

# TOKYO COLLEGE

共に考える未来 Shaping the Future Together



Lecturer

## Joel GITTELSON

Invited Professor,  
Tokyo College,  
The University of Tokyo;  
Professor,  
Johns Hopkins University



Commentator

## INADA Haruhiko

Associate Professor,  
Graduate School of Medicine,  
The University of Tokyo



Moderator

## OSHIMA Marie

Deputy Director,  
Tokyo College,  
The University of Tokyo



Lecture

Zoom  
Webinar

## Changing the Urban Food Environment to Reduce Risk of Chronic Disease

This presentation will describe environmental interventions to prevent obesity and non-communicable diseases in urban food environments. Dr. Gittelsohn will highlight strategies, impacts and lessons learned from the Baltimore Healthy Food initiatives, as well as the work of other researchers. Evidence shows that combining educational, environmental, and policy approaches improves access to and consumption of healthier foods, though impacts on obesity remain modest. His current work explores digital tools, restaurant and systems science approaches. Findings underscore the need for sustainable, community-engaged strategies to strengthen food environments and reduce chronic disease risk.

2026. 2.10 [Tue.]  
13:30–14:30 JST

Organized by

Tokyo College, The University of Tokyo Institutes for Advanced Study

Language

English (Japanese interpretation)

Contact

Tokyo College, The University of Tokyo Institutes for Advanced Study  
[tokyo.college.event@tc.u-tokyo.ac.jp](mailto:tokyo.college.event@tc.u-tokyo.ac.jp)

Pre-registration  
required

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東京カレッジは世界の第一線で活躍する研究者や知識人を招き、市民の皆さんと一緒に未来社会の様々な側面について考える場を作ります。

Tokyo College aims to generate new knowledge to contribute to the creation of an inclusive society and spark deeper public engagement with the University.

