

**UTokyo – Princeton University Joint Program**  
**“People and Culture of Japan in the United States — Past, Present and the Future”**  
**Application Guidelines**

December 2025

Note:

(1) Be sure to check the latest information on our website (shown below) as program details, FAQs and information about application procedures may be updated without notice.

[https://www.u-tokyo.ac.jp/adm/go-global/en/program-list-short\\_princeton-winter.html](https://www.u-tokyo.ac.jp/adm/go-global/en/program-list-short_princeton-winter.html)

(2) This program is sponsored by the University of Tokyo New York Office and Toshiaki Ogasawara Memorial Foundation. Additionally, JASSO (Japan Student Services Organization) or the Yoshida Scholarship Foundation will award successful applicants a scholarship.

**1. Outline**

This joint program between the University of Tokyo (UTokyo) and Princeton University aims to explore the history and future of Japanese people in the United States. It is designed especially for highly motivated students with clear academic goals and limited prior overseas experience. Through academic and experiential learning in the U.S., the program encourages participants to broaden their international perspectives and reflect on their future studies and career paths.

The program will be held during UTokyo’s spring break at the UTokyo New York Office, Rutgers University, Princeton University, and other partner institutions. It also aims to provide opportunities for students from both universities to deepen mutual understanding and build strong friendships.

This program is supported by the UTokyo New York Office, the Toshiaki Ogasawara Memorial Foundation, and the Yoshida Scholarship Foundation. As it is offered as an extracurricular educational activity, academic credit will not be awarded. All classes and activities are conducted in English, and participants will join daily Japanese conversation sessions with Princeton students.

**2. Program Period**

March 7 (Sat) – March 17 (Tue), 2026  
(Including the departure and arrival dates in Japan.)

**3. Number of UTokyo students accepted**

8 Undergraduate Students (\*)

\*Students must complete the On-demand Online Course under the [Go Global Gateway](#).

\*Refer to “8. Program Eligibility and Requirements” for details about the application.

**4. Timeline from an application process to an end of the program (Japan Standard Time)**

|                                  |  |
|----------------------------------|--|
| 5:00 p.m., December 24 (Wed)     | Inquiries to the International Education Promotion Group regarding the programs can be made until 5:00 p.m. on Wednesday, December 24. |
| 5:00 p.m., January 6 (Tue), 2026 | Deadline for application via UTAS<br>Deadline for completion of GGG On-demand Online Course  |
| late January, 2026               | Announcement of selection results  |
| In February, 2026                | Pre-program orientation session ( <u>Mandatory</u> )   |
| March 7 (Sat), 2026              | Departure from Tokyo and arrival in New York   |
| March 8 (Sun) – 15 (Sun), 2026   | Implementation of the program  |
| March 16 (Mon), 2026             | Departure from New York  |

|                      |  |
|----------------------|--|
| March 17 (Tue), 2026 | Arrival in Tokyo   |
| After the program    | Submission of a post-program assignment<br>Application for the GGG Certificate (if applicable) |

\* This Program will be held at the UTokyo New York Office and Princeton University.

\* Participants will be accompanied by UTokyo faculty members throughout the program.

\* All participants are required to use the same designated flight (departing from and returning to Tokyo) and gather and disperse at the airport. They must also stay at the designated accommodation throughout the program. Separate travel for personal reasons, including personal trips, will not be permitted.

## 5. Program Fee

- The program fee, airfare, and local accommodation costs will be covered by the University of Tokyo with financial support from the UTokyo New York Office (UTokyoNY) and the Toshiaki Ogasawara Memorial Foundation. Further information will be shared with selected students.
- Students are responsible for their own daily expenses, including meals and other personal costs. Please note that local prices—especially for food—are generally higher than in Japan.
- This program is **NOT** eligible for [GLP-I Global Experiences Scholarships](#) offered by UTokyo.

## 6. Scholarships

- If students selected the Program meet the designated criteria and wish to receive a scholarship, they will be eligible to receive a non-repayable scholarship of JPY 120,000. This scholarship is funded by the JASSO Study Abroad Support Program (Agreement-based Program) for AY2025 and/or by donations from the Yoshida Scholarship Foundation.
- Please refer to Attachment 1: “Guidelines on Scholarship Eligibility, Requirements, and Awarding Procedures” for details such as the GPA requirement.
- Students who wish to apply for the scholarship must complete the Scholarship Application Survey described in Attachment 1, in addition to submitting their application through UTAS. Those who do not complete the survey by the application deadline will be considered as not applying for the scholarship.
- Students who are receiving any other scholarships during the Program period must indicate the details in the relevant section of the form for verification of concurrent scholarship awards.  
Survey form: <https://forms.office.com/r/RvJawRtkNc> (login with UTokyo Account)

### 【Conditions for Scholarship Recipients】

The scholarships for this Program are funded through donations from individuals, organizations, and scholarship foundations. If requested, scholarship recipients are expected to make reasonable efforts to participate in meetings with donors, submit reports, or cooperate with surveys.

## 7. Credits, etc.

No academic credits will be awarded on completion of this program.

## 8. Program Eligibility and Requirements

All of the following criteria and requirements must be met:

(1) Applicants must complete the On-demand Online Course under the Go Global Gateway. The estimated time required for completion is approximately 100 minutes.

✓ On-demand Online Course: <https://forms.office.com/r/hJkNXSbYL2> \*Sign in with your UTokyo Account.

(2) Applicants must have an intermediate or advanced command of the English language. (B1-B2 or above in CEFR) Click the following links to learn about CEFR:

[Common European Framework of Reference for Languages \(CEFR\)](#)

※Note: MEXT (Correspondence Table between Various Language Proficiency Tests and the CEFR): [https://www.mext.go.jp/b\\_menu/shingi/chousa/koutou/091/gijiroku/\\_icsFiles/afieldfile/2018/07/27/1407616\\_003.pdf](https://www.mext.go.jp/b_menu/shingi/chousa/koutou/091/gijiroku/_icsFiles/afieldfile/2018/07/27/1407616_003.pdf)

- (3) The applicant has no prior study-abroad experience or medium- to long-term residence overseas, and has had only limited exposure to international environments.
- (4) The applicant has a strong motivation to participate in the program.
- (5) The applicant has an excellent academic record.

- (6) Applicants must be students who are enrolled as full-time undergraduate students of UTokyo at the time of application and during the period of the program. (Those who are on temporary leave from UTokyo or those who will lose student status due to such reasons as graduation, during the time of the program are not eligible to apply.)
- (7) Before applying, applicants must make sure that the programs do not interfere with their semester courses by carefully checking examination dates and other important scheduled class events as well as their personal schedules. Applicants may apply to the programs only after they have confirmed that it is possible for them to participate throughout the entire period of the period. (As the number of students that can go abroad on the programs from UTokyo is limited, cancellation after the selection means a loss of the chance of study abroad for other students. Make sure you do not need to cancel your application after submission.)
- (8) The handling of absences from UTokyo's courses while participating in the program will be determined by a college or faculty with which applicants are affiliated. Their college or faculty may not necessarily give special consideration to students' participation in the program. Therefore, consult with your college or faculty before applying to the programs.
- (9) Students who already have a supervisor or equivalent at UTokyo must notify the supervisor of their application to the program in advance and receive an approval. They should note the date they received an approval in the application on UTAS as specified. If a student does not have a supervisor or equivalent, write 'N/A' in the space specified (see details in 15. How to Apply and Application Documents (3)).
- (10) Students who are applying for this program must consult with the relevant section of the college or faculty with which they will be affiliated during the program in order to receive explanations on the points to be noted concerning the program. Students must note the affiliation, department, and the initial or full name of the person from whom they have been given the explanation, and the date and time they received the explanation in the designated section on UTAS application form and fully understand the points before submitting their application (See details in 15. How to Apply and Application Documents (2)). Application without the confirmation here will not be accepted. Follow the instructions from the relevant section of the college or faculty and receive the explanation well in advance of the deadline since requests on short notice may not be addressed for good reasons such as other duties. Additionally, note that there could be specific regulations regarding the program.
- (11) Participants are required to attend both pre-program orientation sessions.
- (12) Participants must be interested in attending lectures in a university overseas, learning English language, and intercultural experiences.

#### << Insurance >>

After passing the selection process and being accepted into the program, students are required to take out the Japan Educational Exchanges and Services (JEES) “Futai Kaigaku” at their own expense. Details of the insurance will be sent to students who are accepted into the programs after the screening results are announced.

#### << Overseas Student Safety Management Assistance >>

After passing the selection process and being accepted into this program, students are required to take out [“OSSMA” \(Overseas Student Safety Management Assistance\)](#) provided by Emergency Assistance Japan Co., Ltd. as a means of safety management during the program, as their own expense.

## 9. Application Deadline

**5:00 p.m., Tuesday, January 6, 2026**

\*Inquiries to the International Education Promotion Group regarding the programs can be made until 5:00 p.m. on December 24 (Wed), 2025.

## 10. Selection Process

- (1) In principle, students will be screened and selected based on their application documents.
- (2) The decision for acceptance/non-acceptance to the programs will be sent out by e-mail. Make sure to check e-mails sent to the e-mail address registered on UTAS routinely after you apply. It is possible that e-mails with important information may be classified as spam or junk by your e-mail program, therefore check your spam or junk folder as well.

- (3) If students are applying for or have already been accepted to other study abroad programs when applying for this program, please clearly note this in “Section 11. Special Notes” when applying via UTAS.
- (4) Results of the selection will be sent out in late-January, 2026. The results will be sent out to the students e-mail address directly as well as to the college or faculty with which students are affiliated.

## **11. Information for Successful Applicants**

### **<< Participation procedures and travel arrangements >>**

- (1) Accepted students cannot receive scholarships if they do not participate in the program for such reasons as failure to complete required post-acceptance procedures.
- (2) It is the students’ responsibility to follow the instructions of the host institutions and the International Education Promotion Group of the UTokyo Administration Bureau on participation procedures, travel arrangements and application for a visa. Students are responsible for all expenses incurred during the process. If students are not permitted to participate in the program due to insufficient documents, failure to check the deadline or other reasons, the scholarship will not be paid.
- (3) Those who do not have a passport or whose passport has expired are required to apply or renew it immediately after passing the selection.

### **<< Internal procedures >>**

- (1) Students who are selected as program participants must confirm with their college or faculty to see if any study abroad procedures are necessary.
- (2) Students who are selected as program participants must contact their academic supervisor(s) and other faculty members before departure to avoid causing any trouble to others.
- (3) A preliminary information session(s) (orientation meeting) will be held for the program and all students are required to attend this session(s).
- (4) If applicants need to withdraw their application for or participation in this program due to unavoidable reasons, they must immediately contact the International Activities Support Team, International Education Promotion Group of UTokyo Administration Bureau ([go-gateway.adm@gs.mail.u-tokyo.ac.jp](mailto:go-gateway.adm@gs.mail.u-tokyo.ac.jp)) even before they receive the result of selection.
- (5) When a scholarship recipient is found not to satisfy the previously mentioned eligibility criteria or found to be inappropriate as a recipient, they will be ordered to return the scholarship amount already received, in whole or in part. If a scholarship recipient suspends their study abroad or takes a leave of absence, they may be ordered to return the already paid scholarship amount, in whole or in part.
- (6) Students must engage in activities with an understanding of the safety management procedures and guidance provided by UTokyo.
- (7) Students must follow other rules and notes given by UTokyo.

### **<< Information on Travel Abroad and Risk Management >>**

For general information on studying abroad and risk management, see the UTokyo Go Global website (<https://www.u-tokyo.ac.jp/adm/go-global/en/voyage-index.html> ). In particular, read the [Risk Management Guidebook for Overseas Travel](#) carefully.

## **12. Pre-program orientation sessions**

Participants selected for the program are required to attend a pre-program orientation session to be held in February. Details of the orientation will be provided to the selected participants at a later date. In cases where attendance is difficult due to unavoidable circumstances, such as classes or examinations, participants should consult with the International Education Promotion Group in advance.

\*Venue: Center for Global Education, Hongo Campus (Faculty of Science Building 1, East Wing, 1st Floor)

\*Students from Princeton University are also scheduled to join the session online.

## **13. Obligations for Participating in Programs**

- (1) Participants must fully understand the purposes of the program and endeavor to complete the program.
- (2) Participants must be aware that they are representing UTokyo, and must comply with the laws, regulations, rules and manners of their host universities and countries.

- (3) Students must accept that videos and photos taken during the program will be utilized as promotional materials of the Center for Global Education (GlobE) as well as educational materials of UTokyo.

#### 14. Post-program Reports

- (1) Students must submit a post-program assignment by the designated deadline. Further details about the assignment will be provided to the participants later.
- (2) Students are required to apply for the Go Global Gateway (GGG) certificate upon completion of this program (those who have already been certified or are currently applying do not need to reapply). Those who have not yet earned all the credits for foreign language courses required by the Junior Division should submit their application after completing all the credits.
  - ✓ GGG Certificate Application Form: <https://forms.office.com/r/bKvXBBemnD>
  - \*Sign in with your UTokyo Account.
- (3) Scholarship recipients are required to submit the designated reporting documents, in addition to the above-mentioned items.
- (4) If there are any changes in personal information (addresses, phone numbers, email addresses) from the time of the application, students must contact the International Education Promotion Group([go-gateway.adm@gs.mail.u-tokyo.ac.jp](mailto:gateway.adm@gs.mail.u-tokyo.ac.jp)) so that appropriate measures can be undertaken. This information will be necessary for future communications regarding important matters.
- (5) Upon completing the program, students may be asked to contribute to UTokyo's internationalization initiatives (advising students who wish to study abroad, promoting study abroad programs, and answering questionnaire surveys, etc.). Students are expected to participate unless there are unavoidable circumstances.

#### 15. How to Apply and Application Documents

- (1) Make sure to complete the online application via UTAS before the deadline.

After the application deadline, the online application system will be closed and no submissions will be accepted. Applications with significant irregularities (especially those that do not follow the application guidelines or the instructions displayed in blue on the UTAS online application screen) may not be accepted. Please prepare and review your application documents well in advance to avoid such issues.

Applications with significant irregularities (especially those that do not follow the application guidelines or the instructions displayed in blue on the UTAS online application screen) may not be accepted. Bear in mind that applications with irregularities may be "Returned." In such cases, submit the corrected "Returned" application documents by the specified deadlines.
- (2) **Follow the instruction in blue on the UTAS online application screen** (the following sections require particular attention).
  - ✧ The "2. Basic Information" and "4. Emergency Contact Details of Next-of-Kin etc." on UTAS cannot be filled out or be changed on the application screen. If you wish to fill in or change these sections, please contact your college or faculty (the procedure may take time, so it is recommended that you get an early start in consideration of office hours). Make sure to input correct information into all the sections by the time of application.
  - ✧ All notifications regarding your application will be sent to the registered e-mail address in "3. Contact Details" on UTAS. Enter an e-mail address that can receive files as attachments and check the e-mail inbox regularly following your submission.
  - ✧ Applicants who do not have a supervisor or equivalent at UTokyo are required to fill in "N/A" in "Name of Academic Advisor" in "6. Academic Affiliation and Year at Time of the program period".
  - ✧ If you have any overseas experience such as living, studying or traveling abroad, specify the country, period, and purpose in the section "13. Profile, Personality, Skills etc."
  - ✧ In the section "14. Statement of Purpose or Reason Why You Wish to Participate in this Program", state the purpose or reason in around 800 characters in Japanese or 400 words in English. Count the number of characters (in Japanese) or words (in English) and indicate the count in parentheses at the end of your statement.
  - ✧ With regards to "15. Contact Email Address" and "16. Confirmation" on UTAS, please make sure to follow the instruction and enter "Yes" to the following box upon confirmation.
  - ✧ **Applicants must consult with the college or faculty they are affiliated with at the time of**

**application and during the program period, in order to receive explanations on the points to be noted concerning participating in the program and write down the affiliation, department, initials or name of the person from whom you received the explanation, and the date and time you received the explanation in "19. Confirmation on the points to be noted concerning participating in the program" (e.g., ●●Team, Faculty of △△, TODAI Hanako, 2:30 p.m. on November 22nd). Applications without the confirmation here will not be accepted.**

(3) Please refer to the following table for “19. Attachment” when applying.

| Application Documents  | Target   | Notes   |
|--|--|---|
| - Written Oath   | <u>All</u>   | - <b><u>Complete and sign the specified form (download), then attach the scanned PDF to “19. Attachment.”</u></b><br><b>Digital sign/seal is acceptable.</b><br>- In “Parents/Guardians’ Guarantee,” provide the signature of a person who can take responsibility on behalf of the applicant, such as a family member. |
| Copy of pages from your passport showing your personal information   | <u>All</u>   | Obtain/renew your passport if you do not have/have not renewed it.  |
| - Documents to certify language proficiency  |  | <b><u>If you have documents to certify your language proficiency, please submit them on UTAS.</u></b>   |
| TOEFL iBT, IELTS   | Those who have scores  | If you enter your scores in “9. Language Proficiency” on UTAS, you must submit the relevant certificate. <b>Refer to *1.</b> If you have scanned multiple pages of your certificate, you must convert them into a single PDF file before submitting.  |
| Other than TOEFL iBT, IELTS  | Those who have scores  | If you enter your scores in “9. Language Proficiency” on UTAS, you must submit the relevant certificate. <b>Refer to *2.</b> If you have scanned multiple pages of your certificate, you must convert them into a single PDF file before submitting.  |
| No English proficiency tests ( <b>Refer to *3</b> )  | Only for those whom this applies to  | Write the details in “9. Language Proficiency”.   |
| Copy of academic transcripts from institutions other than UTokyo for all semesters since enrollment in higher education (including grading criteria) | Those who have acquired credits from universities other than UTokyo.   | <u>Enter the credits in “7. Grading Coefficient” based on the original documents.</u>   |
| Copy of academic transcripts from high schools   | Those who are applying for a scholarship and are in their first semester of the first year of undergraduate studies without grades from the previous semester. | <u>High school report cards and transcripts with a five-point grading scale. They are used for scholarship selection.</u>   |

**\*1 Documents to certify language proficiency (TOEFL iBT, IELTS)** (Certificates must be valid as of the application deadline. For expiration date, refer to the official information on each organization website.)

One of the following must be submitted.

- A copy of your TOEFL iBT or IELTS (Academic Module) score (an unofficial copy of your TOEFL score, taken from online, is acceptable)

**\*2 Documents to certify language proficiency (other than TOEFL iBT/IELTS)**

If you do not have TOEFL iBT or IELTS scores but have other scores, the following can be submitted:

- A copy of your TOEFL ITP, TOEIC, or Eiken score
- If you plan on submitting English test results from other exams/tests, submit a copy of your results and a description of the test. The description should include the content of the exam, and conversion table for the tests (A4-sized, no specific format is required).
- Copy of language proficiency scores other than English

**[Online Application]**

Apply from the “Study Abroad” tab on the Academic Affairs System website (UTAS).  
(Please follow the instructions given in “Applying for Study Abroad Programs via UTAS”).

- Academic Affairs System (UTAS): <https://utas.adm.u-tokyo.ac.jp/campusweb/>
- “Applying for Study Abroad Programs via UTAS” (PDF / Log in with UTokyo Account):  
[https://univtokyo.sharepoint.com/:f/s/msteams\\_8b031a-32/Evav86pIceZENMPQKTIVreQB94w-ngE8ssT0vwK-ulwvpg?e=AFwPNu](https://univtokyo.sharepoint.com/:f/s/msteams_8b031a-32/Evav86pIceZENMPQKTIVreQB94w-ngE8ssT0vwK-ulwvpg?e=AFwPNu)

**[Application Documents]**

Download application documents on the **Go Global website**:

[https://www.u-tokyo.ac.jp/adm/go-global/en/program-list-short\\_princeton-winter.html](https://www.u-tokyo.ac.jp/adm/go-global/en/program-list-short_princeton-winter.html)

**16. Contact Information**

**Note: When contacting via email, make sure to state the subject, your name, affiliation, academic year, and telephone number.**

- (1) Inquiries about the program content, application procedures, and scholarship: International Activities Support Team, International Education Promotion Group ([go-gateway.adm@gs.mail.u-tokyo.ac.jp](mailto:go-gateway.adm@gs.mail.u-tokyo.ac.jp))
  - (2) Inquiries about “2. Basic Information” and “4. Emergency Contact Details of Next-of-Kin etc.” on the UTAS online application: College or faculty with which you are affiliated (\*)
  - (3) Inquiries about academic affairs including credits: College or faculty with which you are affiliated (\*)
- \* To find out an appropriate contact, visit [this page](#).

**<Reference> Program Details (as of the time of the application announcement)**

**Overview of the Program Schedule**

| Date                      | Place   | Content  |
|---------------------------|---|--|
| March 8 (Sun) – 11(Wed)   | <a href="#">The University of Tokyo New York Office</a> | - Introduction<br>- Welcome lunch<br>- Lectures (approx.. 3 classes)<br>- Cultural activities        |
| March 12 (Thu)            | <a href="#">Rutgers University</a>                      | - Visit to Rutgers University (Lectures and Activities)  |
| March 13 (Fri) – 15 (Sun) | <a href="#">Princeton University</a>                    | - Lectures (approx.. 3 classes)<br>- Reflection session<br>- Farewell lunch<br>- Cultural activities |

✧ **Lecturers (AY2024)**

- Mr. Mikio Mori (Ambassador, Consul-General of Japan in New York)
- Dr. Jin Sato (Professor at Institute of Advanced Studies on Asia, Visiting Professor at Columbia University, former Visiting Professor at Princeton University)
- Dr. James Raymo (Professor at the Department of Sociology, Henry Wendt III Professor of East Asian Studies, Princeton University)

- Dr. Junko Yamazaki (Assistant Professor of Japanese Media Studies, Princeton University)
- Dr. Akil Fletcher (Cotsen Postdoctoral Fellow in the Society of Fellows, Lecturer in Anthropology, Princeton University)

✧ **Activities**

Besides the classes, activities such as visits to museums or other cultural facilities and attending concerts are also planned.

\*FYI: In AY2024, participants took part in activities such as visiting the Isamu Noguchi Museum and attending a classical concert held on the Princeton University campus. During their free time, students also independently visited museums, international organizations, and restaurants.

End