学金（大学公募）
Scholarships from other organizations (through recommendation by UTokyo)

○応募方法 How to Apply

①応募条件の確認 Check the requirements
支援対象者・応募締切日等 Eligibility, deadlines, etc.

②所属学部・研究科の担当部署に必要書類提出
Submission of required documents to your affiliated College, Faculty, or Graduate school
※締切は各学部・大学院により異なります
Deadline may differ for each College, Faculty, or Graduate school

③大学本部で選考
Selection by UTokyo

④財団等へ推薦 Recommendation to each scholarship organization

２－２.他団体等による奨学金（直接応募）
Scholarships from other organizations (Direct application)

本学を通さず直接応募できる奨学金もあります
You can also apply to scholarship organizations directly

【採択実績のある奨学金の抜粋/Scholarships that have been received (selection)】

- FUTI**奨学金** / FUTI Scholarship
- **米国伊藤財団**-FUTI**奨学金**/ Ito Foundation U.S.A.-FUTI Scholarship

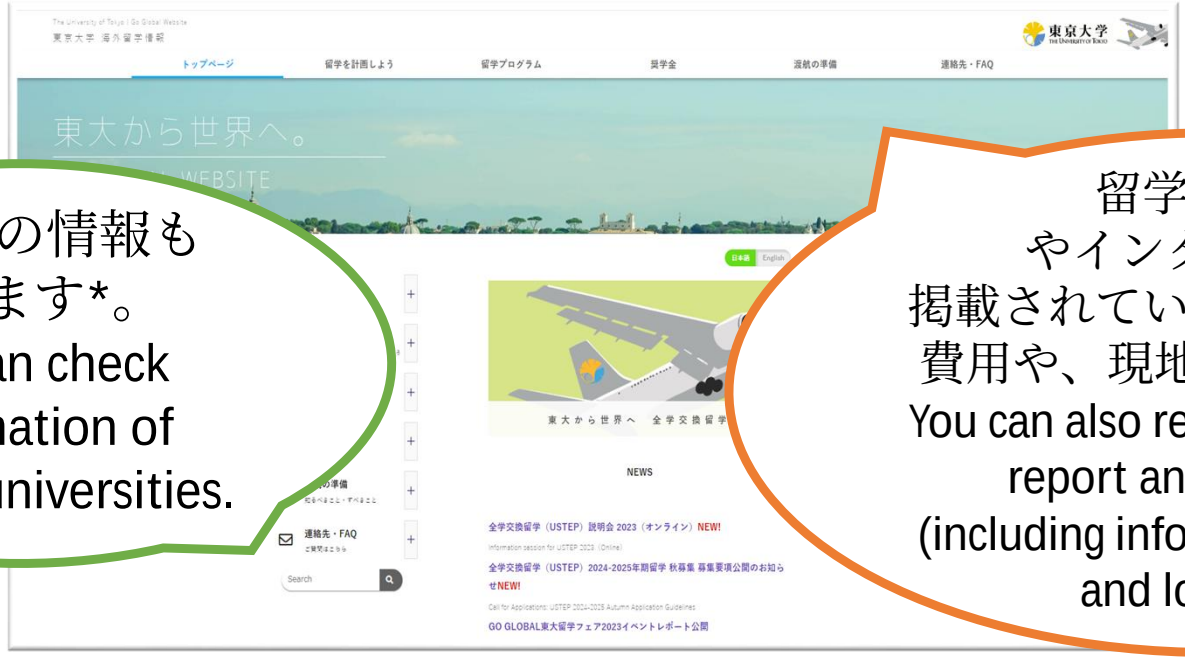
本学卒業生を中心に設立されたNPOで、本学卒業生/関連企業のご寄附を原資に本学と米国大学の学生の相互留学を支援
This was established mainly by UTokyo alumni as an NPO and is based on donations from UTokyo alumni/related companies to support studying abroad of UTokyo and American university students.

- IELTS**奨学金** / British Council Japan IELTS Award
- **(公財)経団連国際教育交流財団経団連グローバル人材育成スカラーシップ***1
- **公益財団法人 村田海外留学奨学会***1 etc.

*1 Japanese-passport holders and permanent residents only

Go Global ウェブサイト等での情報収集
How to find information using Go Global Website, etc.

全学交換留学（USTEP）の説明、募集情報、奨学金情報に加えて…
In addition to the overview of USTEP, application information, information of scholarships….



協定校の情報もあります*。
You can check information of partner universities.

留学体験記やインタビューも掲載されています（気になる費用や、現地の生活も）*。
You can also read past students' report and interviews (including information on costs and local life).

もフォローしてね
Please follow us!

* Some contents are available in Japanese only.

留学相談@駒場 Globalization Office 21KOMCEE West 地下１階

- 留学経験のある学生がアドバイザーとして対面/オンラインで留学相談を行っています。授業期間中の月-金（昼休み/15時-16時）
Online/Face to face study abroad advising is available with former study abroad students as “Peer Study Abroad Advisors”. Monday-Friday during the semester (lunch break and 15:00-16:00)

- 学生留学アドバイザーが留学に関する疑問や語学の勉強方法など、お役立ち情報を集約したサイトを作成しました。（ECCSアカウントでログイン）
”Peer Study Abroad Advisors” have created a website that consolidates useful information about study abroad. (Please login with your ECCS account.) https://sites.google.com/g.ecc.u-tokyo.ac.jp/study-abroad-advisors
- 留学や国際交流に関する情報：Globalization Office 公式X（旧Twitter）/ 留学アドバイザーX（旧Twitter）/ 留学アドバイザーInstagram

For information on study abroad and international exchange, follow GO’s official X account: https://twitter.com/UTokyoKomabaGO or Peer study Abroad Advisor’s X and Instagram account. https://x.com/gokomabaryugaku, https://www.instagram.com/gokomabaryugaku/

リンク集

- Go Global ウェブサイト Go Global Website
https://www.u-tokyo.ac.jp/adm/go-global/ja/index.html
- 全学交換留学　2025-2026年期秋募集について USTEP　AY2025-2026 Application Autumn Call
https://www.u-tokyo.ac.jp/adm/go-global/ja/program-list-USTEP.html
- 全学交換留学　FAQ
https://www.u-tokyo.ac.jp/adm/go-global/ja/application-tips-USTEP_FAQ
- 協定校のFactsheet Partner Universities' Factsheets
https://www.u-tokyo.ac.jp/adm/go-global/ja/program-list-USTEP-list.html
- 留学体験記 Student Reports (some reports are in English)
https://www.u-tokyo.ac.jp/adm/go-global/ja/report-list-USTEP.html
- 留学経験者のインタビュー*
https://www.u-tokyo.ac.jp/adm/go-global/ja/career-why.html
- 留学体験記（各年のガイドブック内に掲載されています）*
https://www.u-tokyo.ac.jp/adm/go-global/ja/top-sitemap_00001.html
- 留学のタイムライン*
https://www.u-tokyo.ac.jp/adm/go-global/ja/career-timeline.html
- 学生留学アドバイザー（ECCSアカウント限定） Peer Study Abroad Advisors (Restricted to ECCS account holders)
https://sites.google.com/g.ecc.u-tokyo.ac.jp/study-abroad-advisors
- 奨学金 Scholarships
https://www.u-tokyo.ac.jp/adm/go-global/ja/scholarship-index.html

* Available in Japanese only

問い合わせ先 / Contact

- 質問は必ず**所属学部・研究科の国際交流担当窓口へ**
- 協定校へ直接質問しないでください
（ただし、大学院学生による指導希望教員への事前連絡は推奨）
- 過去の留学経験者に連絡を取りたい場合は本部国際教育推進課へ
（studyabroadfair.adm[at]gs.mail.u-tokyo.ac.jp)

- Inquiries are to be made to the international exchange section of the faculty/graduate school that you belong to
- Inquiries should NOT be made directly to the partner universities (however, we recommend that graduate students contact a professor at the partner university that they would like to be supervised by in advance)
- For contact details of past USTEP participants, contact the International Education Promotion Group: studyabroad.adm[at]gs.mail.u-tokyo.ac.jp

Q&A

※重要 Important※よくある質問について/FAQ

- 募集要項を熟読しよう！→多くの質問は募集要項内に記載済！
  Read carefully “Application Guidelines for USTEP Candidate Students” → Many questions are already answered.

- Go GlobalウェブサイトのFAQにも必ず目を通そう！
  Check the Go Global website to see FAQ

- 質問は所属部局・研究科へ！
  Any further questions? Then, go to your College, Faculty, or Graduate school office.

Go Global website
USTEP秋募集要項、FAQ
USTEP Autumn call Application Guidelines, FAQ

https://www.u-tokyo.ac.jp/adm/go-global/ja/application-tips-USTEP.html

Go Global website
学部・研究科（教育部）の連絡先
Contact Information for College, Faculty, and Graduate School

https://www.u-tokyo.ac.jp/adm/go-global/ja/contact-department.html

よくある質問 One of FAQs

選考結果通知の際、決定した派遣先と期間を通知します。一切の変更はできません。
その協定校の語学要件を満たせなければその時点で留学に行けないことになります。
留学先の変更や救済措置はありませんのでご注意ください。

The selection results will notify you of the assigned partner university and the study period. No changes can be made. If you do not meet the language requirements of the partner university, you will not be able to study abroad. Please note that there will be no changes to the partner university or any alternative arrangements.

＜留学期間＞

全学交換留学の留学期間は最短で1セメスターです。セメスターの長さは協定校によって異なります。
より短期での留学を希望する場合や、長期の留学前に短期のプログラムを経験しておきたい場合はサマープログラムやウインタープログラム（2週間～1か月）をお勧めしています。

＜Study Abroad Period＞

The minimum study abroad period for USTEP is one semester. The length of a semester varies depending on the partner university. If you wish to participate in a shorter program or want to experience a short-term program before a long-term study abroad, we recommend summer or winter programs (2 weeks to 1 month).

※参考：Go globalウェブサイト　短期留学プログラム
https://www.u-tokyo.ac.jp/adm/go-global/ja/program-list-short.html

よくある質問 One of FAQs

<留学先での授業の取り方や単位互換>

留学先での授業や単位互換については所属部局によってルールが異なるので所属部局に確認をお願いします。
また、過去の留学体験記で留学経験者がどのような授業を取ったか等確認できますので参考にしてください。

<Taking Courses and Credit Transfer at Study Abroad Destinations>

The rules regarding course selection and credit transfer at your study abroad destination vary by the College, Faculty, or Graduate school of your current affiliation. Please confirm with the College, Faculty, or Graduate school of your current affiliation. Additionally, you can refer to past study abroad experiences to see what courses previous students took.

<語学要件>

協定校によって異なります。希望協定校の要件を自分で調べる必要があります。
募集要項が掲載されているウェブページにあるFAQ1も参考にしてください。

<Language Requirements>

Language requirements vary by partner university. You need to research the requirements of your desired partner university. Please also refer to FAQ1 on the webpage where the application guidelines are posted.

<語学能力証明書の有効期限>

学内選考通過後、本部国際教育推進課が語学要件を確認するとき（FAQ1参照）に有効であること、
協定校へ語学能力証明書を提出する必要がある場合はその時点でも有効であることが必要です。
多くの協定校では有効期限は2年以内としています。

<Validity Period of Language Proficiency Certificates>

The language proficiency certificate must be valid when the International Education Promotion confirms the language requirements after passing the internal screening (refer to FAQ1). If you need to submit a language proficiency certificate to the partner university, it must also be valid at that time. Most partner universities consider a validity period of within 2 years.

おわりに